

THE PRIME TIMES

A publication of

The Center at *Spring Street*

MARCH 2016

Phone: 610-367-2313 lbernhard@boyertownareamulti-service.org

DATE SAVER NOTICE

BINGO NITES

Tuesday, March 1, 15, & 29, 2016
6 – 9 p.m.

JODY GOOD'S RETIREMENT OPEN HOUSE

Friday, March 4, 2016

SENIOR SENIOR PROM

Friday, March 11, 2016

7 – 10 p.m. "Classic Touch"

41ST ANNIVERSARY CELEBRATION

Thursday, March 17, 2016

Musical Entertainment provided
by "The Celtic Martins"

BAKE SALE

Tuesday, March 22, 2016

Tuesday BINGO at 10:45 a.m.

1 p.m. Hymn Sing Sing-Along
with Robin & Sharon

EASTER CELEBRATION

Thursday, March 24, 2016

1 p.m. – Musical Entertainment
by Kevin Pierce

GOOD FRIDAY

Friday, March 25, 2016

CENTER CLOSED

BIRTHDAY PARTY

Monday, March 28, 2016

1 p.m. Musical Entertainment
provided by Sterling Lamm

From Lori's Desk....

Well we all survived our first big snow storm of the season, and I am hoping the last one. Just a reminder that the Center's closing does not coincide with the closing of the Boyertown Area School District. Please look for Center cancellations on WFMZ (Channel 69) TV and the Center's answering machine (610-367-2313) by 7 a.m.

On Monday, March 7th, Andrew Schiavello will be at Walnut Woods at 2 p.m. and at the Center at 6:30 p.m. to speak about Honor Flight Philadelphia which is a non-profit organization created solely to honor America's veterans for all their sacrifices. Honor Flight transports our heroes to Washington, D.C. to visit and reflect at their memorials. A trip to Washington, D.C. is planned for Saturday, May 21, 2016 (Armed Forces Day). Veterans' fees are paid for by Honor Flight, but veterans must be accompanied by a guardian. Guardians must cover their own expenses for the trip. Top priority is given to the senior veterans – World War II survivors, along with those other veterans who may be terminally ill. If you are interested in learning more about this special initiative to honor veterans, please plan to attend this informational meeting. Advance registration is requested – Walnut Woods - 610-367-6616 or the Center - 610-367-2313

The Center will be celebrating its 41st Anniversary Celebration and St. Patrick's Day on Thursday, March 17th. The celebration will include a delicious Corned Beef and Cabbage meal, special favors, and an exciting performance of traditional Celtic music and Irish step dancing by The Celtic Martins sponsored by Chestnut Knoll Personal Care and Memory Care and Chestnut Knoll at Home. The cost of the meal and the entertainment is \$6 per person and is due at time of registration. We will begin taking reservations Monday, February 22nd with a deadline to register being March 11th. Seating is limited, therefore, please make your reservation early. Those wishing to attend the entertainment only at 1 p.m. can do so with an admission fee of \$3.

Income tax assistance will be provided again this year to individuals who meet certain tax and income criteria. We have a number of trained volunteers who provide this service. Please call Multi-Service at 610-367-6957 to see if you qualify for free tax assistance and to schedule an appointment.

**The Center at Spring
Street
is a service of
Boyertown Area Multi-
Service, Inc.**

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**Center Hours
9 A.M. to 4 P.M.
Monday thru Friday**

“EARLY BIRD” BREAKFAST PROGRAM



March 4, 2016

Croissant Sandwich
(Bacon, egg & cheese)

OR

Scrambled eggs, hash browns, bacon

March 11, 2016

French toast, bacon

OR

Golden oven omelet, bacon

March 18, 2016

Scrambled eggs, potatoes, scrapple

OR

Pancakes, scrapple

Served with coffee, tea, juice, cereal, toast,
pastry or muffins, and fruit – Cost - \$2.00

Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

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MULTI-SERVICE/CENTER TOURS

There is always something new to learn about Boyertown Area Multi-Service! Whether new to the area or a long-time resident of the community, come join our staff and volunteers for an engaging tour of Multi-Service and The Center at Spring Street and learn about the many services we provide, programs to get involved with and the numerous ways you can lend support to this agency. Even if you have toured our facility before, we invite you to join us and find out what is new and exciting under the Multi-Service roof! We will be offering tours on Friday, March 11th and Tuesday, March 29th at 10 a.m. Please call the Center at 610-367-2313 to make your tour reservation.

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DANCIN' CHAIRS

Do you love to dance but want to stay off your feet? Then you will want to join us on Thursday, March 14th, at 1 p.m. for Dancin' Chairs with Holly Beebee, for a lively and engaging dance class and you never have to get out of your chair! We'll dance to "Can't Help Falling in Love", "Sweet Caroline" and even "YMCA"! This is guaranteed to be a whole lot of fun!

POETRY READING

Jennifer Hetrick will be at the Center on Wednesday, March 23rd at 1 p.m. to share her Poetry Reading: *the labors of our fingertips: poems from manufacturing history in berks county*. The poetry project focuses on the memories and reflections of older seniors who used to work in factories and mills in Berks County, Pennsylvania many decades ago.

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JODY GOOD'S RETIREMENT OPEN HOUSE

As you know, our exercise instructor, Jody Good will be retiring in March. Her last day at the Center will be Friday, March 4th. The Center would like to surprise Jody with a Retirement Open House on March 4th, from 10:30-11:30 a.m. Please stop by the Classroom during this time to wish Jody well on her retirement. Please call the Center at 610-367-2313 to RSVP for this special open house!

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BAKE SALE

The Center will be holding a Bake Sale in place of this month's Cake Raffle on Tuesday, March 22nd. We are looking for bakers interested in baking and donating their baked goods to the Center for this bake sale. If you are interested in baking, please sign up at the Center or by call the Center at 610-367-2313. If you are interested in buying baked goods, please come to the Center on Tuesday, March 22nd! Your support of the Center is appreciated!

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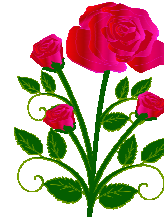
MANAGING YOUR DIABETES

Eating well is one of life's greatest pleasures. Having diabetes should not keep you from enjoying a variety of foods including some of your favorites. Individuals with diabetes have the same nutritional needs as everyone else. On Thursday, March 3rd at 1 p.m. come and learn to plan your meals by understanding carbohydrates and food tips with Gerry Fioriglio from Family Caregivers Network, Inc. Learn how to manage your diabetes with not only nutrition, but also your daily activities. You will learn that you cannot only live, but you can thrive with diabetes

Wishing You Always



Wishing you always-
Walls for the wind
And a roof for the rain
And tea beside the fire.
Laughter to cheer you
And those you love near you
And all that your heart might desire!



HAPPY BIRTHDAY TO OUR MARCH CELEBRANTS!!

- | | | | | |
|----------------------|---------------------|--------------------------|----------------------|---------------------|
| 02 Patricia Moser | 08 Eliza Strunk | 14 Rachel Woodhead | 22 Linda Fiorini | 27 William Detwiler |
| 02 Marvin Kehler | 09 Fern Yerger | 15 Florence Soles | 22 Nancy Kremm | 27 John Reidenhour |
| 02 Barbara Stoudt | 09 Vip Hartline | 16 Rose Harman | 22 Francesca Bechtel | 27 Regina Hemmig |
| 03 John Simmons | 10 Wallace Musser | 17 Sharon Hoffman | 22 Joseph Martinez | 28 Betty Schuler |
| 03 Margaret Haines | 10 Miriam Sweinhart | 17 Patricia Petrauskas | 22 David DiSanto | 29 Ralph Baas |
| 04 Richard Brandel | 10 Lori Bernhard | 18 Mary Ann Peters | 22 Sharee Kenna | 29 Bonnie Feight |
| 04 Josephine Quigg | 10 Dorothy Schwenk | 18 Sylvia Schoenly | 23 Gretchen Kent | 29 Denise Angstadt |
| 05 Larry Mauger, Jr. | 12 Peter Brungard | 18 Warren Albitz | 24 Kathryn Ertman | 29 Sydney Davidson |
| 05 Elizabeth Binder | 12 Marie McCarter | 19 Florence Leszkowicz | 24 John Bernard | 29 Ginny Hummel |
| 05 Ted Panaccion | 12 Mary Ulrich | 20 Sally Metz | 25 Helen Pannepacker | 30 Dana Eichert |
| 06 Brenda Danser | 12 Harold Younger | 20 Dorothy Hinnersthit | 25 Janet Geraghty | 30 Connie Schwenk |
| 06 Pat Mest | 12 Elizabeth Endy | 20 Leon Stapleton | 26 Donald Weil | 31 Doris Henry |
| 07 Felicia Fulton | 13 Charles Gehris | 21 Linda Bechtel | 26 Donna Bolton | 31 Gloria Kauffman |
| 08 Ruth Ann Shaner | 14 Harold Reigner | 21 Dianne Landes | 26 Fay Mower | 31 Robert Hyneckal |
| | | 21 Elizabeth Botscheller | | |



THE CENTER AT SPRING STREET BULLETIN BOARD



MEMBERSHIP

Please check your membership card for your renewal date!

GET WELLS

Suellen McCann	John Galloway
Harry Stine	June Blauser
Beatrice Bauman	Susan Welsh
Elsie Rothenberger	

Thankfully,
there are no sympathies to report.

“INVITATION”

March celebrants are invited to celebrate their birthday at the Center on Monday, March 28, 2016, from 10 A.M. to 2 P.M.

Entertainment by: Sterling Lamm

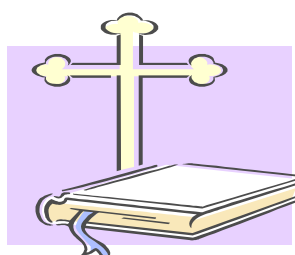
R.S.V.P. (610) 367-2313, by Monday, March 21st.

Please bring your current membership card to receive a complimentary meal.



The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 2016	1 9 Cards and Games 9:15 Wii Bowling 10 Coupon Club w/Barb Bernier 11 PEPPI Weight Training w/Jody 1 Sit & Get Fit w/Jody 1-3 Swim Time @ YMCA 1:30 Songsters @ Zion's UCC 1:30 Open Art Studio 6-9 BINGO Nite	2 9 Cards and Games 9:15 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 10:45 PEPPI Weight Training w/Robin 12:45 Wii Bowling 1-4 "Golden" Texas Hold 'Em 2 Beginner Line Dancing w/Jane	3 9 Cards and Games 9:30 Light & Lively w/Jody 10:30 PEPPI Weight Training w/Jody 1 "Diabetes and Nutrition" by Gerry Fioriglio, Family Caregivers NO Chorus Rehearsal	4 8 Early Bird Breakfast 9 Cards and Games 10:30 Special Event 1 BINGO Enjoy a "Weekend" Word Search
	7 8:30-4:30 Veteran's Assistance Program 9 Cards and Games 9:15 Wii Bowling 10:30 Bean Bag Baseball Practice 11 Reflective Moments 1 BINGO 6:30 Honor Flights	8 9 Cards and Games 9:15 Wii Bowling 10 Game of the Day w/Peg Holzer 11 PEPPI Weight Training 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 5:30 Supper Club @ Woodside	9 9 Cards and Games 9:15 Yoga w/Fran 10 "Living Well with Diabetes" by Beth Hiriak 10:30 Mah-Jongg 10:45 PEPPI Weight Training w/Robin 12:45 Wii Bowling 1 Bridge 2 Beginner Line Dancing w/Jane	10 9 Cards and Games 9:30 Light & Lively 10:30 PEPPI Weight Training 10:30 Exec. Committee Mtg. 11:15 Center Membership Mtg. 1 Musical Entertainment by Janet & Johnny O'Such NO Chorus Rehearsal
14 9 Cards and Games 9:45 Pick Teams for Wii Bowling Tourn. 10 Wii Bowling Tournament 10 "Coping with Life Changes" Discussion Group 11 Reflective Moments 1 "Dancin Chairs" by Holly Beebee	15 9 Cards and Games 9:15 Wii Bowling 11 PEPPI Weight Training 12:45 Songsters @ Manatawny Manor 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	16 9:15 Yoga w/Fran 10 Hearing Aid Cleaning by Advance Hearing Aid Center 10:30 Mah-Jongg 10:45 PEPPI Weight Training w/Robin 12:45 Bean Bag Baseball Tourn. 12:45 Wii Bowling 1-4 "Golden" Texas Hold 'Em 2 Beginner Line Dancing w/Jane	17 41ST ANNIVERSARY CELEBRATION ST PATRICK'S DAY 9 Cards and Games 9:30 Light & Lively 10 Blood Pressure & Weight-Bayada 10:30 PEPPI Weight Training 1 Musical Entertainment by The Celtic Martins NO Chorus Rehearsal	18 8 Early Bird Breakfast 9 Cards and Games 9 Wii Bowling 10:30 Walk & Talk w/Fran 11 Chair Yoga w/Fran 1 Grocery BINGO Enjoy a "Weekend" Word Search
21 9 Cards and Games 9:15 Wii Bowling 10:30 Bean Bag Baseball Practice 11 Reflective Moments 1 Birthday BINGO 1 Songsters @ New Hanover Luth	22 BAKE SALE 9 Cards and Games 9:15 Wii Bowling 10:45 Tuesday BINGO 1 Sing-Along w/Robin & Sharon Hymn Sing 1-3 Swim Time @ YMCA 1:30 Open Art Studio	23 9 Cards and Games 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPI Weight Training w/Robin 1 Poetry Reading - "The Labors of Our Fingertips: Poems from Manufacturing Hist. of Berks Co." by Jennifer Hetrick 2 Beginner Line Dancing w/Jane	24 EASTER CELEBRATION 9 Cards and Games 9:30 Light & Lively w/Jody 10:30 PEPPI Weight Training 1 Musical Entertainment by Kevin Pierce NO Chorus Rehearsal	25  CENTER CLOSED
28 BIRTHDAY PARTY 9 Cards and Games 9:15 Wii Bowling 11 Reflective Moments 1 Musical Entertainment by Sterling Lamm *Birthday Cake provided by Chestnut Knoll	29 9 Cards and Games 9:15 Wii Bowling 10 Multi-Service/Center Tour 11 PEPPI Weight Training 12:45 Sit & Get Fit w/Fran 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	30 9 Cards and Games 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPI Weight Training w/Robin 12:45 Wii Bowling 1 Hasenpfeffer Card Party 2 Beginner Line Dancing w/Jane	31 9 Cards and Games 9:30 Light & Lively w/Jody 10:30 PEPPI Weight Training 1 Pinochle Card Party 2 Chorus Rehearsal	DAILY ACTIVITIES... Pinochle & Other Card Games Quilting Shuffleboard Rummikub & Other Games Billiards Book Swap Good Coffee & Great Company!

THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from Town Plaza, unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.
Please make your check payable to:

The Center at Spring Street



Bus Trip Registration:

Monday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Tuesday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Wednesday 9 a.m. to 1 p.m. - Betty Shenk.

Friday 10:30 a.m. to 12 noon – Esther & Carl Witzel

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Esther & Carl Witzel or Betty Shenk

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

2016 BUS TRIP SCHEDULE

MAY 17-19, 2016 – CASINO MAGIC, CONNECTICUT

Foxwoods Casino Bonus - \$20 Slot Play

Visit to Mohegan Sun Casino

Visit to Foxwood Tower Casino

Submarine Base Museum

Olde Mistick Village

Register by: February 26, 2016

Cost: \$310.00 Per Person/Double Occupancy

JUNE 21, 2016 – SPIRIT OF PHILADELPHIA

SPIRIT CRUISE AND LUNCH

Register by: April 2, 2016

Cost: Member: \$68.00 Non Member: \$70.00

JULY 13, 2016 – MOHEGAN SUN AT POCONO DOWNS, PA

Register by: May 18, 2016

Cost: Member: \$30.00 Non Member: \$32.00

OCTOBER 29 - NOVEMBER 5, 2016 – HAWAII CRUISE

With Norwegian Cruise Line on "The Pride of America"

For More Information – Contact the Center at 610-367-2313

Price range from \$3,129 to \$3,889

March 2016

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change! Diabetic desserts are available!	1 Fruit Cocktail Hot Ham & Cheese Pretzel Roll Tater Tots Chopped Broccoli Ice Cream	2 Applesauce Shepherd's Pie Corn & Carrots Chocolate Pudding	3 Garden Salad/ Dressing Chicken Parmesan Spaghetti w/ Red Sauce Green Beans Diced Peaches	4 Apricot Halves Roast Beef w/ Gravy Pierogies 5 Mixed Vegetables Fresh Orange
7 Pineapple Tidbits Italian Sausage Spaghetti w/ Sauce Green Beans Fresh Apple	8 Plums Roast Turkey w/ Gravy Mashed Potatoes Peas & Carrots Cranberry Sauce Fruited Jello	9 Cole Slaw Hamburger w/ Roll French Fries Corn Ice Cream	10 Chicken Noodle Soup Meatballs w/ Beef Gravy Rice Pilaf Broccoli Angel Food Cake	11 Mandarin Oranges Baked Chicken Oven Brown Potatoes 5 Mixed Vegetables Tapioca Pudding
14 Yogurt Cinnamon French Toast Sausage Link Hash Brown Syrup Peaches	15 Applesauce Hunter's Chicken w/ Gravy Mashed Potatoes California Mixed Vegetables Jello	16 Pears Seasoned Baked Chicken Leg Crispy Tater Tots Yellow Corn Mandarin Oranges/Vanilla Pudding	ANNIVERSARY CELEBRATION 17 Cottage Cheese & Apple Butter Corned Beef Cabbage Boiled Potatoes Keylime Pie	18 Tossed Salad w/ Dressing Beef Lasagna Green Beans Fresh Orange
21 Pears Salisbury Steak w/ Gravy Peas & Pearl Onions Mashed Potatoes Butterscotch Pudding	22 Beef Barley Soup Stuffed Pepper w/ Sauce Mashed Potatoes Carrots Fruit Cocktail	23 Vegetable Salad Breaded Fish w/ tartar sauce Rice Pilaf 5 Mixed Vegetables Canned Diced Peaches	EASTER CELEBRATION 24 Pineapple Ham Steak Candied Sweet Potato Brussel Sprouts Ice Cream	25 GOOD FRIDAY CENTER CLOSED
BIRTHDAY PARTY 28 Diced Peaches Chicken Cordon Bleu Buttered Pasta California Blend Vegetables Birthday Cake	29 Applesauce Pork Roast w/ Gravy Mashed Potatoes Peas & Carrots Pineapple Tidbits	30 Tomato, Cucumber, Onion Salad Beef BBQ w/ Roll Tater Tots Broccoli Pound Cake	31 Soup and Salad Bar	MENU



200 West Spring Street • Boyertown, PA 19512

DATED MATERIAL

NON PROFIT
BULK RATE
BOYERTOWN, PA
U.S. POSTAGE PAID
PERMIT NO. 10033

**THE CENTER AT SPRING STREET
OFFICERS**
President: William Zollers
Vice President: John Novak
Secretary: Maria Armino
Assistant Secretary: Eugene Rohrbach
Treasurer: Janet Geraghty
Assistant Treasurer: Jane Hopple

VOLUNTEER HOURS

During the month of January 2016,
our volunteers gave a total of

2,581 hours

of service for our Center!

THANK YOU, VOLUNTEERS!

* * * * *

“Kindness is the language which the deaf can
hear and the blind can see.”

Mark Twain

MULTI-SERVICE STAFF
Executive Director: Karen Youse
Bookkeeper/Administrative Asst: Jill Howard
Over 60 Case Manager: Ginny Cox
Under 60 Case Manager: Amy Davies
Meals on Wheels Case Manager: Diane Joyce
Food Program Manager: Nancy Kremm
Receptionist/Transportation Coordinator:
Karen Trout
Energy Case Manager: Barbara Bernier
Development and Public Relations:
Tanna Wagner
Center Director: Lori Bernhard
Assistant Center Director: Patricia Petrauskas
Center Receptionist: Fran Doaty
Program Coordinator/ PR: Debra Brauner
Bus Drivers: Joy Harner/Bob Eichert
Executive Chef: Christopher Mest
Prep Chef: Ursula Wieland
Facility Manager: Greg Rothenberger
Custodian: Russell Bouchat
Rental Staff Person: Gayle Perera
Editor: Lori Bernhard
Typist: Jill Howard