

THE PRIME TIMES

From Lori & The Center Staff....

If you are looking for something to do in August, look no farther! In August, The Center offers fun activities, great fellowship and wonderful entertainment. Be sure to check out the Activities Calendar in this issue of The Prime Times and plan on joining us for all the fun!!! We'll see you at The Center!!

The Center will be rocking on Thursday, August 1st when The Center holds Grandchildren's Day with this year's theme being "Rock of Ages". Bring your adult children, your grandchildren and/or great grandchildren to spend the day with you at The Center. Your guests will be able to do all the things you enjoy doing here at The Center. There will be games and crafts, an opportunity to play Shuffleboard, Wii Bowling, Bean Bag Baseball, cards, board games, etc. There will be a delicious lunch which will include pears, chicken fingers, scalloped potatoes, carrots & celery with Ranch dressing, and a special dessert. The Center will be decorated and everyone will receive a favor! After lunch everyone will be able to keep the beat with "The Boomadears"! There is no additional charge for Grandchildren's Day and your guests will be our guests.

Sign up at The Center or by calling The Center at 610-367-2313. When signing up your guests, please give us the names of your guests and their ages. Also, make sure we know they belong to you so we can make sure you are seated together.

The Center will be holding a Boardwalk Day on Tuesday, August 13th and you are invited to wear your beach hat, beach shirt or dress, flip flops, sandals, and sunglasses to The Center. Everyone will have the opportunity to vote on the best boardwalk dressed male and female and the winners will receive a special prize.

The boardwalk meal will include a tossed salad with dressing, cheese pizza, French fries and a special dessert. After lunch, at 1 p.m. "The Dogs of Falkner Swamp" will entertain us with their musical talents. Don't miss the fun at The Center on Boardwalk Day!

DATE SAVER NOTICE

GRANDCHILDREN'S DAY

Thursday, August 1, 2019

"Rock of Ages"

1 p.m.-The Boomadears"

Wednesday, August 7, 2019

BUS TRIP – Medieval Times

8:15 a.m.-Bus departs

Gilbertsville Shopping Center

Thursday, August 8, 2019

11 a.m.-Center Membership Mtg.

1 p.m.-Musical Entertainment by

Nick Viscuso

Friday, August 9, 2019

7-10 p.m.-Friday Nite Dance

"The Majestics"

BOARDWALK DAY

Tuesday, August 13, 2019

1 p.m.-Dogs of Falkner Swamp

Thursday, August 20, 2019

BUS TRIP – Hollywood Casino

8:45 a.m.-Bus departs

Gilbertsville Shopping Center

Monday, August 26, 2019

BIRTHDAY PARTY

1 p.m.-Eric Kearns

Tuesday, August 27, 2019

Homemade Sweets & Treats Raffle

10:45 a.m. – Tuesday BINGO

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc.

Center Hours - Monday thru Friday
9:00 A.M. to 4:00 P.M.

“EARLY BIRD” BREAKFAST PROGRAM

The Center & Kitchen Staff would like to extend their heartfelt “Thank You” to the Early Bird Breakfast kitchen volunteers for coming in at 6:30 a.m. every Friday to prepare breakfast for our program. We couldn’t have done it without you!

The Center Staff would also like to thank everyone that supported this program by attending breakfast each week.

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FRIENDLY REMINDERS

- Meal Reservations – please be sure to sign up for lunch two days in advance. We cannot always guarantee that we will be able to add you if you did not reserve your meal.
- Meal Cancellations – please remember to cancel your meal two days in advance if possible.
- Arrival Time for Lunch – please arrive not later than 11:15 a.m. if you are joining us for lunch. The kitchen volunteers begin serving the appetizers and desserts at 11:30 a.m.

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FRIDAY NITE DANCE

The Center’s Friday Nite Dance will be held on Friday, August 9th from 7 to 10 p.m. with the doors opening at 5:30 p.m. The Majestics will be providing the dance music for the evening. Admission is \$5 for Center Members (with Center membership card) and \$10 for non-members. Put on your dancing shoes and head to The Center for the Friday Nite Dance!

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BINGO WALKING FOR SENIORS

The next BINGO Walking for Seniors, sponsored by The Wellness Council of Boyertown, will be held on Thursday, August 15th at 10 a.m. at the upper parking lot of the Boyertown YMCA. If it rains, Bingo Walking will be held on the second floor of Boyertown Area Multi-Service and The Center at Spring Street.

When you arrive, you will receive a BINGO card. For each half lap you walk, 10

BINGO numbers will be pulled. Mark your BINGO cards with pulled numbers until you have 5 in a row and receive a prize. There is no charge to participate in BINGO Walking for Seniors! See you at BINGO Walking!

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BLOOD PRESSURE & WEIGHT CHECKS

Chestnut Knoll will be providing Blood Pressure & Weight Checks at The Center on Wednesday, August 7th and Thursday, August 15th at 10 a.m. Please mark your calendar!

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PARKINSON’S DISEASE

On Tuesday, August 20th at 1 p.m., Andrew Harnish from Fox Rehab will be at The Center to talk about “Parkinson’s Disease” which affects over 10 million people worldwide. It is a movement disorder which can affect posture, balance, walking, cognition, speech and more. Come learn how Parkinson’s Disease affects our brain and bodies, current medical management and medications, as well as the benefits of exercise and therapies to help manage the disease. Don’t miss this important informative presentation.

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AFRICAN PHOTOGRAPHIC SAFARI

Join us on Tuesday, August 27th at 1 p.m. for an African Photographic Safari by Mary Ann Dailey, retired Associate Professor of Nursing. Following a recent photographic safari to Tanzania in East Africa, Mary Ann Dailey prepared a Keynote photo journal. Her photos capture action and up close and personal images of African wildlife. Some animals even walked next to her Land Rover!!! Join us as we take a trip to East Africa through the amazing photos by Mary Ann Dailey!

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UNDERSTANDING ALZHEIMER’S

Having a better understanding of how Alzheimer’s progresses can help you care for your loved one. Debbie Griffie from the Penn State Extension will be at The Center on Thursday, August 29th to offer a presentation on Understanding Alzheimer’s from 6:30-7:30 p.m. This presentation is free, however, registration is encouraged. Please sign up at The Center or by calling The Center at 610-367-2313.

Grandchildren

You are so special in
Each and every way.

I wish that we could be together
Every moment and every day.

I am grateful for the unconditional
Love that we share.

No matter where you are, know
My heart is always there.



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HAPPY BIRTHDAY TO OUR AUGUST CELEBRANTS!!!



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|----------------------|-----------------------|-------------------------|-----------------------|----------------------|
| 01 Fay Slonaker | 06 Carol Rothermel | 12 John Cooley | 20 Fred Nettles | 25 Elke Sibalic |
| 01 Katherine Bolles | 07 Winnie Pitzonka | 14 Florence Andes | 21 Janice Gamler | 25 Jane Starr |
| 01 Judy Albright | 07 Douglas Kent | 14 John Boyer | 21 Diane Campbell | 25 Jean Wiest |
| 01 Michael Demeter | 07 Becky Rothenberger | 14 Jo Anne Hoey | 21 Deb Fels | 25 Barbara Griffiths |
| 01 Jean Ann Longacre | 07 Dolores Dunn | 15 Diane Barto | 21 Judith Hackman | 25 Barbara Good |
| 01 Gloria Marriott | 08 Glenn Heisler | 15 Theodore Saul | 21 Norman Hoffman | 27 Linda Bonkoski |
| 01 Erma Durante | 08 Suzanne Johnson | 16 Anita White-Gillyard | 21 Anita Wolter | 28 Elsie Boerner |
| 01 Naomi Lawhorm | 08 Gail Norton | 16 Diana Merkel | 22 Merle Freese | 28 Jean Hegeman |
| 02 Samuel Gaugler | 08 Monica Yerk | 16 Charlie Moyer | 22 Clarence Hertzog | 28 Ken Arnt |
| 02 Joyce Helmick | 08 Sherri Fidler | 16 Edward Conrad | 23 Janice Evans | 28 Judith Cordwell |
| 03 Cynthia Gordon | 08 Linda Quinby | 16 Susan Oehlert | 23 John Sorg | 28 Walt Desiderio |
| 03 Wayne Soles, Sr. | 09 Elizabeth Aston | 17 Diane Bartolomeo | 23 Dottie Roth | 29 Jeanette Nyman |
| 03 Virga Brown | 09 Katherine McGuire | 18 Thomas Galloway | 24 David Yergey | 29 Edward Reese |
| 03 Gigi Malinchak | 09 Connie Kauffman | 18 Peter Schnore | 24 E. Diane Yerk | 29 Marge Yanalavage |
| 04 Henrietta Everts | 10 Dale Bangs | 18 Ronald Cressman | 24 Marlene Zohe | 29 Lester Hillbush |
| 04 Phil Hickey | 10 Re Furman | 18 Janet Fritsch | 24 Gladys Hollowbush | 29 Jeannette Nyman |
| 04 Elaine Musser | 10 Richard Stauffer | 19 Margaret Fry | 24 Victor Jacketti | 30 Kathy Babb |
| 04 Betty Vonhohen | 11 Jean Stauffer | 20 Phoebe Fagley | 24 Louise Fronheiser | 30 David Sterling |
| 04 Toby Rickards | 11 Alvin Behm | 20 Hans Scherer | 25 Roberta Lucarelli | 30 Evelyn Shafer |
| 05 Cindi Borchelt | 12 Mark Keen | 20 Shirley Batts | 25 Doris Langan | 31 Mary Perkins |
| 05 Sandra Smith | 12 Patricia Lamm | 20 Sonia Ladisch | 25 Christine Marshall | 31 Jean Dengler |
| 05 Stephanie Stoudt | 12 Fay Ludy | 20 Vincenza Snyder | 25 William McGoff | 31 Edna Graber |

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THE CENTER AT SPRING STREET BULLETIN BOARD

MEMBERSHIP

Please check your
membership card for
your renewal date!

GET WELLS

Sonja Lynch

“INVITATION”

August celebrants are invited to celebrate their birthday at the Center on
Monday, August 26, 2019

Entertainment by: Eric Kearns

RSVP (610-367-2313, by Wednesday, August 21st, 2019

Please bring your current membership card to receive your complimentary meal.

The Center at Spring Street

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc. Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way and the United Way of Berks County, and is also partially funded by the Pennsylvania Department of Aging through Berks County Area Agency on Aging and Aging and Adult Service of Montgomery County.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAILY ACTIVITIES... Pinochle & Other Card Games Quilting Shuffleboard Rummikub & Other Games Billiards Book Swap Good Coffee & Great Company!	<h2 style="color: blue;">AUGUST</h2> <h2 style="color: blue;">2019</h2>	 200 West Spring Street Boyertown, PA 19512 610-367-2313		GRANDCHILDREN'S DAY "Rock of Ages" 9:15-11:30 Games - Bead Craft w/ Lindsey Wii Bowling, Bean Bag Baseball 9:15-11:15 Photo with Ashley Roberts 1 Musical Entertainment - by, "The Boomadears" 6-7 Yoga 7-7:30 Meditation	1 9 Cards and Games 9:30 Yoga w/Fran 10:30 Move & Groove w/Fran 11 Chair Yoga w/Fran 1 BINGO	3 9 Yoga w/Fran 10:15 Move & Groove w/Fran
1 Pickleball at Boyertown Community Park	4 9 Cards and Games 10:30 Exercise w/Mihae/Lily 1 BINGO 6-7 Yoga 7:15 Pilates	5 9 Cards and Games 9:30 Move & Groove in Chairs 10:15 Drumming Up Fitness w/Fran 12:45 Dairy Treats at Jen & Jesse's 12:45 Wii Bowling 1-3 Swim Time @ YMCA 5:30 Evening Pool Tournament 6-9 BINGO Nite	6 9-11 Pickleball - Boyertown Park 9:10 Yoga w/Fran 10 Blood Pressure and Weight 10:10 Move & Groove w/Fran 10:30 Mah-Jongg 11 Fit & Strong w/Robin 12:45 Wii Bowling 1-4 "Golden" Texas Hold 'Em BUS TRIP- MEDIEVAL TIMES DINNER	7 9 Cards and Games 9 Wii Bowling 10:30 Exec. Comm. Meeting 11 Center Membership Mtg. 1 Musical Entertainment by Nick Viscuso 6-7 Yoga 7-7:30 Meditation	8 9 Cards and Games 9:30 Yoga w/Fran 10 "Painting Pavers" w/ Shirley 10:30 Move & Groove w/Fran 11 Chair Yoga w/Fran 1 BINGO 7-10pm Friday Nite Dance "The Majestics"	10 9 Yoga w/Fran 10:15 Move & Groove w/Fran
1 Pickleball at Boyertown Community Park	11 9 Cards and Games 10 Shuffleboard Tournament 10:30 Exercise w/Mihae/Lily 6-7 Yoga 7:15 Pilates	12 BOARDWALK DAY 9 Cards and Games 9:30 Move & Groove in Chairs 10 Multi-Service Tour 10:15 Drumming Up Fitness w/Fran 12:45 Wii Bowling 1 Musical Entertainment - by, The Dogs of Falkner Swamp 1-3 Swim Time @ YMCA	13 9-11 Pickleball - Boyertown Park 9:10 Yoga w/Fran 10 "Depression in Older Adults" by Beth Biehl, SE Home Health 10:10 Move & Groove w/Fran 10:30 Mah-Jongg 11 Fit & Strong w/Robin 12:45 Wii Bowling 1 Bridge 5 Supper Club @ Giovanni's	14 9 Cards and Games 9 Wii Bowling 10 BINGO Walking for Seniors 10 Blood Pressure and Weight by Chestnut Knoll 12:45 History Revisited w/ Darius Puff "Raid at St. Francis" 6-7 Yoga 7-7:30 Meditation	15 9 Cards and Games 9:30 Yoga w/Fran 10:30 Move & Groove w/Fran 11 Chair Yoga w/Fran 1 BINGO	17 9 Yoga w/Fran 10:15 Move & Groove w/Fran
1 Pickleball at Boyertown Community Park	18 9 Cards and Games 10:30 Exercise w/Mihae/Lily 1 Birthday BINGO 6-7 Yoga 7:15 Pilates	19 BUS TRIP- HOLLYWOOD CASINO 9 Cards and Games 9:30 Move & Groove in Chairs 10:15 Drumming Up Fitness w/Fran 12:45 Wii Bowling 1 "Parkinson" w/ Andrew Fox Rehab 1-3 Swim Time @ YMCA 6-9 BINGO Nite	20 9-11 Pickleball - Boyertown Park 9:10 Yoga w/Fran 10 Hearing Aid Cleaning 10:10 Move & Groove w/Fran 10:30 Mah-Jongg 11 Fit & Strong w/Robin 12:45 Wii Bowling 12:45 Bean Bag Baseball Tourn. 1-4 "Golden" Texas Hold 'Em	21 SPLISH SPASH DAY 9 Cards and Games 9 Wii Bowling 10 Freeze Pop Treat 12:45 Water Balloon Tournament 6-7 Yoga 7-7:30 Meditation	22 9 Cards and Games 9:30 Yoga w/Fran 10 Pool Tournament 10:30 Move & Groove w/Fran 11 Chair Yoga w/Fran 1 BINGO	24 9 Yoga w/Fran 10:15 Move & Groove w/Fran
1 Pickleball at Boyertown Community Park	25 BIRTHDAY PARTY 9 Cards and Games 10:30 Exercise w/Mihae/Lily 1 Musical Entertainment by Eric Kearns 6-7 Yoga 7:15 Pilates *Birthday Cake provided by Chestnut Knoll	26 HOMEMADE SWEETS & TREATS SALE 9 Cards and Games 10:45 Tuesday BINGO 12:45 Wii Bowling 1-3 Swim Time @ YMCA 1 "African Photographic Safari" by Mary Ann Dailey 1 Book Club 4:30 Shuffleboard Tournament	27 9 Cards and Games 9-11 Pickleball - Boyertown Park 9:10 Yoga w/Fran 10 "Wood Painting" w/ Shirley 10:10 Move & Groove w/Fran 10:30 Mah-Jongg 11 Fit & Strong w/Robin 12:45 Wii Bowling 12:45 Hasenpfeffer Card Party	28 9 Cards and Games 9 Wii Bowling 9:45 Wii Bowling Tournament w/Walnut Woods 12:45 Pinochle Card Party 6:30-7:30PM -"Understanding Alzheimer's" w/ Debbie Griffie, Penn State Ext. 6-7 Yoga 7-7:30 Meditation	29 9 Cards and Games 9:30 Yoga w/Fran 9:45 Pick Teams - Shuffleboard Tourn. 10 Shuffleboard Tournament 10:30 Move & Groove w/Fran 11 Chair Yoga w/Fran 1 BINGO	31 NO Yoga w/Fran NO Move & Groove w/Fran Have an enjoyable Labor Day Weekend!

THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over. Center membership is not required. All bus trips depart from **The Gilbertsville Shopping Center** unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time. All trips are open for sign-up now.

Please make your check payable to:

The Center at Spring Street

Bus Trip Registration:

Monday & Friday

10:30 a.m. to 12 noon – Dolores Cothran

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Dolores Cothran

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

2019 BUS TRIP SCHEDULE

AUGUST 7, 2019 - MEDIEVAL TIMES DINNER & TOURNAMENT

MEAL & SHOW-2 Hour Medieval Jousting Tournament, 6 Competing Knights,
Real Weapons, Beautiful Horses, and Live Flight of the Royal Falcon

Cost: Members \$79.00 Non-Members: \$84.00

AUGUST 20, 2019 - HOLLYWOOD CASINO

\$30 Free Slot Play & \$5 Off Buffet Voucher

Cost: Members \$31.00 Non-Members: \$36.00

SEPTEMBER 11, 2019-SILVER BIRCHES RESORT

FAMILY STYLE MEAL & SHOW-"AT THE HOP"

Cost: Members: \$86.00 Non Members: \$91.00

SEPTEMBER 23, 2019 – DAY IN PHILADELPHIA

Trip includes: American Revolution Museum, lunch at City Tavern, step on guide for historic tour of Philadelphia with entry to Betsy Ross and Independence Hall

PLEASE NOTE: THIS WILL BE A WALKING TOUR

Cost: Members: \$103.00 Non-Members: \$108.00

OCTOBER 3, 2019 – HUNTERDON HILLS PLAYHOUSE

PLATED MEAL & SHOW – "BAREFOOT IN THE PARK"

Cost: Members: \$94.00 Non-Members: \$99.00

NOVEMBER 6, 2019 – SIGHT & SOUND

SHOW – "MIRACLE OF CHRISTMAS"

Lunch on own at Cracker Barrel

Cost: Members: \$89.00 Non-Members: \$94.00

NOVEMBER 26, 2019 – DUTCH APPLE DINNER THEATRE BUFFET

MEAL & SHOW – "HOLIDAY INN"

Cost: \$77.00 Non-Members: \$98.00

August 2019

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MENU	Menu is subject to change! Diabetic desserts are available upon request.		GRANDCHILDREN'S DAY 1 Pears Chicken Fingers Scalloped Potatoes Carrots & Celery Stix Ranch Dressing Special Dessert	2 Applesauce Baked Mac & Cheese w/Ham Broccoli Chocolate Pudding	
	5 Sliced Pear Salisbury Steak w/Gravy Mashed Potatoes Peas and Onions Ice Cream	6 Tomato, Cucumber & Onion Salad Breaded Fish Sandwich Tater Tots Broccoli Peaches	7 Pineapple Tidbits BBQ Baked Chicken Leg Baked Potato Corn Rice Pudding	8 Applesauce Pork Roast w/Gravy Mashed Potatoes Sauerkraut Chocolate Chip Cookie	9 Fruit Juice Chicken Italiano Roasted Potatoes Green Beans Pound Cake
	12 Caesar Salad w/Dressing Stuffed Shells w/Tomato Sauce Autumn Blend Vegetables Mandarin Oranges	BOARDWALK DAY 13 Tossed Salad w/Dressing Cheese Pizza French Fries Special Dessert	14 Pineapple Tidbits Ham Steak Candied Sweet Potato Brussels Sprouts Angel Food Cake	15 Applesauce Country Fried Steak w/Gravy Pierogies California Blend Veggies Butterscotch Pudding	16 Tossed Salad w/Dressing Chili Cornbread Fruit Cocktail
	19 Applesauce Cheddar Chicken Baked Potato Parisian Blend Ice Cream	20 Sliced Peaches Beef BBQ on Roll Chips Chopped Broccoli Angel Food Cake	21 Caesar Salad w/Dressing Chicken Parmesan Spaghetti w/Tomato Sauce Mandarin Oranges	SPLISH SPLASH DAY 22 Diced Pears Roast Beef w/Gravy Mashed Potatoes Autumn Blend Cherry Water Ice	23 Pineapple Tidbits Crab Cake w/Tartar Sauce Whole Potatoes Green Beans Ice Cream
	BIRTHDAY PARTY 26 Fresh Apple Sausage Baked Ziti Tomato Sauce Broccoli Birthday Cake	27 Applesauce Shepherd's Pie 5 Way Mixed Vegetables Fruited Jello	28 Tomato Soup Grilled Cheese Sandwich Potato Chips Carrots Ambrosia	29 Tossed Salad w/Dressing Chicken Cordon Bleu Baked Potato Brussels Sprouts Yogurt	30 Sliced Peaches Hamburger on Roll Baked Beans Cauliflower Ice Cream

DATED MATERIAL

**THE CENTER AT SPRING STREET
OFFICERS**

President: William Blatt
Vice President: Oscar F. Smith, IV
Secretary: Catherine Webb
Assistant Secretary: Mary Bieber
Treasurer: Larry Solar
Assistant Treasurer: Lillian Solar

VOLUNTEER HOURS

During the month of June 2019,
our volunteers gave a total of

2,594 hours

of service for our Center!

**Total for 2019: 16,768 hours
THANK YOU, VOLUNTEERS!**

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*I want to inspire people – I want someone to
look at me and say “Because of you I didn’t
give up”.*

#frontiervolunteer

MULTI-SERVICE STAFF

Executive Director: Lydia Messinger
Development Director: TBD
Bookkeeper: Debbie Mason
Administrative Assistant: Heather Lewis
Director of Case Management: Ailene Keys
Under 60 Case Manager: Shannon Kelly
Meals on Wheels Case Manager: Karen Youse
Food Pantry Coordinator: Olivia Merry
Receptionist/Transportation Coordinator:
Karen Trout
Volunteer Coordinator: MaryAnn Gruber
Center Director: Lori Bernhard
Assistant Center Director: Melanie Wolf
Center Receptionist: TBD
Program Coordinator/ PR: Nicole Clark
Bus Drivers: Bob Eichert, Ken Ertman, & Betty Hartung
Executive Chef: Christopher Mest
Prep Chef: Karen Parks
Facility Manager: Greg Rothenberger
Custodian: Joey Ziegler
Rental Staff Person: Edward Adamski
Editor: Center Staff