

THE PRIME TIMES

A publication of

The Center at Spring Street

FEBRUARY 2017

Phone: 610-367-2313 lbernhard@boyertownareamulti-service.org

DATE SAVER NOTICE

Tuesday, February 7, 2017

Tuesday, February 21, 2017

6 – 9 p.m. – BINGO Nite

Thursday, February 9, 2017

11:15 a.m.

Center Membership Meeting

1 p.m.- Musical Entertainment by
Bob Alexander & Emily Beehner

Friday, February 10, 2017

7:30-10:30 P.M. – Friday Nite Dance

“Shake, Rattle & Soul”

Tuesday, February 14, 2017

Valentine’s Day Celebration

1 p.m. – Introduction to
Smartphones

Monday, February 20, 2017

President’s Day

Center Closed

Tuesday, February 21, 2017

Homemade Sweets & Treats Raffle

10:45 a.m. – Tuesday BINGO

Thursday, February 23, 2017

10 a.m. – Wii Bowling Tournament

Friday, February 24, 2017

10 a.m. – Shuffleboard Tournament

Monday, February 27, 2017

Birthday Party

1 p.m. Musical Entertainment

By Glenn Faul

From Lori’s Desk....

I hope everyone is staying warm during these cold winter months. If you are looking for a great place to stay warm and enjoy hot coffee, tea and/or hot chocolate, fun activities, exercise classes, educational programs, top notch entertainment, awesome people and great conversation, be sure to check out the Center! The coffee is always on!

Did you know that the Center holds a Golden Texas Hold ‘Em Tournament the 1st, 3rd, and 5th Wednesday of the month from 1 to 4 p.m. Players of all skill levels are invited and instruction is available for first time players. A \$5 entry fee is required to play and winners take home cash prizes. Our Golden Texas Hold ‘Em Tournaments for February will be held on Wednesday, February 1st and 15th. If interested, please sign up at the Center or by calling the Center at 610-367-2313.

If you are looking for a fun, inexpensive night out, join us at the Center every other Tuesday evening for Bingo Nite. On Tuesday, February 7th and Tuesday, February 21st the doors and kitchen will open at 4 p.m. with a variety of food for you to purchase for dinner. We offer hamburgers and hot dogs, soup, snacks and desserts. At 6 p.m the BINGO begins with meat, grocery and small cash prizes. There is a 50/50 and a U-Pick-Um as well as door prizes throughout the evening. Admission is \$3 for your first double hard card and \$.25 cents for each additional card. All Center members receive a free card with their Center membership card. For more information, please call the Center at 610-367-2313.

Every year The Center at Spring Street and the Boyertown Area Senior High partner for the Senior Senior Prom. This is a wonderful opportunity for the two generations to come together and enjoy an evening together. This year’s Senior Senior Prom will be held on Friday, March 10th, from 7-10 p.m., with “Classic Touch” providing the dance music. If you are looking for a wonderful night out, an opportunity to meet and dance with some awesome teenagers, enjoy great food and great music, then you don’t want to miss this year’s Senior Senior Prom. Please sign up at The Center or by calling 610-367-2313.

**The Center at Spring
Street
is a program of
Boyertown Area Multi-
Service, Inc.**

**Center Hours
9 A.M. to 4 P.M.
Monday thru Friday**

“EARLY BIRD” BREAKFAST PROGRAM



FEBRUARY 3, 2017

French Toast & Bacon
OR

Croissant Sandwich
(Bacon, egg & cheese)

FEBRUARY 10, 2017

Pancakes & Ham
OR

Scrambled Eggs, Hash Browns & Ham

FEBRUARY 17, 2017

Creamed Dry Beef on Toast
OR

Scrambled Eggs, Hash Browns & Bacon

FEBRUARY 24, 2017

Waffles & Bacon
OR

Vegetable Scrambled Eggs (tomatoes, onions
& peppers) & Bacon

Served with coffee, tea, juice, cereal, toast,
pastry or muffins, and fruit – Cost - \$3.00

Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

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FRIDAY NITE DANCE

On Friday, February 10th, the Shake, Rattle & Soul band will be providing the dance music for the Friday Nite Dance from 7:30-10:30 p.m. The doors open at 6:30 p.m. and light refreshments are available to purchase. The dancing will begin at 7:30 p.m. Admission is \$5 for Center Members with their Center membership card and \$6 for non-members. Come and shake, rattle and roll your night away at the Center’s Friday Nite Dance!

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KNOWING WHEN TO CALL THE AMBULANCE

On Thursday, February 2nd at 1 p.m., learn when you should and should not call the ambulance. Alexa Groover from Boyertown Lions Community Ambulance will be here to speak to us about what defines a “medical necessity” and when you need an ambulance and what services an ambulance subscription covers and the benefits of having a subscription.

COPING WITH STRESSFUL SITUATIONS

Everyone has depression or anxiety from time to time, but chronic depression or anxiety can negatively impact your quality of life. Join us on Monday, February 13th at 1 p.m. when Epauline Faubert from Reading Health Systems presents “Coping with Stressful Situations”. You will learn how to recognize signs and symptoms of depression and anxiety and how to overcome them.

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INTRODUCTION TO SMARTPHONES

Do you have a Smartphone but are not quite sure how to use it fully? Well, we have something that may interest you. Joanne Hyndman, Software Engineer and teacher for Silver Smartphone Coaching will offer a 1 hour presentation on the basics of texting, contacts, setting options to make text and display larger, and using voice activated features for smartphone users. There will also be handouts, Q & A time, and one-on-one training.

iPhone & iPad Introduction will be Tuesday, February 14th at 1 p.m.

Android Smartphone and Tablet Introduction will be Tuesday, February 28th at 1 p.m.

The fee for each session is \$5 per person and advance reservations must be made at The Center at Spring Street with payment due at time of reservation. The deadline to register is February 10 for the iPhone & iPad Introduction and February 24th for the Android Smartphone Introduction.

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SUBSTITUTE BUS DRIVER

Boyertown Area Multi-Service is currently seeking a substitute bus driver to drive the Center bus 2 days a month as well sub for our full time bus driver when needed. A CDL license is required. If interested, please contact Multi-Service Executive Director, Karen Youse at 610-367-6957.

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MULTI-SERVICE/CENTER TOUR

On Tuesday, February 21st at 10 a.m. come and learn about the many programs and services we provide and the many ways you can get involved and support this agency.

Ingredients of Love



Love is life's essential ingredient
blended with faith, flavored with care,
softened with happiness,
baked with emotions,
garnished with sacrifice.
So keep serving this
CHERISHED DISH to whom
you love for a lifetime.



ForAngelsOnly.Org

HAPPY BIRTHDAY TO OUR FEBRUARY CELEBRANTS!!

01 Beatrice Bauman	07 Joseph	13 Pat Duff	20 Richard Fesi	26 Dolores Mills
01 Debbie Buckwalter	Santa Maria, Jr.	13 Rolf Wieland	20 Barry Stichter	26 Peggy Renninger
01 Anna Burba	07 William Sherry	14 Warren Greenwalt	20 Gertrude Grater	26 Keith Hess
01 Leonard Good	07 Carol Vose	14 Bertha Sands	21 Frances Doaty	26 Michael Fair
01 Madalyn Sands	08 Ruth Weil	14 Jackie Smith	21 Ted Hoey	26 Nedra Tress
02 Dorothy Willing	08 Arlan Dietrich	15 Helen Goggins	21 Grace Triebel	27 Brenda
02 Edna Kennedy	08 Joyce Edleman	15 Kathleen Benning	21 Charles Landis, Jr.	Johannessen
03 Susan Miller	09 Karen Trout	16 Bonnie Fuller	21 Susan Laubach	27 Treva Kelly
03 William Myers	09 Paul Maloney	16 Roger Becker	22 Emma Wilde	27 Madeline Cincirpino
04 John Burgess	10 Elaine Stout	17 Elsie Rothenberger	22 Melvin Lamm	28 George Kleppinger
05 John Schaeffer	10 Jean Esbensen	17 Stuart Levengood	23 Jack Vose	28 Carole Haynes
05 Patricia Kujat	11 Edward Harvey	17 Jean Gumbrell	25 Claudia Lang	28 Nelson Weand
06 Sharron Bauer	11 George Mauger	17 Douglas Rightnour	25 Linda Schearer	28 Charles Weller
07 Judy Zimmerman	12 Mary Geiger	17 Barbara Yerger	26 Richard Stoudt	28 Kenneth Barndt
07 Faye Swavely	13 Dolly Renninger	18 Sandra Hoffman	26 Gerald Reitnauer	29 Elsie Pengelly
07 Norman Wilkie	13 William Shirey	18 Edward Wasson	26 Connie Lafaver	



THE CENTER AT SPRING STREET BULLETIN BOARD



MEMBERSHIP

Please check your
membership card for
renewal date!

GET WELLS

Janet Moyer Lydia Boyer
Lois Oister Bill Myers
Ruth Breslin Paul Mathias
Mary Ragan

OUR DEEPEST SYMPATHY TO THE FAMILY/FRIENDS OF:

Julia Butt Joan Rightely
Wallace Musser Reda Oxenford
Doris Hunsberger Marie Himes
Joan Marburger Jeanette Bauer



"INVITATION"

February celebrants are invited to celebrate their birthday at the Center on
Monday, February 27, 2017 from 10 A.M. to 2 P.M.

Entertainment by: Glenn Faul

R.S.V.P. (610) 367-2313, by Tuesday, February 21st.

Please bring your current membership card to receive a complimentary meal.

The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Boyertown Area Multi-Service Inc. Helping People, Strengthening Communities www.boyertownareamulti-service.org  @ Boyertown Area Multi-Service</p>	<p> 200 West Spring Street Boyertown, PA 19512 610-367-6957</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 12:45 Wii Bowling 1-4 "Golden" Texas Hold 'Em</p>	<p>9 Cards and Games 9 Wii Bowling 10:30 Bean Bag Baseball Practice 1 "Knowing When to Call the Ambulance" - Alexa Groover, Boyertown Lions Ambulance NO Chorus Rehearsal</p>	<p>8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk w/Fran 11 Chair Yoga w/Fran 1 BINGO Enjoy a "Weekend" Word Search</p>
<p>9 Cards and Games 9:15 Light & Lively w/Mary 10:15 Strengthen & Tone w/Mary 1 BINGO</p>	<p>9 Cards and Games 9:15 Wacky Walking w/Mary 10:15 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10 "The Heart Truth for Women" by Beth Hiriak, SE Home Health 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 Bridge 6-8 Coupons for a Cause</p>	<p>9 Cards and Games 9 Wii Bowling 10 "To Your Health - Food Safety for Seniors" - Deb Brauner 10:30 Exec. Comm. Meeting 11:15 Center Membership Meeting 1 Musical Entertainment by Bob Alexander & Emily Beehner 2 Chorus Rehearsal</p>	<p>8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk w/Fran 11 Chair Yoga w/Fran 1 BINGO 7:30-10:30 Friday Nite Dance "Shake, Rattle & Soul"</p>
<p>9 Cards and Games 9:15 Light & Lively w/Mary 10:15 Strengthen & Tone w/Mary 1 "Coping w/Stressful Situations - Recognizing Signs and Symptoms of Depression & Anxiety" by Epauline Faubert MSW, LCSW, Reading Health System</p>	<p>VALENTINE'S DAY CELEBRATION 9:15 Wacky Walking w/Mary 10:15 Strengthen & Tone w/Mary 12 Piano Tunes w/Kay Behle 12:45 Sit & Get Fit w/Fran 1 iPhone/iPad Instruction 1-3 Swim Time @ YMCA 1:30 Open Art Studio 1:45 Songsters @ Parkhouse</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 12:45 Bean Bag Baseball Tourn. 1-4 "Golden" Texas Hold 'Em</p>	<p>9 Cards and Games 9 Wii Bowling 10 Blood Pressure & Weight by Bayada Hospice 12:45 History Revisited - "We Shall Remain - America Through Native Eyes"-Darius Puff NO Chorus Rehearsal</p>	<p>8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk w/Fran 11 Chair Yoga w/Fran 1 BINGO Enjoy a "Weekend" Word Search</p>
<p> CENTER CLOSED! President's Day!</p>	<p>HOMEMADE SWEETS & TREATS RAFFLE 9:15 Wacky Walking w/Mary 10 Multi-Service/Center Tour 10:45 Tuesday BINGO 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite</p>	<p>9 Cards and Games 9:10 Yoga w/Fran 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 12:45 Hasenpfeffer Card Party</p>	<p>9 Cards and Games 9:45 Pick Teams for Wii Bowling Tourn. 10 Wii Bowling Tournament 10 Movie: "The Intern" 12:45 Movie (resumes) 12:45 Pinochle Card Party NO Chorus Rehearsal</p>	<p>8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 9:45 Pick Teams - Shuffleboard Tourn. 10 Shuffleboard Tournament 10:30 Walk & Talk w/Fran 11 Chair Yoga w/Fran 1 BINGO Enjoy a "Weekend" Word Search</p>
<p>BIRTHDAY PARTY 9 Cards and Games 9:15 Light & Lively w/Mary 10:15 Strengthen & Tone w/Mary 1 Musical Entertainment by Glenn Faul *Birthday cake provided by Chestnut Knoll</p>	<p>9 Cards and Games 9:15 Wacky Walking w/Mary 10:15 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1 Android Smartphone/Tablet Inst 1 Book Club 1-3 Swim Time @ YMCA 1:30 Open Art Studio 4 Supper Club @ Alfredo's, Bally</p>	<p>FEBRUARY 2017</p>		<p>DAILY ACTIVITIES... Pinochle & Other Card Games Quilting Shuffleboard Rummikub & Other Games Billiards Book Swap Good Coffee & Great Company!</p>

THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from **The Gilbertsville Shopping Center** unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.

Please make your check payable to:

The Center at Spring Street



Bus Trip Registration:

Monday, Wednesday & Friday

10:30 a.m. to 12 noon – Esther & Carl Witzel

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Esther & Carl Witzel

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

2017 BUS TRIP SCHEDULE

APRIL 12, 2017 – MOHEGAN SUN CASINO - PA

Slot Play - \$25 – Food Voucher - \$5

Register by: March 13, 2017

Cost: Member: \$30.00 Non Member: \$32.00

MAY 10, 2017 – HUNTERDON HILLS PLAYHOUSE

Plated Meal & Show – “Born Yesterday”

Register by: March 20, 2017

Cost: Member: \$88.00 Non Member: \$90.00

JUNE 21, 2017 – DUTCH APPLE DINNER THEATRE

Buffet Meal & Show – “Second Chances”

Register by: April 24, 2017

Cost: Member: \$85.00 Non-Member: \$87.00

JULY 26, 2017 – SIGHT & SOUND THEATRE

SHOW – “JONAH”

Lunch on own at Cracker Barrel

Register by: June 5, 2017

Cost: Member: \$83.00 Non-Member: \$85.00

SEPTEMBER 13-15, 2017 – RIDE THE RAILS – WEST VIRGINIA

2 nights lodging, 2 breakfasts, 1 lunch, 2 dinners, 2 trains in one day: The Cheat Mountain Salamander & The Durbin Rocket, American Mountain Theatre, Seneca Caverns and Blackwater Falls State Park

Cost: \$460 per person/double occupancy; \$50 deposit required; register by June 15, 2017

February 2017

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Diabetic desserts are available upon request.	1 Tomato Juice Oven Fried Chicken Whole White Potatoes Green Beans Applesauce	2 SOUP AND SALAD	3 Pineapple Ham Steak Candied Sweet Potato Brussels Sprouts Ice Cream
6 Pineapple Tidbits Chicken Cordon Bleu Buttered Pasta California Blend Tapioca pudding	7 Applesauce Pork Roast w/ Gravy Mashed Potatoes Sauerkraut Diced Peaches	8 Tomato Cucumber Onion Salad Beef BBQ w/ Roll Tater Tots Broccoli Sliced Pears	9 Garden Salad/Dressing Chicken Pot Pie 5-Mixed Vegetables Fresh Orange	10 Fresh Apple Beef Lasagna Tomato Sauce Green Beans Pound Cake
13 Tossed Salad w/Dressing Hot Ham & Cheese w/Pretzel Roll Tater Tots Chopped Broccoli Applesauce	14 Fresh Orange Oven Fried Chicken Scalloped Potatoes Winter Mix Vegetables Strawberry Mousse	15 Pickled Beets Shepherd's Pie Romano Medley Rice Pudding	16 Caesar Salad Chicken Parmesan Spaghetti w/Tomato Sauce Green Beans Mandarin Oranges	17 Tomato Juice Roast Beef w/ Gravy Pierogies 5-Mixed Vegetables Sliced Pears
20 Presidents Day CENTER CLOSED 	21 Mandarin Oranges Baked Chicken Oven Brown Potatoes 5-Mixed Vegetables Chocolate Pudding	22 Cole Slaw Hamburger w/ Roll French Fries Green Beans Peaches	23 Lettuce w/Hot Bacon Dressing Roast Turkey w/Gravy Mashed Potatoes Peas & Carrots Fruited Jello	24 Fruit Cocktail Meatballs w/ Beef Gravy Rice Pilaf Broccoli Angel Food Cake
27 BIRTHDAY PARTY Orange Juice French Toast w/ Syrup Sausage Link Hash Brown Birthday Cake	28 Applesauce Hunter's Chicken w/Gravy Roast Potatoes California Mixed Vegetables Pineapple Tidbits	Menu is subject to change!	MENU	



200 West Spring Street • Boyertown, PA 19512

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DATED MATERIAL

THE CENTER AT SPRING STREET
OFFICERS

President: John Novak
Vice President: William Blatt
Secretary: Maria Armino
Assistant Secretary: Catherine Webb
Treasurer: Larry Solar
Assistant Treasurer: Starlu Gunn

VOLUNTEER HOURS

During the month of December, 2016
our volunteers gave a total of

2,802 hours

of service for our Center!

Total for 2016: 35,905 hours
THANK YOU, VOLUNTEERS!

* * * * *

“Love thy neighbor” is a precept which
could transform the world if it were
universally practiced.

Mary McLeod Bethune

MULTI-SERVICE STAFF

Executive Director: Karen Youse
Bookkeeper/Administrative Asst: Tracey Bilanin
Over 60 Case Manager: Ginny Cox
Under 60 Case Manager: Amy Davies
Meals on Wheels Case Manager: Diane Joyce
Food Program Coordinator:
Receptionist/Transportation Coordinator:
Karen Trout
Volunteer Coordinator: Barbara Bernier
Development and PR: Tanna Wagner
Clerical Assistant: Mary Stevenson
Center Director: Lori Bernhard
Assistant Center Director: Patricia Petrauskas
Center Receptionist: Fran Doaty
Program Coordinator/ PR: Debra Brauner
Bus Drivers: Bob Eichert, Ken Ertman,
Sam Gaugler
Executive Chef: Christopher Mest
Prep Chef: Ursula Wieland
Facility Manager: Greg Rothenberger
Custodian: Russell Bouchat
Rental Staff Person: Edward Adamski
Sub Receptionist: Connie Shamus
Editor: Lori Bernhard