

Lifelong Learning Programs March 2019



The Center at Spring Street

A program of Boyertown Area Multi-Service



FREE ADMISSION—OPEN TO ADULTS AGE 55 AND OLDER

“Rules of the Road” by Bonnie Thompson, Edward Jones

Date: Tuesday, March 5, 2019

Time: 1:00-2:00 PM

“Getting Your Prescription for Less” with Lori Boukrouche

Date: Wednesday, March 6, 2019

Time: 1:00-2:00 PM

“Mature Driving Safety” by Tara DeStefano, Highway Safety Network

Date: Thursday, March 7, 2019

Time: 1:00-2:00 PM

“Nutritional Tips for a Healthier You” by Beth Biehl, Southeastern Home Health

Date: Wednesday, March 13, 2019

Time: 10:00-11:00 AM

“Cognitive Brain Fitness” with Andrew Harnish, Fox Rehab

Date: Tuesday, March 19, 2019

Time: 1:00-2:00 PM

History Revisited—“Lenape Life”, by Darius Puff

Date: Thursday, March 21, 2019

Time: 12:45-2:00 PM

“Keeping Yourself Healthy” with Dianne Orrison, Health South

Date: Tuesday, March 26, 2019

Time: 1:00-2:00 PM

“Iphone/ Ipad Apple Class” with Jen Kulp

Date: Thursday, March 28, 2019

Time: 1:00-2:00 PM

Call The Center at Spring Street at 610-367-2313 for more information.

www.boyertownareamulti-service.org

The
Center at *Spring Street*

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Boyertown, PA 19512
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Boyertown Area
Multi Service Inc.
Helping People, Strengthening Communities