

# THE PRIME TIMES

A publication of

The Center at Spring Street

**OCTOBER 2016**

Phone: 610-367-2313 [lbernhard@boyertownareamulti-service.org](mailto:lbernhard@boyertownareamulti-service.org)

## **DATE SAVER NOTICE**

**Tuesday, October 4, 2016**

6:30-8 p.m.

“Coloring With a Purpose”

With Julie Longacre

**Monday, October 10, 2016**

Columbus Day

**Center Closed**

**Wednesday, October 12, 2016**

1 p.m. – Medicare Update

By Virginia Cox

6-8 p.m. - Coupons for a Cause

**Thursday, October 13, 2016**

OKTOBERFEST

11:15 a.m.

Center Membership Meeting

1 p.m. – Musical Entertainment

By The Pretzel Land Band

**Friday, October 14, 2016**

7:30-10:30 p.m.

Friday Nite Dance

“The Majestics”

**Monday, October 31, 2016**

Halloween Celebration &

Birthday Party

1 p.m. Musical Entertainment by

Debi Irene Wahl

## **From Lori’s Desk....**

Fall is upon us and there is so much to look forward to such as cooler weather, beautiful landscapes, football games, Halloween parades and many fun and informative activities at The Center at Spring Street!

To start the fun in October, accomplished local artist, Julie Longacre will be back at the Center for “Coloring with a Purpose” with Julie Longacre on Tuesday, October 4<sup>th</sup> from 6:30-8 p.m. Julie will take you step by step in coloring one of her drawings created exclusively for The Center at Spring Street. This month’s session will feature one of Julie’s drawings of a local historic building in a fall setting. Julie will demonstrate how to overlay colors as well as different types of strokes, cross hatching and how to create depth and contrast. There is no fee for this workshop, however, advance registration if requested. Please register at the Center or by calling the Center at 610-367-2313. Children 5 years of age or older accompanied by an adult are welcome to attend. This will be a wonderful intergenerational evening for the whole family!

October 15<sup>th</sup> will begin the annual Medicare enrollment period and will end on December 7<sup>th</sup>. On Wednesday, October 12<sup>th</sup> at 1 p.m., Boyertown Area Multi-Service’s Over 60’s Case Manager, Virginia Cox will present a “Medicare Update” and offer general information on Medicare. She will also be available during the open enrollment to meet with beneficiaries to assist with plan comparison and enrollment.

If you have not already received your flu and/or pneumonia immunization, please mark your calendar for Friday, October 14<sup>th</sup> when The Medicine Shoppe will be here from 9 a.m. to 12 noon to provide Flu and Pneumonia Immunizations. Medicare will cover the cost for the immunization. Anyone who does not have Medicare will be treated on an individual basis. For those with no insurance coverage, the cost for the Flu Immunization will be \$27. Pre-registration is suggested, but not required.

Just a reminder that the Center will be closed on Monday, October 10<sup>th</sup> in observance of Columbus Day.

**The Center at Spring  
Street**

**is a service of  
Boyertown Area Multi-  
Service, Inc.**

\* \* \* \* \*

**Center Hours  
9:00 A.M. to 4:00 P.M.  
Monday thru Friday**

**“EARLY BIRD” BREAKFAST PROGRAM**

**October 7, 2016**

Pancakes and Sausage

**OR**

Scrambled Eggs, Potatoes and Sausage

**October 14, 2016**

Croissant Sandwich

(bacon, egg, cheese)

**OR**

Scrambled Eggs, Hash Brown, and Bacon

**October 21, 2016**

Creamed Dry Beef on Toast

**OR**

Scrambled Eggs, Hash Brown, and Bacon

**October 28, 2016**

Croissant Sandwich

(bacon, egg, cheese)

**OR**

Morning Mix Up

(eggs, ham, potatoes, cheese and onions)

Served with fruit, muffins or pastry, toast, coffee, tea, juice, cereal – Cost - \$3.00  
Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

\* \* \* \* \*

**THE IMPORTANCE OF COLORECTAL CANCER SCREENING**

On Thursday, October 6<sup>th</sup> at 1 p.m., Family Caregivers will be at the Center to give a very important educational program on “The Importance of Colorectal Cancer Screening”. Learn about the signs and symptoms of colorectal cancer and what treatment options may be available.

\* \* \* \* \*

**COUPONS FOR A CAUSE**

On Wednesday, October 12<sup>th</sup>, from 6 to 8 p.m., please help us support our troops! Military families stationed overseas can use expired coupons to purchase items in the Commissary. Through generous donations from the community, we have coupons! We just need volunteers of all ages to help clip, sort and total these coupons! We’ll have areas set up around the room – you can choose to clip, sort and/or total. We’ll have everything you’ll need.

Since November 2015, we’ve been able to ship hundreds of thousands of dollars’ worth of coupons to several different military bases! A HUGE thank you to the **Boyertown American Legion – Charles B. Yerger Post 471** for their generous donation to help cover the cost of the postage! Together, we are helping our military families overseas!

\* \* \* \* \*

**HALLOWEEN PARADE**

The Boyertown Halloween Parade will be held on Saturday, October 22<sup>nd</sup> at 7 p.m. with a rain date of Sunday, October 23<sup>rd</sup> and 2 p.m. The Center at Spring Street will be participating in the parade again this year with the Boyertown Area Multi-Service/The Center at Spring Street bus. We are looking for volunteers to ride the bus through the parade. We will meet at the Center at 5 p.m. to board the bus and head to the starting point for the parade. Everyone will be treated to a sandwich and a beverage before the start of the parade and treats during the parade. Please join us for a frightfully fun night! If interested in joining us, please sign up at the Center or call the Center at 610-367-2313. Seating is limited!

\* \* \* \* \*

**AARP SMART DRIVER COURSE**

Cars have changed over the years and so have traffic rules, driving conditions and the roads you travel every day. An AARP Smart Driver course will teach you the current rules of the road, defensive driving techniques and how to operate your vehicle more safely in today’s increasingly challenging driving environment.

The Center will be hosting a 4 hour “Refresher” AARP Smart Driver Course on Wednesday, October 26<sup>th</sup>, from 9:15 a.m. to 1:15 p.m. The cost is \$15 for AARP members and \$20 for non-members. Please sign up at the Center or by calling the Center at 610-367-2313.

\* \* \* \* \*

**MULTI-SERVICE TOUR**

Please join us on Tuesday, October 11<sup>th</sup> at 10 a.m. to learn something new about Boyertown Area Multi-Service! Sign up for the tour at the Center or by calling 610-367-2313.

## FALLING LEAVES

Little leaves fall softly down,  
Red and yellow, orange and brown.  
Whirling, twirling round and round,  
Falling softly to the ground.

Little leaves fall softly down,  
To make a carpet on the ground.  
Then, swish, the wind comes whistling by,  
And sends them dancing to the sky.



\* \* \* \* \*



## HAPPY BIRTHDAY TO OUR OCTOBER CELEBRANTS!!

01 Gloria Webster	09 Gordon Mack	15 Olivia Schoenly	23 Margaret Rubendall	27 Judith Kingsepp
01 Robert Tremer	09 Doris Hunsberger	16 Lawrence Antonio	23 Whitney Steinman	27 Richard Peterman
01 Sharon Meschter	09 Susan Ramsay	16 Virginia Gamler	23 Elizabeth Bush	28 Deborah Seyler
01 Lloyd Zimmerman	09 Tanna Wagner	17 Virginia Cox	23 Karen Parks	28 Annabel Frain
02 Thelma Borchelt	10 Donna Wetzel	17 Joseph Nichols	23 Dale Schrupp	28 Linda Harpel
02 Mary Kalinowski	10 Dolores Cothran	18 Elizabeth Pascavage	24 Kathleen Minner	28 Patricia Depiera
03 Stuart Spohn	10 Rita Schott	18 Patricia Reider	24 Patrick Clifford	28 Linda Quinn
04 Kathleen Carragher	11 Richard Freed	20 Carl Moser	24 Joan Clifford	29 Maria Armino
04 Betty Meyers	11 Lori Oister	20 Francis McClafferty	24 Marian Rose	29 Linda Bobar
04 Shirley Neubauer	12 Richard Welder	20 Dennis Miller	24 Daniel Stapleford	29 Adam Brandt
05 Michelina Baldassarre	12 John Albright	20 Grace Pirog	24 Ronald Neiman	29 Sharon Weller
05 Dolores Townsley	12 Sharon Smith	20 Joseph Madaras	25 Shirley Horner	30 Eileen McCormick
06 Laura Boyd	13 Fern Readinger	20 Debra Brauner	25 Mary Stoudt	30 Catherine Biever
06 Gretchen Hyneckeal	14 Mildred Kaas	21 Aloma Nagel	25 Sherwood Hallman	30 Carol Adams
06 Mary Lou Kuser	14 Diane Schaeffer	21 Ken Hoch	25 Ruth Ann Good	30 Daniel Shirey
07 Patricia Reitnauer	14 Dave Gamler	21 Jacob Werstler	25 Edward Lopuski	31 Gerri Rhoads
07 Margaret Schiefer	15 Mike Prentice	22 Raymond Langan, Sr.	25 Larry Royer	
07 Marshall Tress	15 Betty Stauffer	22 Penny Searfoss	25 Donald Stauffer	
09 Donald Losch	15 Delores Weiss	23 Richard Ludy	26 Catherine Webb	



## THE CENTER AT SPRING STREET BULLETIN BOARD



### MEMBERSHIP

Please check your membership card for your renewal date!

### GET WELLS

Fern Yerger  
Dolores Schaeffer  
Janet Moyer

### OUR DEEPEST SYMPATHY TO THE FAMILY & FRIENDS OF:

Elva Bechtel  
Denton Gottshall



### “INVITATION”

**October celebrants** are invited to celebrate their birthday at the Center on Monday, October 31, 2016, from 10 A.M. to 2 P.M.

Entertainment by: Debi Irene Wahl

R.S.V.P. (610) 367-2313, by Monday, October 24, 2016

**Please bring your current membership card to receive a complimentary meal.**

# The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>9 Cards and Games 9:30 Light &amp; Lively w/Mary 10:30 Strengthen &amp; Tone w/Mary 1 BINGO</p>	<p><b>4</b></p> <p>9:30 Wacky Walking w/Mary 10 Coupon Club 10:30 Strengthen &amp; Tone w/Mary 12:45 Sit &amp; Get Fit w/Fran 1 Computer Class - Basic 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6:30-8 "Coloring with a Purpose" with Julie Longacre</p>	<p><b>5</b></p> <p>9:10 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 10:45 Fit &amp; Strong w/Robin 12:45 Wii Bowling 1 Computer Class - Intermediate 1-4 <b>"Golden Texas Hold 'Em"</b></p>	<p><b>6</b></p> <p>9 Cards and Games 9 Wii Bowling 9:30 Pool Tournament 10:30 Bean Bag Baseball Practice 1 "The Importance of Colorectal Cancer Screening" by Family Caregivers 2 Chorus Rehearsal</p>	<p><b>7</b></p> <p><b>8 Early Bird Breakfast</b> 9 Cards and Games 9:45 Pick Teams for Wii Bowling Tourn. 10 <b>Wii Bowling Tournament</b> 1 BINGO</p> <p>Enjoy a "Weekend" Word Search</p>
<p><b>10</b></p>  <p><b>COLUMBUS DAY</b> <b>CENTER CLOSED</b></p>	<p><b>11</b></p> <p>9:30 Wacky Walking w/Mary 10 Multi-Service Tour 10:30 Strengthen &amp; Tone w/Mary 12 Piano Tunes w/Kay Behle 12:45 Sit &amp; Get Fit w/Fran 1 Computer Class - Basic 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite</p>	<p><b>12</b></p> <p>9:15-1:15 AAA Driver Improvement (8hrs) 9:10 Yoga w/Fran 10 "The 6 L's of Caring &amp; Coping" 10:30 Mah-Jongg 10:45 Fit &amp; Strong w/Robin 1 Bridge/Computer Class-Inter. 1 "Medicare Update" by Ginny Cox 6-8 Coupons for a Cause</p>	<p><b>13</b></p> <p><b>OKTOBERFEST</b> 9 Wii Bowling 9:15-1:15 AAA Driver Improvement (8hrs) 10 Coloring Club 10:30 Exec. Comm. Meeting 11:15 Center Membership Mtg. 1 Musical Entertainment by The Pretzel Land Band NO Chorus Rehearsal</p>	<p><b>14</b></p> <p><b>8 Early Bird Breakfast</b> 9-12 Flu Immunizations-Medicine Shoppe 9 Wii Bowling 10:30 Walk &amp; Talk 11 Chair Yoga w/Fran 12:30 <b>Songsters @ Keystone Villa</b> 1 BINGO 7:30-10:30 <b>Friday Nite Dance</b> "The Majestics"</p>
<p><b>17</b></p> <p>9 Cards and Games 9:30 Light &amp; Lively w/Mary 10:30 Strengthen &amp; Tone w/Mary 1 Birthday BINGO</p>	<p><b>18</b></p> <p>9 Cards and Games 9 "Savvy Saving Seniors" by Richard Fad 9:30 Wacky Walking w/Mary 10:30 Strengthen &amp; Tone w/Mary 12:45 Sit &amp; Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 5:30 Supper Club @ Potts &amp; Penn</p>	<p><b>19</b></p> <p><b>BUS TRIP - Sight &amp; Sound</b> 9:10 Yoga w/Fran 10 Hearing Aid Cleaning-Kevin Rowley Advanced Hearing Aid Center 10:30 Mah-Jongg 10:45 Fit &amp; Strong w/Robin 12:45 Wii Bowling 1-4 <b>"Golden Texas Hold 'Em"</b> 2 <b>Bean Bag Baseball Tourn.</b> at Walnut Woods</p>	<p><b>20</b></p> <p>9 Wii Bowling 10 BINGO Walking for Seniors BASH Memorial Stadium Track 10 Blood Pressure and Weight by Bayada Nurses 12:45 History Revisited - "We Shall Remain" by Darius Puff 1 <b>Songsters @Hearthstone,Amity</b></p>	<p><b>21</b></p> <p><b>8 Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 10 Visit from YMCA Preschool 10:30 Walk &amp; Talk 11 Chair Yoga w/Fran 1 BINGO</p> <p>Enjoy a "Weekend" Word Search</p>
<p><b>24</b></p> <p>9 Cards and Games 9:30 Light &amp; Lively w/Mary 10:30 Strengthen &amp; Tone w/Mary 1 "CyberKnife - A High-Tech Tool in the Fight Against Cancer" by Richard Wegener, Pottstown Memorial Regional Cancer Center</p>	<p><b>25</b></p> <p><b>HOMEMADE SWEETS &amp; TREATS RAFFLE</b> 9 Cards and Games 9:30 Wacky Walking w/Mary 10:45 Tuesday BINGO 12:45 Sit &amp; Get Fit w/Fran 1 Book Club 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite</p>	<p><b>26</b></p> <p>9 Cards and Games 9:10 Yoga w/Fran 9:15-1:15 AARP Smart Driver (4hrs) 10:30 Mah-Jongg 10:45 Fit &amp; Strong w/Robin 12:45 Wii Bowling 1 <b>Hasenpfeffer Card Party</b></p>	<p><b>27</b></p> <p>9 Cards and Games 9 Wii Bowling 10:30 Bean Bag Baseball Practice 1 <b>Pinochle Card Party</b> 2 Chorus Rehearsal</p>	<p><b>28</b></p> <p><b>8 Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 9:45 Pick Teams - Shuffleboard Tourn. 10 <b>Shuffleboard Tournament</b> 10:30 Walk &amp; Talk 11 Chair Yoga w/Fran 1 BINGO</p>
<p><b>31</b></p> <p><b>HALLOWEEN CELEBRATION &amp; BIRTHDAY PARTY</b> 9 Cards and Games 9:30 Light &amp; Lively w/Mary 10:30 Strengthen &amp; Tone w/Mary 1 Musical Entertainment by Debi Irene Wahl</p> <p>*Birthday Cake provided by Chestnut Knoll</p>	 <h1 style="color: red; text-decoration: underline;">OCTOBER</h1> <h1 style="color: red; text-decoration: underline;">2016</h1> 			<p>Enjoy a "Weekend" Word Search <b>DAILY ACTIVITIES...</b> Pinochle &amp; Other Card Games Quilting Shuffleboard Rummikub &amp; Other Games Billiards Book Swap Good Coffee &amp; Great Company!</p>

## THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from **The Gilbertsville Shopping Center** unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.

Please make your check payable to:

### The Center at Spring Street

Bus Trip Registration:

Monday, Wednesday & Friday

10:30 a.m. to 12 noon – Esther & Carl Witzel



You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Esther & Carl Witzel

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

## 2016 BUS TRIP SCHEDULE

### NOVEMBER 16, 2016 – HOLLYWOOD CASINO

#### Slot Play - TBA

Register by: September 21, 2016

Cost: Member: \$30.00                      Non Member: \$32.00

### DECEMBER 7, 2016 – AMERICAN MUSIC THEATRE

#### SHOW: "THE CHRISTMAS SHOW"


Lunch on own at Cracker Barrel

Register by: October 10, 2016

Cost: Members: \$64.00                      Non Members: \$66.00

# October 2016

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Pineapple Tidbits Italian Sausage Macaroni &amp; Cheese Stewed Tomatoes Fresh Apple</p>	<p>4</p> <p>Lettuce w/Hot Bacon Dressing Roast Turkey w/Gravy Mashed Potatoes Peas &amp; Carrots Cranberry Fruited Jello</p>	<p>5</p> <p>Cole Slaw Hamburger on Roll French Fries Corn Ice Cream</p>	<p>6</p> <p>Mandarin Oranges Baked Chicken Oven Brown Potatoes 5-Mixed Vegetables Chocolate Pudding</p>	<p>7</p> <p>Fruit Cocktail Spaghetti w/Meatballs Broccoli Angel Food Cake</p>
<p>10</p>  <p><b>COLUMBUS DAY CENTER CLOSED</b></p>	<p>11</p> <p>Applesauce Hunter's Chicken w/Gravy Mashed Potatoes California Mixed Vegetables Fresh Apple</p>	<p>12</p> <p>Sweet/Sour Cucumber Salad Meatloaf Red Potato Broccoli Pineapple Tidbits</p>	<p>13</p> <p>Vegetable Soup BBQ Baked Chicken Leg Tater Tots Yellow Corn Mandarin Oranges/Vanilla Pudding</p>	<p>14</p> <p>Sliced Peaches Crab Cake &amp; Tartar Sauce Rice Pilaf Green Beans Ice Cream</p>
<p>17</p> <p>Pears Salisbury Steak w/Gravy Mashed Potatoes Peas Butterscotch Pudding</p>	<p>18</p> <p>Three Bean Salad Stuffed Pepper w/Tomato Sauce Roasted Potatoes Harvard Beets Fruit Cocktail</p>	<p>19</p> <p>Applesauce Chicken Pie Jello Juice</p>	<p>20</p> <p>SOUP AND SALAD</p>	<p>21</p> <p>Pineapple Ham Steak Candied Sweet Potato Brussel Sprouts Ice Cream</p>
<p>24</p> <p>Diced Peaches Chicken Cordon Bleu Buttered Pasta California Blend Vegetables Tapioca Pudding</p>	<p>25</p> <p>Applesauce Pork Roast w/Gravy Mashed Potatoes Sauerkraut Pineapple Tidbits</p>	<p>26</p> <p>Tomato, Cucumber &amp; Onion Salad Beef BBQ on Roll Tater Tots Broccoli Pound Cake</p>	<p>27</p> <p>Garden Salad Chicken Pot Pie 5-Mixed Vegetables Fresh Orange</p>	<p>28</p> <p>Sliced Pears Stuffed Cabbage Mashed Potatoes Green Beans Fresh Apple</p>
<p>31</p> <p>Mandarin Oranges Oven Fried Chicken Scalloped Potatoes Winter Mix Birthday Cake</p>		<p>Menu is subject to change!</p>	<p><b>MENU</b></p>	<p>Diabetic desserts are available up request.</p>



200 West Spring Street • Boyertown, PA 19512

**DATED MATERIAL**

NON PROFIT  
BULK RATE  
BOYERTOWN, PA  
U.S. POSTAGE PAID  
PERMIT NO. 10033

**THE CENTER AT SPRING STREET**  
**OFFICERS**

President: William Zollers  
Vice President: John Novak  
Secretary: Maria Armino  
Assistant Secretary: Eugene Rohrbach  
Treasurer: Janet Geraghty  
Assistant Treasurer: Jane Hopple

**VOLUNTEER HOURS**

During the month of August, 2016  
our volunteers gave a total of

3,363 hours

of service for our Center!

**Total for 2016: 23,859 hours**  
**THANK YOU, VOLUNTEERS!**

\* \* \* \* \*

“The achievements of an organization are the  
results of the combined effort of each  
individual.”

*Author: Vince Lombardi*

**MULTI-SERVICE STAFF**

Executive Director: Karen Youse  
Bookkeeper/Administrative Asst: Tracey Bilanin  
Over 60 Case Manager: Ginny Cox  
Under 60 Case Manager: Amy Davies  
Meals on Wheels Case Manager: Diane Joyce  
Food Program Manager: Nancy Kremm  
Receptionist/Transportation Coordinator:  
Karen Trout  
Volunteer Coordinator: Barbara Bernier  
Development and Public Relations:  
Tanna Wagner  
Clerical Assistant: Mary Stevenson  
Center Director: Lori Bernhard  
Assistant Center Director: Patricia Petrauskas  
Center Receptionist: Fran Doaty  
Program Coordinator/ PR: Debra Brauner  
Bus Drivers: Bob Eichert, Ken Ertman,  
Sam Gaugler  
Executive Chef: Christopher Mest  
Prep Chef: Ursula Wieland  
Facility Manager: Greg Rothenberger  
Custodian: Russell Bouchat  
Rental Staff Person: Edward Adamski  
Editor: Lori Bernhard  
Typist: Tracey Bilanin