

Staple Pantry Needs

The following items are staple items – items our Community Food Pantry distributes regularly and goes through quickly. These items supplement other items provided to clients as food assistance such as meat, dairy, produce, and bread... AS WELL AS nonfood items such as toilet paper, diapers, soap, deodorant, and shampoo.

Keep in mind that we are unable to accept and distribute expired items.

Food Assistance Staples

- Cereal
- Oatmeal
- Canned vegetables
- Canned tuna
- Canned pork and beans
- Canned fruit
- Soup
- Apple sauce
- Boxed baking mixes
- Boxed breakfast mixes
- Pancake syrup
- Boxed side dishes
- Pasta and rice
- Macaroni and cheese
- Instant mashed potatoes
- Crackers
- Cookies
- Jell-O and pudding mixes
- Peanut butter
- Jelly
- Ketchup - condiments
- Granola bars
- Microwave popcorn
- Snacks – pretzels, chips, etc.

Personal / Household Items *

- Deodorant
- Hand soap
- Body soap
- Dish soap
- Detergent
- Toilet paper
- Paper towels
- Kleenex

*Denotes items that cannot be purchased with food stamps.

Sodium / sugar / gluten free and low fat items are also appreciated for our clients with dietary restrictions.

We are unable to accept medicines of any kind or home canned items.