

# THE PRIME TIMES

A publication of

The Center at  
*Spring Street*

**AUGUST 2016**

Phone: 610-367-2313 [lbernhard@boyertownareamulti-service.org](mailto:lbernhard@boyertownareamulti-service.org)

## DATE SAVER NOTICE

### **GRANDCHILDREN'S DAY**

**"The Cat in the Hat"**

Thursday, August 4, 2016

1 p.m. – BINGO

### **"6 WISE LESSONS ON AGING"**

**Monday, August 8, 2016**

1 p.m.–"6 Wise Lessons on Aging"

By Linda Detweiler

Chestnut Knoll at Home

**Thursday, August 11, 2016**

11:15 a.m. – Membership Meeting

1 p.m. Musical Entertainment by

Ed Podziomek

**Friday, August 26, 2016**

10 a.m. – Shuffleboard

Tournament

**Tuesday, August 23, 2016**

Homemade Sweets & Treats Raffle

10:45 a.m. – Tuesday BINGO

**Monday, August 29, 2016**

Birthday Party

1 p.m. – Musical Entertainment by

Sonny & the SOS Gang

**Thursday, August 31, 2016**

Stamp Display – "Everybody

Needs a Little Humor"

By Russ Foss

## **From Lori's Desk....**

The Center will be celebrating grandchildren on Grandchildren's Day – "The Cat in the Hat" on Thursday, August 4<sup>th</sup>. We invite you to bring your grandchildren to the Center to join you for a day of fun at the Center. There will be pool, shuffleboard, Wii Bowling, Bean Bag Toss, Ping Pong and BINGO. The kid friendly meal will include applesauce, chicken fingers, chips, and ice cream. We're asking everyone to wear a hat and the crazier the better! There will also be an opportunity for family photos!

The Center will be holding BINGO Nite on Tuesday, August 2<sup>nd</sup>, August 16<sup>th</sup>, and August 30<sup>th</sup>, from 6-9 p.m. The doors will open at 4 p.m., with refreshments available to purchase. We offer hamburgers and hot dogs, soup, snacks and desserts. Bingo will begin at 6 p.m. and prizes include meat, grocery, and small cash prizes. There is a 50/50 and a U Pick Em game as well at door prizes. Admission is \$3 for the first double hard card and \$.25 cents for each additional double hard card. All Center members receive a free card with their Center membership card. Join us for an evening of good food and lots of fun!

On Monday, August 8<sup>th</sup> at 1 p.m., Linda Detweiler of Chestnut Knoll at Home Services will offer a presentation on "6 Wise Lessons on Aging". Aging gracefully can present challenges. Roll Models like Betty White or George Clooney can show us how it's done. The animal realm can teach some things as well. Many amazing creatures can teach us a lot about finding pleasure in life.

The Center will be holding its Friday Nite Dance on Friday, August 12<sup>th</sup>, from 7:30-10:30 p.m. with "The ChasBand" providing the dance music for the evening. The doors will open at 6:30 p.m. and there will be light refreshments available to purchase. Admission is \$5 for Center members with Center membership card and \$6 for non-members.

Please note that on Tuesdays starting in August, there will be only one morning exercise program – Strengthen & Tone with Mary will now be held at 10 a.m. This is a free style class using hand weights, bands and balls to strengthen and tone your body.

**The Center at Spring  
Street**

**is a service of  
Boyertown Area Multi-  
Service, Inc.**

\*\*\*\*\*

**Center Hours**

**9:00 A.M. to 4:00 P.M.**

**Monday thru Friday**

## “EARLY BIRD” BREAKFAST PROGRAM



### AUGUST 5, 2016

Croissant Sandwich  
(egg, bacon, cheese)

OR

Scrambled Eggs, Hash Browns, Bacon

### AUGUST 12, 2016

French Toast and Sausage

OR

Golden Oven Omelet and Sausage

### AUGUST 19, 2016

Croissant Sandwich  
(egg, bacon, cheese)

OR

Scrambled Eggs, Potatoes, Bacon

### AUGUST 26, 2016

Creamed Dry Beef on Toast

OR

Waffles and Bacon

Served with fruit, muffins or pastry, toast,  
coffee, tea, juice, cereal – Cost - \$3.00

Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

\* \* \* \* \*

## BLOOD PRESSURE & WEIGHT CHECKS

On Wednesday, August 3<sup>rd</sup> at 10 a.m.,  
Chestnut Knoll will be providing blood pressure  
and weight checks at the Center.

On Thursday, August 18<sup>th</sup> at 10 a.m.,  
BAYADA Nurses will be providing blood  
pressure and weight checks.

\* \* \* \* \*

## GOLDEN TEXAS HOLD ‘EM TOURNAMENT

The Center will be holding a Golden  
Texas Hold ‘Em Tournament on Wednesday,  
August 3<sup>rd</sup>, Wednesday, August 17<sup>th</sup>, and  
Wednesday, August 31<sup>st</sup> from 1 to 4 p.m. All  
levels of players are invited, however, some  
knowledge of the game is necessary and there  
is a \$5 buy in to play. Winners take home cash  
prizes. If interested, please sign up at the  
Center or by calling the Center at 610-367-  
2313.



## ICE CREAM TREAT AT DAIRY QUEEN

The Center will be heading to Dairy  
Queen to enjoy a cold, delicious ice cream  
treat on Wednesday, August 10<sup>th</sup> at 12:45 p.m.  
Bus transportation will be available with a “free  
will” donation for the bus or you can meet us  
there. Ice cream will be “Dutch Treat” with  
each person paying their own. If you are  
interested in joining us for an ice cream treat,  
please sign up at the Center or by calling the  
Center at 610-367-2313.

\* \* \* \* \*

## THE MEMORY LANE PROJECT

Everyone has a story to tell! On  
Monday, August 22<sup>nd</sup> at 1 p.m., Jennifer Feld  
will provide simple prompts to help you put  
your unique story on paper. Learn how to  
create a memorable keepsake for your loved  
ones to cherish for years to come! Please  
bring a 3-ring binder or journal of your own  
choosing. Register at the Center or by calling  
the Center at 610-367-2313.

\* \* \* \* \*

## EVERYBODY NEEDS A LITTLE HUMOR

On Wednesday, August 31<sup>st</sup> at 1 p.m.,  
Stamp Collector, Russ Foss will be sharing 64  
pages of humor on stamps collected from 40  
different countries. Mr. Foss’ display will cover  
three tables! These unusual stamps will bring  
back memories of comics of days gone by!

\* \* \* \* \*

## BOOK CLUB

If you enjoy reading, come join our book  
Club at the Center. We select books to read  
and then discuss them. We meet the 4<sup>th</sup>  
Tuesday of the month at 1 p.m. On Tuesday,  
August 23<sup>rd</sup>, we will be discussing *A Winter  
Dream*, by Richard Paul Evans.

\* \* \* \* \*

## BOYERTOWN AREA MULTI-SERVICE TOUR

Come join our staff and volunteers for  
an engaging tour of Multi-Service and The  
Center at Spring Street on Monday August 8<sup>th</sup>  
at 10 a.m. If interested, please sign up at the  
Center or by call the Center at 610-367-2313.  
Come see what’s new and exciting under the  
Multi-Service roof!

# The Cat In The Hat

By Dr. Seuss

Then our mother came in  
 An she said to us two,  
 "Did you have any fun?  
 Telll me. What did you do?"  
 And Sally and I did not  
 Know what to say.



Should we tell her  
 The things that went on  
 There that day?  
 Well . . . what would YOU do  
 If your mother asked you?

\* \* \* \* \*



## HAPPY BIRTHDAY TO OUR AUGUST CELEBRANTS!!!



- |                        |                       |                        |                       |                     |
|------------------------|-----------------------|------------------------|-----------------------|---------------------|
| 01 Fay Slonaker        | 07 Jo Kircher         | 12 John Cooley         | 20 Shirley Batts      | 25 Doris Langan     |
| 01 Judy Albright       | 07 Becky Rothenberger | 12 Lewis Mest          | 20 Vincenza Snyder    | 25 Elke Sibalic     |
| 01 Jean Ann Longacre   | 07 Dolores Dunn       | 14 John Boyer          | 21 Allen Dyer         | 25 Jane Starr       |
| 01 Gloria Marriott     | 08 Arlene Dewalt      | 14 Terry Shillady      | 21 Dallas Leister     | 25 Jean Wiest       |
| 01 Erma Durante        | 08 Bill Kinckiner     | 14 Carol Baas          | 21 Janice Gamler      | 25 Earl Gamler      |
| 02 Samuel Gaugler      | 08 Gail Norton        | 14 Jo Anne Hoey        | 21 Diane Campbell     | 25 Barbara Neiman   |
| 02 Patricia Mack       | 08 Linda Quinby       | 15 Carlene Losch       | 22 Charline Milbourne | 25 Barbara Yoder    |
| 03 Robert Theisen      | 09 Katherine McGuire  | 16 Christine Stavinski | 22 Edward Kerner      | 26 Eva Kehler       |
| 03 Betty Gilbert       | 09 Nancy Foxhill      | 16 Walter Eberhart     | 22 Una Ann Godshall   | 26 Harry Stone      |
| 03 Cynthia Gordon      | 09 Hope Bernhard      | 16 Marlene Smith       | 22 Merle Freese       | 27 Kurt Hansen      |
| 03 Wayne Soles, Sr.    | 09 Ruth Gordon        | 16 Edward Conrad       | 23 Rita Hartman       | 27 Donna Welder     |
| 03 Virga Brown         | 10 Thelma Simmons     | 18 Thomas Galloway     | 23 Janice Evans       | 27 LaRue Sheetz     |
| 04 Nevin Weil          | 10 Richard Stauffer   | 18 Peter Schnore       | 23 John Sorg          | 28 Elsie Boerner    |
| 04 Elaine Musser       | 11 Elva Bechtel       | 18 Carl Schott         | 23 Dottie Roth        | 28 Jean Hegeman     |
| 04 Betty Vonhohen      | 11 Jean Stauffer      | 18 Ronald Cressman     | 24 David Yergey       | 29 Marge Yanalavage |
| 05 Bruce Blankenbiller | 11 Alvin Behm         | 19 George Mock         | 24 Marlene Zohe       | 30 David Sterling   |
| 05 Sandra Smith        | 12 Patricia Lamm      | 19 Andrew Kandrick     | 24 Gladys Hollowbush  | 31 Joan Rightley    |
| 06 Nancy Boettner      | 12 Fay Ludy           | 20 Phoebe Fagley       | 24 Victor Jacketti    | 31 Mary Perkins     |
| 07 Winnie Pitzonka     | 12 Ilona Kauffman     | 20 Hans Scherer        | 25 Roberta Lucarelli  | 31 Jean Dengler     |

\* \* \* \* \*

## THE CENTER AT SPRING STREET BULLETIN BOARD

### MEMBERSHIP

Please check your membership card for your renewal date!

### GET WELLS

Marjorie Bower  
 Julia Butt  
 Carolyn Schock

### OUR DEEPEST SYMPATHY TO THE FAMILY & FRIENDS

Elaine Mutter



### "INVITATION"

**August celebrants** are invited to celebrate their birthday at the Center on Monday, August 29, 2016

Entertainment by: Sonny & the SOS Gang

R.S.V.P. (610) 367-2313, by Monday, August 22nd.

Please bring your current membership card to receive a complimentary meal.

# The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 BINGO	<b>2</b> 9 Cards and Games 10 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio  6-9 BINGO Nite	<b>3</b> 9 Cards and Games 9:10 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1-4 <b>"Golden Texas Hold 'Em"</b>	<b>4</b> <b>GRANDCHILDREN'S DAY</b> "The Cat in the Hat" 9 Cards and Games 9:15-11:30 Games 9:15-11:15 Photos w/Jason Roberts 1 BINGO	<b>5</b> <b>Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga w/Fran 1 BINGO Enjoy a "Weekend" Word Search
<b>8</b> 9 Cards and Games 9:30 Light & Lively w/Mary 10 Multi-Service Tour 10:30 Strengthen & Tone w/Mary 1 "6 Wise Lessons on Aging" by Linda Detweiler Chestnut Knoll at Home	<b>9</b> 9 Cards and Games 10 Strengthen & Tone w/Mary 12 Piano Tunes w/Kay Behle 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio  5:30 Supper Club @ Brookside	<b>10</b> 9 Cards and Games 9:10 Yoga w/Fran 10 "The Conversation Project" by Beth Hiriak, SE Home Health 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Trip to Dairy Queen 12:45 Wii Bowling	<b>11</b> 9 Cards and Games 9 Wii Bowling 10 Coupons for a Cause 10:30 Exec. Comm. Meeting 11:15 Membership Meeting 1 Musical Entertainment by Ed Podziomek	<b>12</b> <b>Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga w/Fran 1 BINGO  7:30-10:30 <b>Friday Nite Dance</b> "The ChasBand"
<b>15</b> 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 Birthday BINGO	<b>16</b> 9 Cards and Games 10 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio  6-9 BINGO Nite	<b>17</b> <b>BUS TRIP-Dutch Apple Dinner Theater</b> 9:10 Yoga w/Fran 10 Hearing Aid Cleaning-Kevin Rowley Advanced Hearing Aid Center 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 12:45 <b>Bean Bag Baseball Tourn.</b> 1-4 <b>"Golden Texas Hold 'Em"</b>	<b>18</b> 9 Cards and Games 9 Wii Bowling 10 BINGO Walking for Seniors Indoors - Gilbertsville YMCA 10 Blood Pressure and Weight by Bayada Nurses 12:45 History Revisited - "We Shall Remain- America Through Native Eyes" - by Darius Puff	<b>19</b> <b>Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga w/Fran 1 BINGO Enjoy a "Weekend" Word Search
<b>22</b> 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 "The Memory Lane Project" by Jennifer Feld	<b>23</b> <b>HOMEMADE SWEETS &amp; TREATS RAFFLE</b> 9 Cards and Games 9 Wii Bowling 10:45 Tuesday BINGO 12:45 Sit & Get Fit w/Fran 1 Book Club 1-3 Swim Time @ YMCA 1:30 Open Art Studio	<b>24</b> 9 Cards and Games 9:10 Yoga w/Fran 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 <b>Hasenpfeffer Card Party</b>	<b>25</b> 9 Cards and Games 9 Wii Bowling 10:30 Bean Bag Baseball Practice 12:45 Travelogue - "Earth's Natural Wonders - Extreme Wonders" 1 <b>Pinochle Card Party</b>	<b>26</b> <b>Early Bird Breakfast</b> 9 Cards and Games 9 Wii Bowling 9:45 Pick Teams - Shuffleboard Tourn. 10 <b>Shuffleboard Tournament</b> 10:30 Walk & Talk 11 Chair Yoga w/Fran 1 BINGO
<b>29</b> <b>BIRTHDAY PARTY</b> 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 Musical Entertainment by Sonny & the SOS Gang  *Birthday Cake provided by Chestnut Knoll	<b>30</b> 9 Cards and Games 10 Strengthen & Tone w/Mary 1 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio  6-9 BINGO Nite	<b>31</b> 9 Cards and Games 9:10 Yoga w/Fran 10 Stamp Display - "Everybody Needs a Little Humor" by Russ Foss 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1-4 <b>"Golden Texas Hold 'Em"</b>	<b>AUGUST</b>  <b>2016</b>	

**DAILY ACTIVITIES...**  
 Pinochle & Other Card Games  
 Quilting  
 Shuffleboard  
 Rummikub & Other Games  
 Billiards  
 Book Swap  
 Good Coffee & Great Company!

# THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from **The Gilbertsville Shopping Center** unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.  
Please make your check payable to:

## The Center at Spring Street



Bus Trip Registration:  
Monday, Tuesday, Wednesday & Friday  
10:30 a.m. to 12 noon – Esther & Carl Witzel

You are also welcome to mail your deposit to:  
The Center at Spring Street  
Attn: Esther & Carl Witzel  
200 West Spring Street  
Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.  
A doctor's excuse will be required within **5 (five) business days** of the trip date.  
Any other cancellations will receive refunds only if the space can be refilled.

## 2016 BUS TRIP SCHEDULE

### SEPTEMBER 14, 2016 – HUNTERDON HILLS PLAYHOUSE

SHOW – “SQUABBLES”

Enjoy a meal and a show.

Register by: July 15, 2016

Cost: Member: \$83.00                      Non Member: \$85.00

### OCTOBER 19, 2016 – SIGHT & SOUND

SHOW – “SAMSON”

Lunch on own at Cracker Barrel

Register by: August 12, 2016

Cost: Member: \$77.00                      Non Member: \$79.00

### NOVEMBER 16, 2016 – HOLLYWOOD CASINO

Slot Play - TBA

Register by: September 21, 2016

Cost: Member: \$30.00                      Non Member: \$32.00

### DECEMBER 7, 2016 – AMERICAN MUSIC THEATRE

SHOW: “THE CHRISTMAS SHOW”

Lunch on own at Cracker Barrel

Register by: October 10, 2016

Cost: Members: \$64.00                      Non Members: \$66.00

# AUGUST 2016

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Yogurt Pancakes Sausage Link Hash Brown Syrup Peaches	2 Applesauce Hunter's Chicken Mash Potatoes California Mixed Vegetables Fresh Apple	3 Sweet/Sour Cucumber Salad Meatloaf Red Potato Broccoli Pineapple Tidbits	4 <b>GRANDCHILDREN'S DAY</b> Applesauce Chicken Fingers Chips Ice Cream	5 Tomato Soup Grilled Cheese Sandwich Green Beans Baked Potato Chips Ice Cream
8 Pears Salisbury Steak Mashed Potatoes Peas Butterscotch Pudding	9 Three Bean Salad Stuffed Peppers w/Tomato Sauce Roasted Potatoes Harvard Beets Fruit Cocktail	10 Pasta Salad Hot Dog on Roll French Fries Baked Beans Popsicle	11  SOUP AND SALAD	12 Pineapple Ham Steak Candied Sweet Potato Brussel Sprouts Ice Cream
15 Diced Peaches Chicken Cordon Bleu Buttered Pasta California Blend Tapioca Pudding	16 Applesauce Pork Roast Mashed Potatoes Sauerkraut Pineapple Tidbits	17 Tomato, Cucumber & Onion Salad Beef BBQ on Roll Tater Tots Broccoli Pound Cake	18 Garden Salad w/Dressing Chicken Pot Pie 5 Mixed Vegetables Fresh Orange	19 Sliced Pears Personal Stromboli Baked Potato Chips Green Beans Fresh Apple
22 Mandarin Oranges Oven Fried Chicken Scalloped Potatoes Winer Mix Ice Cream	23 Applesauce Hot Ham & Cheese Pretzel Roll Tater Tots Chopped Broccoli Jello	24 Pickled Beets Shepherd's Pie Corn & Carrots Chocolate Pudding	25 Caesar Salad Baked Ravioli Casserole Green Beans Fresh Orange	26 Fruit Juice Roast Beef Pierogies 5 Mixed Vegetables Sliced Pears
29 Pineapple Tidbits Italian Sausage Macaroni & Cheese Stewed Tomatoes Birthday Cake	30 Lettuce w/Hot Bacon Dressing Roast Turkey Mashed Potatoes Peas & Carrots Cranberry Sauce Fruited Jello	31 Cole Slaw Hamburger on Roll French Fries Corn Ice Cream	<b>Diabetic desserts are available upon request.</b>  <b>Menu is subject to change.</b>	<b>MENU</b>



200 West Spring Street • Boyertown, PA 19512

**DATED MATERIAL**

NON PROFIT  
BULK RATE  
BOYERTOWN, PA  
U.S. POSTAGE PAID  
PERMIT NO. 10033

**THE CENTER AT SPRING STREET  
OFFICERS**

President: William Zollers  
Vice President: John Novak  
Secretary: Maria Armino  
Assistant Secretary: Eugene Rohrbach  
Treasurer: Janet Geraghty  
Assistant Treasurer: Jane Hopple

**VOLUNTEER HOURS**

During the month of June, 2016  
our volunteers gave a total of

2,948 hours

of service for our Center!

**Total for 2016 : 17,320 hours**  
**THANK YOU, VOLUNTEERS!**

\* \* \* \* \*

Unless someone like YOU cares a whole  
awful lot, nothing is going to get better.  
It's not.

The Lorax by Dr. Seuss

**MULTI-SERVICE STAFF**

Executive Director: Karen Youse  
Bookkeeper/Administrative Asst: Tracey Bilamin  
Over 60 Case Manager: Ginny Cox  
Under 60 Case Manager: Amy Davies  
Meals on Wheels Case Manager: Diane Joyce  
Food Program Manager: Nancy Kremm  
Receptionist/Transportation Coordinator:  
Karen Trout  
Energy Case Manager: Barbara Bernier  
Development and Public Relations:  
Tanna Wagner  
Center Director: Lori Bernhard  
Assistant Center Director: Patricia Petrauskas  
Center Receptionist: Fran Doaty  
Program Coordinator/ PR: Debra Brauner  
Bus Drivers: Bob Eichert, Ken Ertman,  
Sam Gaugler  
Executive Chef: Christopher Mest  
Prep Chef: Ursula Wieland  
Facility Manager: Greg Rothenberger  
Custodian: Russell Bouchat  
Rental Staff Person: Gayle Perera  
Editor: Lori Bernhard