

# THE PRIME TIMES

A publication of

The Center at *Spring Street*

## JANUARY 2012

Phone: 610-367-2313

kyouse@boyertownareamulti-service.org

### DATE SAVER NOTICE

Monday, January 2, 2012

Center Closed



Happy New Year!

Wednesday Tournaments

January 4<sup>th</sup>

Texas Hold'em @ 1 P.M.

January 11<sup>th</sup>

Pool @ 10 A.M.

January 18<sup>th</sup>



Golden Texas Hold'em @ 1 p.m.

and

Bean Bag Baseball @ 1 P.M.

Monday, January 16, 2012

Center Closed

Martin Luther King Day

Tuesday, January 24, 2012

11:30 A.M.

Cake Raffle

Wednesday, January 25, 2012

Red Hat Meeting @ 1 P.M.

New Members Welcome!



Thursday, January 26, 2012

1 P.M. to 4 P.M.

Card Party

**The Center at Spring  
Street**

**is a service of  
Boyertown Area Multi-  
Service, Inc.**

\* \* \* \* \*

**Center Hours**

**9 A.M. to 4 P.M.**

**Monday thru Friday**

## Karen's Korner....

Happy New Year!



Congratulations to our newly elected officers for 2012!

President: Gene Rohrbach

Vice President: Betty Ritter

Secretary: Betty Mae Eberhart

Assistant Secretary: Cathy Webb

Treasurer: Steve Fegan

Assistant Treasurer: Jeanette Hicks

Many thanks to the nominating committee, Nancy Klock., Betty Ritter and Ray Samsel for doing a wonderful job!

Special committees will be gearing up for the new year. If you are interested in "fundraising" or "membership", please see me as soon as possible. If you would prefer to assist with planning and decorating for the Anniversary Celebration or the Annual Picnic, see Pat as soon as possible.

Remember to share your computer training needs with Fran in the reception office. This helps us to know what kind of classes to schedule.

**Please take note of some very important items listed below...**

...Make all checks payable to "The Center at Spring Street" when renewing membership or making payment for bus trips.



...Sign only once to reserve a meal for lunch. Check the reservation sheet before you sign it to avoid duplication.

...If you are having lunch, plan to be at the Center by 11:30 A.M.

...Scan activities and lunch as accurately as possible every day that you attend the Center.

...If you are volunteering, please indicate this on the scan screen and also indicate the number of hours that you are volunteering. Volunteers are also asked to record their hours in the volunteer book.

Thank you in advance for your assistance with these "essential" items!

## “EARLY BIRD” BREAKFAST PROGRAM



**JANUARY 6, 2012**  
Golden Oven Omelet/Scrapple  
OR  
Pancakes/Scrapple



**JANUARY 13, 2012**  
Waffles w/Fruit /Sausage  
OR  
Scrambled Eggs/Sausage

**JANUARY 20, 2012**  
Omelet (bacon & cheese)  
OR  
French Toast/Bacon



**JANUARY 27, 2012**  
Croissant Sandwich  
(bacon, egg & cheese)  
OR

Scrambled Eggs w/Hash Browns/Bacon

Served with coffee, tea, juice, cereal, toast, pastry or muffins, and fruit – Cost - \$2.00  
Breakfast served promptly at 8:15 A.M.

Please sign-up 2 days in advance.  
Menu is subject to change.

\* \* \* \* \*

## INCOME TAX ASSISTANCE

Income tax assistance will be provided again this year to individuals who meet certain tax and income criteria. We have a number of trained volunteers and will have many appointments available, including some evening appointments. As of this writing, we do not have all of the details. Please call Multi-Service at 610-367-6957 after January 1<sup>st</sup> to see if you qualify for free tax assistance. Tax scheduling will begin in February.



\* \* \* \* \*

## VETERAN'S ASSISTANCE PROGRAM

A representative from the Veteran's Assistance Program is available at Multi-Service the first Monday of the month from 9 A.M. to 12 (noon). Feel free to stop in for more information regarding this program. Please note that no appointment is necessary.

## VANESSA'S VENTURES

Please sign up in advance for all activities and tournaments!

**Pool Tournament** will take place Wednesday, January 11<sup>th</sup> at 10 A.M. The tournament will be played with 8 Ball Rules and consist of double elimination. Pool partners will be chosen Tuesday, January 10<sup>th</sup> at 10 A.M.

**Shuffleboard Tournament** will be Tuesday, January 31<sup>st</sup> at 10 A.M. Teams will be chosen Monday, January 30<sup>th</sup> at 10 A.M.

**Red Hats...**Interested in joining the Red Hat Group? The Center's Red-Hatters will be holding their annual "New Membership Meeting" at 1 P.M. Anyone age 55 or older is welcome to attend. Please join us for lunch prior to the meeting and stay afterwards to meet Red Hat members, as well as receive information about the group. Please sign-up two (2) days in advance if interested in lunch.

**Movie Time...**The Center will be viewing "The Help" on Thursday, January 26<sup>th</sup> at 10:30 A.M. The movie is based on a novel that was set in Mississippi during the 1960s. A southern society girl, who returns from college determined to become a writer, turns her friends' lives and a Mississippi town upside down when she decides to interview the black women who have spent their lives taking care of prominent southern families. Along the way, unlikely friendships are forged and a new sisterhood emerges, but not before everyone in town has a thing or two to say when they become unwittingly and unwillingly caught up in the changing times. Hope to see you in the craft room for this wonderful film!

**Educational Programs...**Safety Care Technology will be presenting "Safe at Home" on Tuesday, January 10<sup>th</sup> at 10:30 A.M. Melissa Toy will be focusing on personal emergency response systems. Mishock Physical Therapy will be doing a presentation on "Osteoarthritis and Pain Management" on Tuesday, January 17<sup>th</sup> at 10:30 A.M. Elieen Vince, a physical therapist and geriatric specialist from the Sanatoga Ridge office, will be speaking about the topic and will be happy to answer any questions.

## A WINTER DAWN

By: Joan A. Burchell

Banana-cream and apricot  
arose in the eastern sky;  
Softly blending with shaded-greys  
it quietly caught the eye.



Dawn is magic along the horizon  
before the sun climbs aloft;  
Winter mornings are specially-embellished  
with colors more muted and soft.

Snowflakes mirror the pastel tones,  
adding their touch for the day;  
Beauty spilled from nature's palette  
and meant to come our way.



\* \* \* \* \*

## HAPPY BIRTHDAY TO OUR JANUARY CELEBRANTS!!



01 Mary Lou Bentz  
01 Esther Drabinsky  
01 Dolores Kirschner  
02 Paul Grater  
02 LaRue Erb  
02 Richard Breen  
02 Russell Dorrell  
03 Phyllis Elaine Bangs  
03 Albert Ritter  
03 Marlene Marks  
03 Peter Georgi  
03 N. Arlene Geisler  
03 Joyce Cossetti  
04 Arlene Ehst  
04 Pamela Vargo  
05 Gladys Miller  
05 Lois Oister  
06 Jean Mauger  
06 Joanne Groff  
06 Gloria Stoudt  
06 Doris Moser  
06 James Blair  
07 Daniel Hoffman

07 Gladys Slonaker  
08 Ammon Dierolf  
08 Rosie Mutter  
09 Anthony Sibalic  
09 Susan Hassler  
10 Helen Moll  
10 Carol Brendlinger  
10 Ruby Monnot  
11 Marian Moatz  
11 Pearl Miller  
12 Fred Scheirer  
12 Carole Farlee  
13 Veronica Knepp  
13 Thelma Eshbach  
13 Keith Maute  
14 William Mauger  
14 Arveta Moyer  
16 Jeanette Blaine  
16 Beatrice Lukens  
16 Pearl Herb  
17 Bruce WeiHING  
17 Henry Rush  
18 Wilbur Cooper  
18 Lenore Sands

18 Dan Fuller  
18 Ben Liberatori  
19 Joan Albitz  
19 Kerwin Springer  
20 Miriam Standhardt  
20 Janet Moyer  
20 Vanessa Heim  
20 Josephine Matyas  
20 William Shoffstall  
21 Grace Davidheiser  
21 Ruth Spatz  
21 Carrie Rinehart  
21 Joanne Miller  
22 Norman Ritter  
22 Evelyn Offner  
22 Thurman Wysong  
22 Nancy Klatt  
22 Marian Kriebel  
22 Adam Kellerm, Jr.  
22 Sue Kanter  
23 Nicholas Yerger  
23 Leroy Ackerman  
23 Judy Meyers  
23 Gail Koch

23 Joan Varallo  
23 Alvin Miller  
23 Doris Hafer  
23 Ruth Reinhard  
23 Cheri Law  
24 Delores Frederick  
24 Wilda Mathias  
25 Mildred Karnafel  
26 Norma Smith  
26 Sue Spleen  
26 Ronald Sweinhart  
27 Monica Gilbert  
27 Josephine Bauer  
28 Judy Bonetz  
28 Thelma Sheidy  
28 Bobbi Sarro  
28 Susan Stauffer  
29 Greg Rothenberger  
29 Laverne Henry  
30 Dorothy Wagner  
31 Shirley Weller  
31 Lillian Hulme  
31 Paul Reifsnnyder



## THE CENTER AT SPRING STREET BULLETIN BOARD



### MEMBERSHIP

Please check your membership card for your renewal date! A list of new benefits are available in the Center office!

### GET WELLS

Pauline Ebersole  
Babe Myers  
Joe Martinez  
Shirley Burns  
Leonard Gresh  
Marguerite Weller  
Josephine Mallon










### OUR DEEPEST SYMPATHIES TO THE FAMILY & FRIENDS OF:

David Smith  
Ella Hanley      Fay Babel  
Joan Weidner      Evelyn Gaugler  
Alice Clevestine  
Miyako Himes  
Anna Breslawski

# The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Office of Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CENTER CLOSED!</b></p>  <p><b>Holiday!</b></p>	<p>9 Cards and Games 9:15 Wii Bowling 11 PEPPi Weight Training 1 Sit &amp; Get Fit w/Jody 1-3 Swim Time @ YMCA</p> <p>6-9 <b>No BINGO Nite</b></p>	<p>9 Cards and Games 9:10 Yoga w/Fran 9:45 Blood Pressure &amp; Weight provided by Chestnut Knoll 10:30 Mah-Jongg 10:45 PEPPi Weight Training 1 Zumba Gold w/Kathy 1-4 <b>Texas Hold'em Tournament</b> 2 Beginner Line-Dancing</p>	<p>9 Cards and Games 9:15 Wii Bowling 10-11 <b>"60 Minutes with Ginny"</b> in the Resource Center 10:30 PEPPi Weight Training 1 Musical Entertainment by Cowboy Frankie Roberts 2 <b>No Chorus Rehearsal</b></p>	<p>8:15 <b>Early-Bird Breakfast</b> 9 Cards and Games 10 Functional Fitness w/Tara 10:30 Wii Bowling 12:15 Bowling @ Keystone 1 BINGO</p> <p>*Wellness Walk @ Walmart Sat. January 14th @ 10 am</p>
<p><b>Celebrating our 6th Anniversary in our new facility!</b></p> <p>9 Cards and Games 9:15 Wii Bowling 10:30 Bean-Bag Baseball Practice 11 Reflective Moments 12 Piano Tunes w/Kay Behle 1 BINGO 1 Computer Class - Basic</p>	<p>9:15 Wii Bowling 10 <b>Pick Pool Tourn. Partners</b> 10:30 Safety Care Technology Pres. "Safe at Home" 11 PEPPi Weight Training 1 <b>Sing-Along</b> w/ Robin &amp; Sharon 1 Computer Class - Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10 <b>Pool Tournament</b> 10:30 Mah-Jongg 10:45 PEPPi Weight Training 1 Bridge 1 Zumba Gold w/Kathy 2 Beginner Line-Dancing</p>	<p>8 Breakfast Club @ Woodside Villa 9:15 Wii Bowling 10-11 <b>"60 Minutes with Ginny"</b> 10:30 PEPPi Weight Training 10:30 Genealogy Club w/Betty Burdan 11:15 Center Membership Mtg. 1 "20th Century American Heroes" w/ Linda Garber 2 Chorus Rehearsal resumes!</p>	<p>8:15 <b>Early-Bird Breakfast</b> 9 Cards and Games 9:15 Wii Bowling 10 <b>No Functional Fitness</b> w/Tara 12:15 Bowling @ Keystone 1 BINGO 1 Book Club Meeting</p> <p>7:30-10:30 <b>DANCE-</b> "Road House"</p> 
<p><b>CENTER CLOSED!</b></p>  <p><b>Martin Luther King Day!</b></p>	<p>9:15 Wii Bowling 10:30 Mishock PT Presentation "Osteoarthritis &amp; Pain Management" 11 PEPPi Weight Training 1 Sit &amp; Get Fit w/Jody 1 Computer Class - Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio</p> 	<p>9:10 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPi Weight Training 12 Red Hats @ Carriage House 1 Zumba Gold w/Kathy 1-4 <b>"Golden" Texas Hold'em</b> 2 <b>Bean Bag Baseball @ Center</b> 2 Beginner Line-Dancing 2 Songster's @ St. John's</p>	<p>9 Cards and Games 9:15 Wii Bowling 10-11 <b>"60 Minutes with Ginny"</b> in the Resource Center 10:30 PEPPi Weight Training 1 Musical Entertainment George Batman on the Keyboard 2 <b>No Chorus Rehearsal</b></p>	<p>8:15 <b>Early-Bird Breakfast</b> 9 Cards and Games 10 Functional Fitness w/Tara 10:30 Wii Bowling 12:15 Bowling @ Keystone 1 "Grocery" BINGO</p>
<p>9 Cards and Games 9:15 Wii Games 10:30 Bean-Bag Baseball Practice 11 Reflective Moments 1 BINGO 1 Computer Class - Basic</p>	<p>9 Cards and Games 9:15 Wii Games 11 PEPPi Weight Training 1 Sit &amp; Get Fit w/Jody 1 Computer Class - Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio 5:30 Supper Club @ Bally Hotel</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPi Weight Training 1 Zumba Gold w/Kathy 1 <b>Hasenpfeffer Card Party</b> 1 <b>Red Hat Meeting</b> New Members Welcome! 2 Beginner Line-Dancing</p>	<p>9 Cards and Games 9:15 Wii Bowling 10-11 <b>"60 Minutes with Ginny"</b> in the Resource Center 10:30 PEPPi Weight Training 10:30 <b>Movie Time:</b> "The Help" 1 <b>Card Party</b> 2 Chorus Rehearsal</p>	<p>8:15 <b>Early-Bird Breakfast</b> 9 Cards and Games 10 Functional Fitness w/Tara 10:30 Wii Bowling 12:15 Bowling @ Keystone 1 BINGO</p>
<p> <b>BIRTHDAY PARTY</b></p> <p>9 Cards and Games 9:15 Wii Bowling 10 <b>Pick Shuffleboard Teams</b> 11 Reflective Moments 1 Musical Entertainment by Sonny &amp; "SOS" Gang 1 Computer Class - Basic</p> <p>*Birthday Cake provided by Chestnut Knoll</p>	<p><b>CAKE RAFFLE</b></p> <p>9:15 Wii Games 10 <b>Shuffleboard Tournament</b> 10:45 Tuesday BINGO 1 Sit &amp; Get Fit w/Jody 1 Computer Class - Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite</p> 	<p><b>DAILY ACTIVITIES...</b></p> <p>Pinochle &amp; Other Card Games Quilting Shuffleboard Rummikub &amp; Other Games Billiards &amp; Table Tennis Book Swap Good Coffee &amp; Great Company!</p>	<p><b>JANUARY</b></p> <p><b>2012</b></p> 	

## THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from Town Plaza, unless specified otherwise. A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time. All trips are open for sign-up now. Please make your check payable to:

### The Center at Spring Street

Bus Trip Registration:

Tuesday, Wednesday and Thursday - 11:30 A.M. to 1:30 P.M.

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Nancy Klock

200 West Spring Street

Boyetown, PA 19512



Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only. A doctor's excuse will be required within 5 (five) business days of the trip date. Any other cancellations will receive refunds only if the space can be refilled.

## 2012 BUS TRIP SCHEDULE

All day trips are scheduled through Perkiomen Tours.

### CRUISE TO THE SOUTHERN CARIBBEAN WITH ROYAL CARIBBEAN CRUISE LINES

#### ENCHANTMENT OF THE SEAS

MARCH 19 TO 31, 2012 (13 days/12 nights)

Prices range from \$1,219 to \$2,049



#### WEDNESDAY, APRIL 11, 2012 - SIGHT AND SOUND



SHOW - "JONAH"

Snacks can be purchased at the theatre

Supper on your own after the show at Cracker Barrel

Member - \$75 Non-Member - \$77

Sign up by February 15, 2012

#### THURSDAY, MAY 17, 2012 - POCONO DOWNS CASINO

Member - \$29 Non-Member - \$31

Sign up by March 22, 2012



#### THURSDAY, JUNE 28, 2012 - NEW YORK

**Bateaux Luncheon Cruise** at Chelsey Pier

and see the 911 Memorial

Member - \$91 Non-Member - \$93

Sign up by May 3, 2012

#### THURSDAY, JULY 5, 2012 - RICH WILSON'S INDEPENDENCE DAY

Spectacular with dinner at Radisson Hotel, Lackawanna Railroad Station (Scranton)

Meal choice at sign up

Members - \$70 Non-Members - \$72

Sign up by April 27, 2012





# JANUARY 2012



Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <b>CENTER CLOSED!</b>	2 3 Vegetable Soup Cheddar Chicken Oven Browned Potatoes Broccoli Whole Wheat Bread Ice Cream	4 Garden Salad Italian Sausage Macaroni & Cheese Stewed Tomatoes Italian Roll Jello	5 Macaroni Salad B-B-Q Riblet Mashed Potatoes Corn Whole Wheat Bread Fruit Cocktail	6 Cucumber Salad Roast Beef Mashed Potatoes Mixed Vegetables White Bread Peaches	
9 Fruit Cocktail Meatballs Buttered Noodles Broccoli White Bread Angel Food Cake	10 3 Bean Salad Roast Turkey Mashed Potatoes Peas & Carrots Whole Wheat Bread Fruited Jello	11 Beef Noodle Soup Pot Roast Boiled Potatoes Carrots Cole Slaw Pears	12 Vegetable Salad Italian Sausage Spaghetti Green Beans Italian Bread Applesauce	13 Chicken Noodle Soup Baked Chicken Mashed Potatoes Corn Rye Bread Vanilla Pudding	
 <b>CENTER CLOSED!</b>	16 17 Cucumber Salad Bratwurst Mashed Potatoes Sauerkraut Whole Wheat Bread Jello	18 Pepper Cabbage Baked Chicken Leg Tator Tots Corn Whole Wheat Bread Vanilla Pudding	19 Applesauce Pork Chop Mashed Potatoes California Mixed Vegetables Multi-Grain Bread Pears	20 Tossed Salad Lasagna Green Beans Italian Roll Fruit Cocktail	
23 3 Bean Salad Pot Roast Mashed Potatoes Peas & Pearls White Bread Tapioca Pudding	24 Vegetable Salad Stuffed Pepper Mashed Potatoes Carrots Whole Wheat Bread Spice Cake	25 Cole Slaw Crab Cake White Rice Mixed Vegetables Whole Wheat Bread Peaches	26 Applesauce Baked Chicken Mashed Potatoes Lima Beans White Bread Jello	27 Cucumber Salad Ham/Pineapple Ring Sweet Potatoes Green Beans Italian Bread Fruit Cocktail	
30 Garden Salad Tilapia White Rice Stewed Tomato Multi-Grain Bread Vanilla Pudding	31 Applesauce Pork Roast Mashed Potatoes Sauerkraut Whole Wheat Bread Fruited Jello	 <h1>MENU</h1>			<p>Menu is subject to change.</p> <p>Diabetic desserts are available.</p>

The  
Center at **Spring Street**

200 West Spring Street • Boyertown, PA 19512

**DATED MATERIAL**

NON PROFIT  
BULK RATE  
BOYERTOWN, PA  
U.S. POSTAGE PAID  
PERMIT NO. 33

**THE CENTER AT SPRING STREET  
OFFICERS**

President: Eugene Rohrbach  
Vice President: Betty Ritter  
Secretary: Betty Mae Eberhart  
Assistant Secretary: Cathy Webb  
Treasurer: Stephen Fegan  
Assistant Treasurer: Jeanette Hicks

**VOLUNTEER HOURS**

During the month of November, 2011,  
our volunteers gave a total of

2,859 hours

of service for our Center!

**Total for 2011: 30,352 hours**  
**THANK YOU, VOLUNTEERS!**

\* \* \* \* \*

*Yesterday is history. Tomorrow is a  
mystery. Today is a gift. That's why we  
call it the "present".* -Unknown

**MULTI-SERVICE STAFF**

Executive Director: Dana Eichert  
Secretary/Bookkeeper: Kathy Murphy  
Over 60 Case Manager: Ginny Cox  
Under 60 Case Manager: Amy Davies  
Energy/Meals on Wheels (MOWS) Case  
Manager: Lori Bernhard  
Food Program Manager: Nancy Kremm  
Receptionist/Transportation Coordinator:  
Diane Joyce  
Center Director: Karen Youse  
Assistant Center Director: Patricia Petrauskas  
Center Receptionist: Fran Doaty  
Program Coordinator/PR: Vanessa Heim  
Bus Drivers: Joy Harner/Bob Eichert  
Executive Chef: Richard Mackey, Jr.  
Prep Chef: Ursula Wieland  
Facility Manager: Greg Rothenberger  
Custodian: Russell Bouchat  
MOWS Volunteer Coordinator: Elaine Bangs  
Editor: Karen Youse  
Typist: Kathy Murphy