

THE PRIME TIMES

A publication of

The Center at *Spring Street*

APRIL 2016

Phone: 610-367-2313 lbernhard@boyertownareamulti-service.org

DATE SAVER NOTICE

PARKINSON'S AWARENESS

Thursday, April 7, 2016
1 p.m. by Family Caregivers

FRIDAY NITE DANCE

Friday, April 8, 2016
7:30 – 10:30 p.m.
"The Rehrig Brothers"

BINGO NITE

Tuesday, April 12 & 26, 2016
6-9 p.m.

BUS TRIP – SANDS CASINO

Wednesday, April 20, 2016

HISTORY REVISTED

"WE SHALL REMAIN – AMERICA THROUGH NATIVE EYES"

Thursday, April 21, 2016 – 1 p.m.
Presented by Darius Puff

BIRTHDAY PARTY & BIRTHDAY 50/50

Monday, April 25, 2016
Musical Entertainment
by Karl Hausman

HOMEMADE SWEETS & TREATS SALE

Tuesday, April 26, 2016
Tuesday BINGO – 10:45 a.m.

From Lori's Desk....

Spring has sprung and there are a variety of activities springing up at the Center. Please take a minute to look over our activities calendar and challenge yourself to do something new this month.

We are starting the month by Coloring with a Purpose with Julie Longacre on Tuesday, April 5th from 6:30-7:30 p.m. We are inviting people of all ages to come out and rediscover the relaxation and stress reduction that accompanies the favorite childhood pastime of coloring! Add some basic art instruction by accomplished local artist, Julie Longacre and you have the perfect evening activity! Julie will demonstrate how to overlay colors, different types of strokes, cross hatching and how to create depth and contrast. Copies of some of Julie Longacre's drawings and colored pencils will be available for use free of charge, but participants are welcome to bring their own coloring book or pages and are encouraged to bring their own colored pencils. Children 5 years of age and older accompanied by an adult are welcome to attend. There is no fee for this workshop, however, advance registration is requested. Please sign up at the Center or by calling the Center at 610-367-2313.

Parkinson's Disease affects over 1 million people. It is a progressive chronic neuromuscular illness that causes a slow decline in mobility and may cause a loss of balance, falls and loss of speech. Join us on Thursday, April 7th at 1 p.m. when Gerry Fioriglio from Family Caregivers Network, Inc. will inform us how to identify the symptoms, learn about treatment options and basic exercises to reduce falls, improve mobility and improve your voice.

There's always something new to learn about Boyertown Area Multi-Service! Join the staff and volunteers on Tuesday, April 12th or Friday, April 29th at 10 a.m. for an engaging tour of Multi-Service and the Center and learn about the many services we provide, programs to get involved with and the numerous ways you can lend support to this agency. Even if you have toured our facility before, we invite you to join us and find out what is new and exciting under the Multi-Service roof!

The Center at Spring Street
is a service of
Boyertown Area Multi-Service, Inc.

Center Hours
9:00 A.M. to 4:00 P.M.
Monday thru Friday

“EARLY BIRD” BREAKFAST PROGRAM



April 1, 2016

Croissant Sandwich
(Bacon, egg & cheese)

OR

Scrambled eggs, hash browns, bacon

April 8, 2016

Scrambled eggs, hash browns, sausage

OR

French Toast, sausage

April 15, 2016

Pancakes, ham

OR

Scrambled eggs, hash browns, ham

April 22, 2016

Croissant Sandwich
(Bacon, egg & cheese)

OR

Golden oven omelet, bacon

April 29, 2016

Vegetable scrambled eggs (onion, peppers,
tomatoes), potatoes, sausage

OR

Creamed dry beef on toast

Served with coffee, tea, juice, cereal, toast,
pastry or muffins, and fruit – Cost - \$2.00

Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

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SOUPER BOWL PAINTING PARTY

On Thursday, April 7th, from 6 to 7 p.m., Dolores Kirschner, Director of Clay on Main in Oley, will be here to lead a workshop where participants will be painting one-of-a kind bisque-fired hand thrown bowls. Each participant will paint one bowl to keep and one to give to Opportunity House in Reading, a multi-service organization improving the quality of life for children, families and adults who face various obstacles to independent living. Materials will be provided to participants, free of charge made possible by Berks County Area Agency on Aging, the Pennsylvania Department of Aging and Clay on Main, a 501 C3 organization. Come make memories with your friends, children or grandchildren. Children 5 years of age or older accompanied by an adult are welcome to attend. Please sign up at the Center or by calling the Center at 610-367-2313. Please call early! Space is limited to 30 participants.

AAA DRIVER IMPROVEMENT COURSES

Driving is a skill that can and should be continually improved. A driver improvement course is packed with up-to-date safe driving techniques and can help sharpen your skills. The Center will be hosting an 8 Hour Driver AAA Improvement Course for first time participants on Tuesday, April 19th and Wednesday, April 20th, from 9:15 a.m. to 1:15 p.m. The cost is \$15 for AAA members and \$25 for non-members, \$25 per couple when both are AAA members, and no cost to veterans. In many states, AAA driver improvement courses enable you to receive a discount on your insurance premiums. Please sign up at the Center or by calling the Center at 610-367-2313.

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FRIDAY NITE DANCE

This month's Friday Nite Dance will be held on Friday, April 8th, from 7:30 to 10:30 p.m. with "The Rehrig Brothers" providing the dance music for the evening. Doors open at 6:30 p.m. and light refreshments are available for purchase. Admission is \$5 for Center members (with Center membership card) and \$6 for non-members. Come dance the night away at the Center's Friday Nite Dance.

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HOMEMADE SWEETS & TREATS RAFFLE

This month's Homemade Sweets & Treats Raffle (formerly known as Cake Raffle) will be held on Tuesday, April 26th. Bakers are invited to bring their baked goods and raffle tickets will be available for purchase starting Wednesday, March 23rd – 5 raffle tickets for \$1. Thank you for your continued support of The Center at Spring Street.

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HISTORY REVISITED BY DARIUS PUFF

On Thursday, April 21st, at 12:45 p.m., participants will view a segment of the PBS produced video "We Shall Remain – America through Native Eyes". Darius Puff, a local Lenape historian whose heritage includes Lenape and English, will facilitate a discussion following the film viewing. Please plan to attend this eye opening program.



It Must Be Spring



Hush, Can you hear it?
The rustling in the grass,
Bringing you the welcome news
Winter's day is past.

Soft, Can you feel it?
The warm caressing breeze,
Telling you the sticky buds
Are bursting on the trees.

Look, Can you see them?
The primrose in the lane,
Now you must believe it -
Spring is here again.

* * * * *

HAPPY BIRTHDAY TO OUR APRIL CELEBRANTS!!

- | | | | | |
|--------------------|------------------------|-----------------------|---------------------|----------------------|
| 01 Jeanette Bauer | 10 Carolyn Schoch | 14 Earl Good | 19 Judith Wentzel | 24 Ed Halbe |
| 01 Grant Reinert | 11 Bonnie Musselman | 15 Deanna Munyon | 19 Betty Kahley | 24 William Bidy, Sr. |
| 01 Blanch Stauffer | 11 Barbara Yannotti | 15 William Rose | 19 JoAnn Brooks | 24 George Gumbrell |
| 02 Daniel Ritter | 11 George Lafaver, Jr. | 16 Ardi Sands | 19 Bonnie Hess | 25 Richard Gabel |
| 03 Shirley Kehler | 11 Louise Becker | 16 Ronald Schoch | 20 Anna Gehris | 25 Hazel Levan |
| 03 Wanda Sarro | 11 Esther Garcia | 16 Michelle Docchio | 20 Kathy Reinert | 26 Paul Moatz |
| 04 David Brown | 11 Sarah Erb | 16 Lewis Gaul | 20 Jean Hess | 26 Harvey Werstler |
| 04 Agnes Reigle | 12 Oscar Smith IV | 17 Jerry Keenan | 20 Diane Joyce | 26 Esther Scheidt |
| 06 Joanne Staub | 13 David Hoeschele | 17 Carol Hojecki | 21 Ronald Stompf | 27 Rebecca Yura |
| 06 Anita Schmidt | 13 Bill Ehrie | 17 Patricia Royer | 21 Mary Moyer | 27 Leslie Leben |
| 07 Joanne Piersol | 13 Sylvia Miller | 18 Gerry Good | 21 Richard Grebe | 27 Phyllis Michael |
| 07 Harold Strauss | 13 Peggy Taggart | 18 William Stauffer | 21 Barbara Schoch | 27 Dot Finger |
| 08 Joyce Rush | 13 Martha Stephens | 18 Lawrence Diehl | 21 Sara Decker | 27 Connie Renninger |
| 08 Janet Hicks | 13 Mary Ann Springer | 18 Vicki Kulp | 21 Robert Eichert | 28 Richard Yoder |
| 08 Mary Townsley | 13 Sarah Scheifley | 18 Charles Meehan | 22 Carol Whiteneck | 28 Martin Walters |
| 08 Virginia Slody | 14 Ambrose Ludy | 18 Arthur Wander | 22 Fern Yeager | 28 Thomas Moore |
| 09 Richard Moyer | 14 Jeanette Hicks | 18 Vera Swain | 22 Carl Gamler | 29 Dennis Stauffer |
| 09 Ruth Hacker | 14 Dale Shaner | 18 Nancy Undercuffler | 22 Nancy Moser | 30 Joseph Melcher |
| 09 Claire Vasinda | 14 Mary Mullins | 19 Janet Butera | 23 Mary Anne Bealer | 30 Mary Ragan |

THE CENTER AT SPRING STREET BULLETIN BOARD

MEMBERSHIP

GET WELLS WISHES

OUR DEEPEST SYMPATHIES TO THE FAMILY & FRIENDS OF:

Please check your membership card for your renewal date!

Carolyn Schoch
Dolores Schaeffer

Harley Hauck
Charles Gehris
Edna Updegrove

"INVITATION"

April celebrants are invited to celebrate their birthday at the Center on Monday, April 25, from 10 A.M. to 2 P.M.

Entertainment by: Karl Hausman

R.S.V.P. (610) 367-2313, by Monday, April 18th

Please bring your current membership card to receive a complimentary meal.



The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h1 style="font-size: 4em; color: orange; margin: 0;">APRIL</h1>  <h1 style="font-size: 4em; color: orange; margin: 0;">2016</h1>				
DAILY ACTIVITIES... Pinochle & Other Card Games Quilting Shuffleboard Rummikub & Other Games Billiards & Table Tennis Book Swap Good Coffee & Great Company!				8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga 1 BINGO Enjoy a "Weekend" Word Search
4 9 Cards and Games 8:30-4:30 Veteran's Assistance Program 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 BINGO	5 9:30 Tums & Bums -Tighten & Tone 10 Coupon Club 10:30 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1 Computer Class-Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6:30 "Coloring with a Purpose" with Julie Longacre	6 9:15 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 Computer Class-Basic 1-4 "Golden" Texas Hold 'Em 2 Beginner Line Dancing w/Jane	7 9 Cards and Games 9 Wii Bowling 10:30 Bean Bag Baseball Practice 1 "Parkinson's Awareness" by Family Caregivers 2 Chorus Rehearsal 6-7 "Souper Bowl Painting Party" w/Dolores Kirschner	8 8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga 1 BINGO 1 Book Club 7:30-10:30 Friday Nite Dance "The Rehrig Brothers"
11 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 10 "Coping with Life Changes" Discussion Group 1 Musical Entertainment by Travis Wetzel	12 9:30 Tums & Bums -Tighten & Tone 10 Multi-Service Tour 10:30 Strengthen & Tone w/Mary 12 Piano Tunes w/Kay Behle 12:45 Sit & Get Fit w/Fran 1 Computer Class-Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	13 9:15 Yoga w/Fran 10 Health Topic - TBA by Beth Hiriak, SE Home Health 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 Bridge/Comp. Class - Basic 2 Beginner Line Dancing w/Jane 6-8 Coupons for a Cause	14 9 Cards and Games 9 Wii Bowling 10:30 Exec. Committee Mtg. 11:15 Center Membership Mtg. 1 Musical Entertainment by Musical Friends 1:45 Songsters @ Pennsburg Manor	15 8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 9:45 Pick teams for Shuffleboard Tourn. 10 Shuffleboard Tournament 10:30 Walk & Talk 11 Chair Yoga 1 BINGO Enjoy a "Weekend" Word Search
18 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 Birthday BINGO	19 9:15-1:15 AAA Driver Improvement (8 hr) 9:30 Tums & Bums -Tighten & Tone 10 "Arthritis" - Dr. John Mishock 10:30 Strengthen & Tone w/Mary 12:45 Sit & Get Fit w/Fran 1 Computer Class-Intermediate 1-3 Swim Time @ YMCA 1:30 Open Art Studio 5:30 Supper Club @ Pennsburg Diner	20 BUS TRIP - SANDS CASINO 9:15-1:15 AAA Driver Improvement (8 hr) 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 Computer Class-Basic 1-4 "Golden" Texas Hold 'Em 2 Beginner Line Dancing w/Jane	21 9 Cards and Games 9 Wii Bowling 10 Blood Pressure and Weight by Bayada Hospice 10:30 Bean Bag Baseball Practice 12:45 History Revisited - "We Shall Remain- America Through Native Eyes" - by Darius Puff 1:30 Songsters @ Walnut Woods	22 8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga 1 BINGO Enjoy a "Weekend" Word Search
25 BIRTHDAY PARTY 9 Cards and Games 9:30 Light & Lively w/Mary 10:30 Strengthen & Tone w/Mary 1 Musical Entertainment by Karl Hausman *Birthday Cake provided by Chestnut Knoll	26 Homemade Sweets & Treats Raffle 9 Cards and Games 9:30 Tums & Bums -Tighten & Tone 10:45 Tuesday BINGO 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	27 9 Cards and Games 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 Fit & Strong w/Robin 12:45 Wii Bowling 1 Hasenpfeffer Card Party 2 Beginner Line Dancing w/Jane 2 Bean Bag Baseball Tourn. at Walnut Woods	28 9 Cards and Games 9 Wii Bowling 12:45 Bean Bag Toss "Show Me the Money!" 1 Pinochle Card Party 2 Chorus Rehearsal	29 8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10 Multi-Service Tour 10:30 Walk & Talk 11 Chair Yoga 1 BINGO Enjoy a "Weekend" Word Search

THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from Town Plaza, unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.
Please make your check payable to:

The Center at Spring Street



Bus Trip Registration:

Monday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Tuesday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Wednesday 9 a.m. to 1 p.m. - Betty Shenk.

Friday 10:30 a.m. to 12 noon – Esther & Carl Witzel

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Esther & Carl Witzel or Betty Shenk

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

2016 BUS TRIP SCHEDULE

MAY 4-6, 2016 – CASINO MAGIC, CONNECTICUT

Foxwoods Casino Bonus - \$20 Slot Play

Visit to Mohegan Sun Casino

Visit to Foxwood Tower Casino

Submarine Base Museum

Olde Mistick Village

Cost: \$310.00 Per Person/Double Occupancy

JUNE 21, 2016 – SPIRIT OF PHILADELPHIA

SPIRIT CRUISE AND LUNCH

Register by: April 2, 2016

Cost: Member: \$68.00

Non Member: \$70.00

JULY 13, 2016 – MOHEGAN SUN AT POCONO DOWNS, PA

Register by: May 18, 2016

Cost: Member: \$30.00

Non Member: \$32.00

AUGUST 17, 2016 – DUTCH APPLE DINNER THEATRE

SHOW – "PHANTOM"

Enjoy a buffet and a show.

Register by: July 13, 2016

Cost: Member: \$75.00

Non Member: \$77.00

April 2016

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change!	MENU	Diabetic desserts are available!		1 Canned Pears Stuffed Cabbage w/ Sauce Mashed Potatoes Green Beans Fresh Apple
4 Mandarin Oranges Oven Fried Chicken Roasted Potatoes Winter Mix Ice Cream	5 Fruit Cocktail Hot Ham & Cheese Pretzel Roll Tater Tots Chopped Broccoli Jello	6 Applesauce Shepherd's Pie Corn & Carrots Chocolate Pudding	7 Garden Salad/ Dressing Chicken Parmesan Spaghetti w/ Red Sauce Green Beans Diced Peaches	8 Apricot Halves Roast Beef w/ Gravy Pierogies 5 Mixed Vegetables Fresh Orange
11 Pineapple Tidbits Italian Sausage Spaghetti w/ Sauce Green Beans Fresh Apple	12 Vegetable Soup Roast Turkey w/Gravy Mashed Potatoes Peas & Carrots Cranberry Sauce Jello w/Peaches	13 Cole Slaw Hamburger w/ Roll French Fries Corn Ice Cream	14 Mandarin Oranges Baked Chicken Oven Brown Potatoes 5 Mixed Vegetables Butterscotch Pudding	15 Fruit Cocktail Meatballs w/Beef Gravy Rice Pilaf Broccoli Angel Food Cake
18 Yogurt Cinnamon French Toast Sausage Link Hash Brown Syrup Peaches	19 Applesauce Hunter's Chicken w/ Gravy Mashed Potatoes California Mixed Vegetables Jello	20 Sweet/Sour Cucumber Salad Meatloaf Red Potato Broccoli Pineapple Tidbits	21 Beef Rice Soup Seasoned Baked Chicken Leg Crispy Tator Tots Corn Mandarin Oranges/Vanilla Pudding	22 Tossed Salad w/ Dressing Beef Lasagna Green Beans Fresh Orange
25 Pears Salisbury Steak w/ Gravy Peas Mashed Potatoes Birthday Cake	26 Vegetable Salad Breaded Fish w/tartor sauce Rice Pilaf 5 Mixed Vegetables Diced Peaches	27 3 Bean Salad Stuffed Pepper w/Sauce Roasted Potatoes Carrots Fruit Cocktail	28 Chicken Noodle Soup and Salad Bar	29 Pineapple Ham Steak Candied Sweet Potato Brussel Sprouts Ice Cream

The Center at *Spring Street*

200 West Spring Street • Boyertown, PA 19512

DATED MATERIAL

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BOYERTOWN, PA
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THE CENTER AT SPRING STREET OFFICERS

President: William Zollers
Vice President: John Novak
Secretary: Maria Armino
Assistant Secretary: Eugene Rohrbach
Treasurer: Janet Geraghty
Assistant Treasurer: Jane Hopple

VOLUNTEER HOURS

During the month of February 2016,
our volunteers gave a total of

2,753 hours

of service for our Center!

**Total for 2016 : 5,334 hours
THANK YOU, VOLUNTEERS!**

* * * * *

“There is no exercise better for the heart than
reaching down and lifting people up.”

John Andrew Holmes Jr.

MULTI-SERVICE STAFF

Executive Director: Karen Youse
Bookkeeper/Administrative Asst: Jill Howard
Over 60 Case Manager: Ginny Cox
Under 60 Case Manager: Amy Davies
Meals on Wheels Case Manager: Diane Joyce
Food Program Manager: Nancy Kremm
Receptionist/Transportation Coordinator:
Karen Trout
Energy Case Manager: Barbara Bernier
Development and Public Relations:
Tanna Wagner
Center Director: Lori Bernhard
Assistant Center Director: Patricia Petrauskas
Center Receptionist: Fran Doaty
Program Coordinator/ PR: Debra Brauner
Bus Drivers: Joy Harner/Bob Eichert
Executive Chef: Christopher Mest
Prep Chef: Ursula Wieland
Facility Manager: Greg Rothenberger
Custodian: Russell Bouchat
Rental Staff Person: Gayle Perera
Editor: Lori Bernhard
Typist: Jill Howard