

# The Center at Spring Street

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc. Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way and the United Way of Berks County, and is also partially funded by the Pennsylvania Department of Aging through Berks County Area Agency on Aging and Aging and Adult Service of Montgomery County.

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|--|--|---|---|---|---|--|
| <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <h2 style="color: green; margin: 0;">MARCH</h2> <h2 style="color: green; margin: 0;">2019</h2> </div> <div style="text-align: center;">  <p><b>200 West Spring Street</b><br/>Boyertown, PA 19512<br/>610-367-2313</p> </div> <div style="text-align: center;">  <p>Helping People, Strengthening Communities</p> <p><a href="http://www.boyertownareamulti-service.org">www.boyertownareamulti-service.org</a></p> <p> @ Boyertown Area Multi-Service</p> </div> </div> |  |   |   |   |   |  |
|  |  |   |   | DAILY ACTIVITIES...<br>Pinochle & Other Card Games<br>Quilting<br>Shuffleboard<br>Rummikub & Other Games<br>Billiards & Table Tennis  | <b>8 Early Bird Breakfast</b><br>9 Cards and Games<br>9:30 Yoga w/Fran<br>10:30 Move & Groove w/Fran<br>11 Chair Yoga w/Fran<br>1 BINGO<br>1:30 Basic Computer Class- Session 6<br>Enjoy a "Weekend" Word Search                            | <b>2</b><br>9 Yoga w/Fran<br>10:15 Move & Groove w/Fran  |
| <b>3</b><br>9 Cards and Games<br>9:30 "Making St. Patrick's Day Center's Pieces" w/ Karen & Jen<br>10:30 Exercise w/Mihae/Lily<br>1 BINGO<br>6-7 Yoga  | <b>4</b><br>9:30 Move & Groove in Chairs<br>10:15 Drumming Up Fitness w/Fran<br>12:45 Wii Bowling<br>1 "Rules of the Road" by Bonnie Thompson<br>1-3 Swim Time @ YMCA<br>5 Supper Club @ The Pit Stop<br>6-9 BINGO Nite  | <b>5</b><br>9:10 Yoga w/Fran<br>10 Blood Pressure & Weight by Chestnut Knoll<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1 "Getting Your Prescription for Less" by Lori Boukrouche<br>1-4 "Golden Texas Hold 'Em"     | <b>6</b><br>9 Cards and Games<br>10 AAA Driver Improvement (4 hrs)<br>9:10 Yoga w/Fran<br>10 Nutritional Tips for a Healthier You by Beth Biehl, SE Home Health<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1 Bridge  | <b>7</b><br>9 Cards and Games<br><b>10 Wii Bowling Tournament</b><br>"Mature Driving Safety" by Tara-Highway Safety Network<br>2 Chorus Rehearsal   | <b>8</b><br><b>8 Early Bird Breakfast</b><br>9 Cards and Games<br>9:30 Yoga w/Fran<br>10:30 Move & Groove w/Fran<br>11 Chair Yoga w/Fran<br>1 BINGO<br>7-10:00 <b>Friday Nite Dance</b><br>"The Majestics"                                  | <b>9</b><br>9 Yoga w/Fran<br>10:15 Move & Groove w/Fran  |
| <b>10</b><br>9 Cards and Games<br>9-1 AAA Driver Improvement (8 hrs)<br>10:00 <b>Shuffleboard Tournament</b><br>"Button Craft" w/ Lindsey Cook<br>10:30 Exercise w/Mihae/Lily<br>1 Birthday BINGO<br>6-7 Yoga  | <b>11</b><br>9:30 AAA Driver Improvement (8 hrs)<br>10 Multi-Service Tour<br>10:15 Drumming Up Fitness w/Fran<br>12 Piano Tunes w/Kay Behle<br>1 Balloon Hockey<br>1 "Irish Melodies" Sing-Along<br>4:30 <b>Shuffleboard Tournament</b><br>6-8 Coloring with a Purpose | <b>12</b><br>9 Cards and Games<br>10 AAA Driver Improvement (4 hrs)<br>9:10 Yoga w/Fran<br>10 Nutritional Tips for a Healthier You by Beth Biehl, SE Home Health<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1 Bridge | <b>13</b><br>9 Cards and Games<br>10 AAA Driver Improvement (4 hrs)<br>9:10 Yoga w/Fran<br>10 Nutritional Tips for a Healthier You by Beth Biehl, SE Home Health<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1 Bridge | <b>14</b><br><b>44TH ANNIVERSARY CELEBRATION</b><br>9 Cards and Games<br>9 Wii Bowling<br>1 Musical Entertainment- "Trinidad North Steel Drum Band" by David Gettes<br>1:45 <b>Songsters @ Parkhouse</b>  | <b>15</b><br><b>8 Early Bird Breakfast</b><br>9 Cards and Games<br>9:30 Yoga w/Fran<br>9:30 "Mystery Craft" with Karen & Jen Kulp<br>10:30 Move & Groove w/Fran<br>11 Chair Yoga w/Fran<br>1 Grocery BINGO<br>Enjoy a "Weekend" Word Search | <b>16</b><br>9 Yoga w/Fran<br>10:15 Move & Groove w/Fran |
| <b>17</b><br><b>ST. PATRICK DAY CELEBRATION</b><br>9 Cards and Games<br>10:30 Exercise w/Mihae/Lily<br>1 Musical Entertainment- by Karl Hausman<br>6-7 Yoga  | <b>18</b><br>9 Cards and Games<br>9:30 Move & Groove in Chairs<br>9:30 "Button Craft" w/ Karen & Jen<br>10:15 Drumming Up Fitness w/Fran<br>1 Bean Bag Baseball Practice<br>1 "Cognitive Brain Fitness" Fox Rehab<br>1-3 Swim Time @ YMCA<br>6-9 BINGO Nite            | <b>19</b><br>9:10 Yoga w/Fran<br>10 Hearing Aid Cleaning<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1-4 "Golden" Texas Hold 'Em  | <b>20</b><br>9:10 Yoga w/Fran<br>10 Hearing Aid Cleaning<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 Wii Bowling<br>1-4 "Golden" Texas Hold 'Em  | <b>21</b><br>9 Wii Bowling<br>9:30 "Button Craft" w/ Karen & Jen<br>10 Blood Pressure and Weight by Chestnut Knoll<br>10:30 Exec. Comm. Meeting<br>11 Center Membership Mtg.<br>1 History Revisited "Lenape Life" by Darius Puff<br>1:30 <b>Songsters @ Chesnut Knoll</b> | <b>22</b><br><b>8 Early Bird Breakfast</b><br>9 Cards and Games<br>9:30 Yoga w/Fran<br><b>10 Pool Tournament</b><br>10:30 Move & Groove w/Fran<br>11 Chair Yoga w/Fran<br>1 BINGO<br>Enjoy a "Weekend" Word Search                          | <b>23</b><br>9 Yoga w/Fran<br>10:15 Move & Groove w/Fran |
| <b>24</b><br><b>BIRTHDAY PARTY</b><br>9 Cards and Games<br>9:30 "Painting Glassware" w/ Karen & Jen Kulp<br>10:30 Exercise w/Mihae/Lily<br>1 Musical Entertainment- by Musical Friends<br>6-7 Yoga<br>*Birthday Cake provided by Chestnut Knoll  | <b>25</b><br><b>HOMEMADE SWEETS &amp; TREATS RAFFLE</b><br>9 Cards and Games<br>10:45 Tuesday BINGO<br>1 Wii Bowling<br>1-3 Swim Time @ YMCA<br>1 "Keeping Yourself Healthy" by Dianne Orrison, Health South<br>1 Book Club  | <b>26</b><br>9 Cards and Games<br>9:10 Yoga w/Fran<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 <b>Hasenpfeffer Card Party</b><br>12:45 Wii Bowling<br><b>BUS TRIP- HOTEL ANTHRACITE</b>  | <b>27</b><br>9 Cards and Games<br>9:10 Yoga w/Fran<br>10:10 Move & Groove w/Fran<br>10:30 Mah-Jongg<br>11 Fit & Strong w/Robin<br>12:45 <b>Hasenpfeffer Card Party</b><br>12:45 Wii Bowling<br><b>BUS TRIP- HOTEL ANTHRACITE</b>  | <b>28</b><br>9 Cards and Games<br>9 Wii Bowling<br>10:45 Trivia<br>12:45 <b>Pinochle Card Party</b><br>1:00 Iphone/ Ipad Apple Class<br>1:45 <b>Songsters @ Pennsburg Manor</b><br><b>Bean Bag Baseball</b> @ Walnut Woods  | <b>29</b><br><b>8 Early Bird Breakfast</b><br>9 Cards and Games<br>9:30 Yoga w/Fran<br>9:45 Pick Teams - Shuffleboard Tourn.<br><b>10 Shuffleboard Tournament</b><br>10:30 Move & Groove w/Fran<br>11 Chair Yoga w/Fran<br>1 BINGO          | <b>30</b><br>9 Yoga w/Fran<br>10:15 Move & Groove w/Fran |