

THE PRIME TIMES

A publication of

The Center at Spring Street

OCTOBER 2015

Phone: 610-367-2313 lbernhard@boyertownareamulti-service.org

DATE SAVER NOTICE

Tuesday, October 6, 2015

Tuesday, October 20, 2015

6 – 9 p.m.

BINGO Nite

Thursday, October 8, 2015

Bus Trip – Penns Peak

“The Glenn Miller Orchestra”

11:15 a.m. Membership Meeting

1 p.m. Musical Entertainment

by Travis Wetzel

Friday, October 9, 2015

7:30 – 10:30 p.m.

Friday Nite Dance

“The ChasBand”

Monday, October 12, 2015

Columbus Day

Center Closed

Tuesday, October 13, 2015

1 p.m. – Medicare Update

By Ginny Cox

Monday, October 26, 2015

Oktoberfest & Birthday Party

1 p.m. Musical Entertainment by

Pretzel Land Band

Tuesday, October 27, 2015

Cake Raffle

10:45 a.m. – Tuesday BINGO

Friday, October 30, 2015

Halloween Celebration

From Lori's Desk....

The Center has a lot to offer in October and I would like to invite everyone to take a look at our calendar and consider taking advantage of the wonderful programs and activities scheduled throughout the month.

On October 1st at 1 p.m., Linda Detweiler from Chestnut Knoll at Home will be here to help us understand what foods commonly cause digestive problems in order to avoid them and feel better. Please join us for her presentation on the “8 Worst Foods for Digestion” and start feeling better.

October 15th, will begin the annual Medicare enrollment period and will end on December 7th. On Tuesday, October 13th at 1 p.m., Boyertown Area Multi-Service's Over 60's Case Manager, Ginny Cox will present a “Medicare Update” and offer general information on Medicare. She will also be available during the open enrollment to meet with beneficiaries to assist with plan comparison and enrollment.

If you have not already received your flu and/or pneumonia immunization, please mark your calendar for Friday, October 16th when The Medicine Shoppe will be here from 9 a.m. to 12 noon to provide Flu and Pneumonia Immunizations. Medicare will cover the cost for the immunization. Anyone who does not have Medicare will be treated on an individual basis. For those with no insurance coverage, the cost for the Flu Immunization will be \$27. Pre-registration is suggested, but not required.

The Boyertown Halloween Parade will be held on Saturday, October 24th at 7 p.m. The Center at Spring Street will be participating in the parade again this year with the Boyertown Area Multi-Service/The Center at Spring Street bus. We are looking for volunteers to ride the bus through the parade. We will meet at the Center at 5 p.m. to board the bus and head to the starting point for the parade. Everyone will be treated to a sandwich and a beverage before the start of the parade. If interested in joining us, please sign up at the Center or call the Center at 610-367-2313.

**The Center at Spring
Street**

**is a service of
Boyertown Area Multi-
Service, Inc.**

**Center Hours
9:00 A.M. to 4:00 P.M.
Monday thru Friday**

“EARLY BIRD” BREAKFAST PROGRAM



October 2, 2015

Croissant sandwich
(bacon, egg, cheese)

OR

Scrambled eggs and bacon

October 9, 2015

French Toast and sausage

OR

Creamed dry beef with toast

October 16, 2015

Croissant sandwich
(bacon, egg, cheese)

OR

Scrambled eggs, hash brown, and bacon

October 23, 2015

Golden oven omelet and ham

OR

Pancakes and ham

October 30, 2015

Croissant sandwich
(bacon, egg, cheese)

OR

Scrambled eggs, hash browns, and bacon

Served with fruit, muffins or pastry, toast,
coffee, tea, juice, cereal – Cost - \$2.00

Breakfast served promptly at 8:00 A.M.

Please sign-up 2 days in advance.

Menu is subject to change.

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COUPON CLUB

Whether you are interested in saving a dollar here or there, find the best deals using the coupons you're already finding, or you'd like to know more ways you can find coupons and deals, get items for free or almost free as well as ways to really stock up on the items you're finding deals on . . . this is the Club for you! The Coupon Club meets the first Tuesday of every month at 10 a.m. Bring any coupons you have and we can show you the best way to find coupons, organize you coupons and how to find the best deals out there. We'll share money saving information, tips and techniques throughout the year.

If you are a beginner, please join us at 9:30 a.m. for the Beginner Couponing class.

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OKTOBERFEST AND BIRTHDAY PARTY

Join us as the Center celebrates Oktoberfest and October Birthdays on Monday, October 26th. There will be soft pretzels and root beer floats at 10:30 a.m., Birthday 50/50 at 11:30 a.m., birthday cake compliments of Chestnut Knoll, and musical entertainment at 1 p.m. by the Pretzel Land Band. If you cannot join us for lunch please join us at 1 p.m. for the entertainment. Either way . . . hope to see you at the Center!

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FOCUS ON FIXED INCOME

Owning investments that may provide you with a regular income can be a smart decision. That's why it's a good idea to learn how fixed-income investments such as bonds may help you to reach your financial goals. Bonnie Thompson of Edward Jones will be at the Center on Thursday, October 29th at 1 p.m. to educate you on how taking an interest in bonds may help provide interest for your future!

* * * * *

HALLOWEEN CELEBRATION

For a HOWLING good time, join us at the Center for our Halloween Celebration on Friday, October 30th! If you dare . . . wear a costume and receive a special treat!!!

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MARK YOUR CALENDARS:

20th Annual Talent Show – Tuesday, November 10, 2015 at 1 p.m. Can you sing a little ditty, do a little dance, tell a funny joke . . . then we would love you to sign up for our Talent Show.

Holiday Bazaar – The Center at Spring Street will hold its annual Holiday Bazaar on Saturday, November 7th, from 8 a.m. to 4 p.m. There will be holiday crafts, flea market items, quilt & gift card raffle, gift basket raffle, bake sale, refreshments, and more. If you would be interested in a table, please contact Lori Bernhard at the Center at 610-367-2313.



I'M A LITTLE SCARECROW

I'm a little scarecrow,
Raggedy and worn.
I wear a hat
And a shirt that's torn

When the crows come,
I wave and shout,
"Away from my garden . . .
Get on out!"



* * * * *



HAPPY BIRTHDAY TO OUR OCTOBER CELEBRANTS!!

01 Gloria Webster	09 Donald Losch	15 Delores Weiss	22 Raymond Langan, Sr.	25 Larry Royer
01 Robert Tremmer	09 Gordon Mack	15 Olivia Schoenly	22 Penny Searfoss	26 Catherine Webb
01 Sally Mastandrea	09 Doris Hunsberger	16 Vallin Malcom	23 Margaret Rubendall	27 Tom Valinoto
01 Sharon Meschter	09 Tanna Wagner	16 Sandi Quicksell	23 Mary Lou Oswald	27 Judith Kingsepp
01 Lloyd Zimmerman	10 Donna Wetzel	16 Marie Kauffman	23 Irene Cupo	28 Deborah Seyler
02 Thelma Borchelt	10 Dolores Cothran	17 Virginia Cox	23 Whitney Steinman	28 Rebecca Bowers
03 Stuart Spohn	10 Walter Harrold	17 Joseph Nichols	23 Elizabeth Bush	28 Annabel Frain
04 Betty Meyers	11 Richard Freed	18 Diane Stinnard	23 Karen Parks	28 Linda Harpel
04 Carolyn Diachynsky	11 Lori Oister	18 Michael Furey	23 Arlene Kulp	28 Jack Kreno
05 Dolores Townsley	12 Richard Welder	20 Carl Moser	24 Kathleen Minner	28 Mary Ann Dewald
06 Laura Boyd	12 John Albright	20 Francis McClafferty	24 Patrick Clifford	28 Lee Moyer
06 Gretchen Hyneckeaal	12 Sharon Smith	20 Dennis Miller	24 Joan Clifford	29 Maria Armino
07 Patricia Reitnauer	13 Pat Helman	20 Grace Pirog	24 Marian Rose	29 Linda Bobar
07 Marilyn Keller	13 Mary Novak	20 Joseph Madaras	24 Daniel Stapleford	29 Adam Brandt
07 Margaret Schiefer	13 Fern Readinger	20 Debra Brauner	24 Ronald Neiman	30 Eileen McCormick
08 Leonard Gresh	14 Mildred Kaas	21 Aloma Nagel	25 Shirley Horner	30 Catherine Biever
08 Joellen Nichols	14 Diane Schaeffer	21 Donald Frank	25 Mary Stoudt	31 Gerri Rhoads
08 Claudette Ramsay	14 Dave Gamler	21 Ken Hoch	25 Sherwood Hallman	31 Pauline Twardowski
	15 Betty Stauffer	21 Jacob Werstler	25 Ruth Ann Good	



THE CENTER AT SPRING STREET BULLETIN BOARD



MEMBERSHIP

Please check your
membership card for
your renewal date!

GET WELLS

Phoebe Fagley Barbara Blazes
Lois Oister Gordon Mack
Tom Galloway Ray Langan, Sr.
Betty Mae Eberhart
Madeline Cinciripino

"INVITATION"

October celebrants are invited to celebrate their birthday at the Center on
Monday, October 26, 2015, from 10 A.M. to 2 P.M.

Entertainment by: Pretzel Land Band


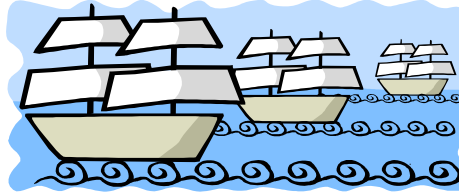
R.S.V.P. (610) 367-2313, by Monday, October 19, 2015

Please bring your current membership card to receive a complimentary meal.



The Center at Spring Street

Boyertown Area Multi-Service, Inc. is a member agency of the Boyertown Area United Way, and is also funded in part by the Pennsylvania Department of Aging through Berks County Area Agency on Aging, and the generosity of the individuals, churches and organizations of the Boyertown Area.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY ACTIVITIES... Pinochle & Other Card Games Quilting Shuffleboard Rummikub & Other Games Billiards & Table Tennis Book Swap Good Coffee & Great Company!	 <h1 style="color: red; font-size: 2em;">OCTOBER</h1> <h1 style="color: red; font-size: 3em;">2015</h1>		9 Cards and Games 9:30 Light & Lively w/Jody 10:30 PEPPi Weight Training w/Jody 1 "8 Worst Foods for Digestion" by Linda Detweiler, Chestnut Knoll at Home 1 Beginner Bridge 2 Chorus Rehearsal	8 Early Bird Breakfast 9 Cards and Games 9:15 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga w/Fran BINGO Enjoy a "Weekend" Word Search
5 8:30-4:30 Veteran's Assistance Program 9 Cards and Games 9:15 Wii Bowling 10:30 Bean Bag Baseball Practice 11 Reflective Moments 1 BINGO 6:30 Songsters @ St. John's Luth.	6 9:15 Wii Bowling 9:30 Beginner Couponing 10 Coupon Club 11 PEPPi Weight Training w/Jody 1 Computer Class - Basic Sit & Get Fit w/Jody 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	7 9 Cards and Games 9:15 Yoga w/Fran 10 Blood Pressure and Weight by Chestnut Knoll 10:30 Mah-Jongg 10:45 PEPPi Weight Training w/Robin 12:45 Wii Bowling 1-4 "Golden Texas Hold 'Em" 2 Beginner Line Dancing w/Jane	8 BUS TRIP - Penn's Peak 9:30 Light & Lively w/Jody 10 BINGO Walking for Seniors BASH Memorial Stadium Track 10:30 PEPPi Weight Training w/Jody 11:15 Center Membership Mtg. 1 Musical Entertainment by Travis Wetzel NO Chorus Rehearsal	9 8 Early Bird Breakfast 9 Cards and Games 9:15 Wii Bowling 10:30 Walk & Talk 11 Chair Yoga w/Fran BINGO 1 Book Club 7:30-10:30 Friday Nite Dance "The ChasBand"
 <p style="text-align: center;">COLUMBUS DAY CENTER CLOSED</p>	12 9:15 Wii Bowling 11 PEPPi Weight Training w/Jody 12 Piano Tunes w/Kay Behle 1 Computer Class - Basic 1 "Medicare Update" by Ginny Cox 1-3 Swim Time @ YMCA 1:30 Open Art Studio 5:30 Supper Club @ Pied Piper	13 9 Cards and Games 9:15 Yoga w/Fran 10 Managing Your Medications Safely by Beth Hiriak, SE Home Health 10:30 Mah-Jongg 10:45 PEPPi Weight Training w/Robin 1 Bridge 12:45 Wii Bowling 2 Beginner Line Dancing w/Jane	14 9 Cards and Games 9:30 Light & Lively w/Jody 10 Blood Pressure and Weight by Bayada Hospice 10:30 PEPPi Weight Training w/Jody 12:45 History Revisited - "Native American Prophecies" Darius Puff 1 Beginner Bridge 2 Chorus Rehearsal	15 8 Early Bird Breakfast 9 Cards and Games 9-12 Flu Immunizations 9:15 Wii Bowling 11 Chair Yoga w/Fran BINGO Enjoy a "Weekend" Word Search
19 9 Cards and Games 9:15 Wii Bowling 10 "Coping with Life Changes" Discussion Group 10:30 Bean Bag Baseball Practice 11 Reflective Moments 1 Birthday BINGO 5-7 Aging Parent Fair	20 9 Cards and Games 9:15 Wii Bowling 11 PEPPi Weight Training w/Jody 1 Computer Class - Basic Sit & Get Fit w/Jody 1-3 Swim Time @ YMCA 1:30 Open Art Studio 6-9 BINGO Nite	21 9 Cards and Games 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPi Weight Training w/Robin 12:45 Wii Bowling 1-4 "Golden Texas Hold 'Em" 2 Beginner Line Dancing w/Jane	22 9 Cards and Games 9:30 Light & Lively w/Jody 10:30 PEPPi Weight Training w/Jody 12:30 Songsters @ Trinity Reformed Pinochle Card Party	23 8 Early Bird Breakfast 9 Cards and Games 9:15 Wii Bowling 10 Visit from Boyertown Area YMCA Preschool/Pre-K Songs & Games 10:30 Walk & Talk 11 Chair Yoga w/Fran BINGO Enjoy a "Weekend" Word Search
26 OKTOBERFEST & BIRTHDAY PARTY 9 Cards and Games 9:15 Wii Bowling 11 Reflective Moments 1 Musical Entertainment by Pretzel Land Band *Birthday Cake provided by Chestnut Knoll	27 CAKE RAFFLE 9 Cards and Games 9:15 Wii Bowling 10:45 Tuesday BINGO 1 Sit & Get Fit w/Robin 1-3 Swim Time @ YMCA 1:30 Open Art Studio	28 9 Cards and Games 9:15 Yoga w/Fran 10:30 Mah-Jongg 10:45 PEPPi Weight Training w/Robin 12:45 Wii Bowling Hasenpfeffer Card Party Beginner Line Dancing w/Jane Bean Bag Baseball Tourn. @ Walnut Woods	29 9 Cards and Games 9:30 Light & Lively 10:30 PEPPi Weight Training 1 "Focus on Fixed Income" by Bonnie Thompson, Edward Jones 2 Chorus Rehearsal	30 HALLOWEEN CELEBRATION 8 Early Bird Breakfast 9 Cards and Games 9:15 Wii Bowling 10:30 Walk & Talk w/Robin 11 Chair Yoga w/Fran BINGO Enjoy a "Weekend" Word Search

THE CENTER AT SPRING STREET BUS TRIP SCHEDULE

The Center at Spring Street bus trips are open to anyone age 55 and over; Center membership is not required. All bus trips depart from Town Plaza, unless specified otherwise.

A \$5 (five dollars) deposit will reserve your seat. Final payments must be made by designated date. We reserve the right to fill the reservation if final payment is not made on time.

All trips are open for sign-up now.

Please make your check payable to:

The Center at Spring Street



Bus Trip Registration:

Monday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Tuesday 10:30 a.m. to 12 noon – Esther & Carl Witzel

Wednesday 9 a.m. to 1 p.m. - Betty Shenk.

Friday 10:30 a.m. to 12 noon – Esther & Carl Witzel

You are also welcome to mail your deposit to:

The Center at Spring Street

Attn: Esther & Carl Witzel or Betty Shenk

200 West Spring Street

Boyertown, PA 19512

Your receipt and agenda will be mailed to you. Please make sure to include your name, address, and the trip for which you are sending payment.

Refunds for cancellations will be given on a medical emergency only.

A doctor's excuse will be required within **5 (five) business days** of the trip date.

Any other cancellations will receive refunds only if the space can be refilled.

2015 BUS TRIP SCHEDULE

OCTOBER 8, 2015 – PENNS PEAK

Show: "The Glenn Miller Orchestra"

Enjoy a meal and a show.

Register by: August 27, 2015

Cost: Member \$84.00

Non Member: \$86.00

NOVEMBER 12, 2015 – SIGHT & SOUND

Show: "Miracle of Christmas"

Includes lunch at Shady Maple Smorgasbord

Register by: September 28, 2015

Cost: Member \$93.00

Non Member: \$95.00

DECEMBER 2, 2015 – HUNTERDON HILLS PLAYHOUSE

Show: "Playhouse Christmas 2015"

Enjoy a meal and a show.

Register by: October 19, 2015

Cost: Member \$95.00

Non Member: \$97.00

OCTOBER 29-NOVEMBER 5, 2016 – HAWAII CRUISE

With Norwegian Cruise Line on "The Pride of America"

For More Information – Contact the Center at 610-367-2313

October 2015

Please make your reservation/cancellation two days in advance by calling 610-367-2313.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change!	MENU	Diabetic desserts are available upon request.	Fruit Cocktail Meatballs w/ Beef Gravy Rice Pilaf Broccoli Angel Food Cake	Mandarin Oranges Baked Chicken Oven Brown Potatoes 5 Mixed Vegetables Chocolate Pudding
Pears Bratwurst Sauerkraut Roasted Potatoes Peaches	Applesauce Grilled Pork Chop w/ Gravy Mashed Potatoes California Mixed Vegetables Jello	Vegetable Soup Seasoned Baked Chicken Leg Crispy Tater Tots Yellow Corn Mandarin Oranges in Pudding	Pepper Cabbage Meatloaf Red Potato Broccoli Pineapple Tidbits	Tossed Salad w/ Dressing Beef Lasagna Green Beans Fresh Orange
Pears Salisbury Steak w/ Gravy Peas & Pearl Onions Boiled Potatoes Butterscotch Pudding	Vegetable Salad Stuffed Pepper w/ Sauce Mashed Potatoes Carrots Fruit Cocktail	3 Bean Salad Baked Crab Cake Rice Pilaf 5 Mixed Vegetables Diced Peaches	Beef Noodle Soup Lemon Pepper Chicken Oven Fried Potatoes Lima Beans Mandarin Oranges in Jello	Pineapple Ham Steak Candied Sweet Potato California Mixed Vegetables Ice Cream
Garden Salad w/ Dressing Chicken Cordon Bleu Buttered Pasta California Blend Vegetables Tapioca Pudding	Applesauce Pork Roast w/ Gravy Mashed Potatoes Peas & Carrots Fruited Jello	Tomato, Cucumber, Onion Salad Chopped Steak w/ Gravy Roasted Potatoes Broccoli Pound Cake	3 Bean Salad Chicken Pot Pie 5 Mixed Vegetables Fresh Orange	Pears Stuffed Cabbage w/ Sauce Mashed Potatoes Green Beans Fresh Apple
3 Bean Salad Kielbasa Boiled Potatoes Winter Mix Ice Cream	Applesauce Hunter's Chicken Oven Browned Potatoes Chopped Broccoli Peaches & Jello	Applesauce Shepherd's Pie Corn & Carrots Chocolate Pudding	Garden Salad/ Dressing Chicken Parmesan Spaghetti w/ Red Sauce Green Beans Fresh Orange	Creamy Cole Slaw Roast Beef w/ Gravy Pierogies 5 Mixed Vegetables Dice Peaches



200 West Spring Street • Boyertown, PA 19512

DATED MATERIAL

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**THE CENTER AT SPRING STREET
OFFICERS**

President: William Zollers
Vice President: John Novak
Secretary: Betty Mae Eberhart
Assistant Secretary: Maria Armino
Treasurer: Janet Geraghty
Assistant Treasurer: Jane Hopple

VOLUNTEER HOURS

During the month of August 2015,
our volunteers gave a total of

2,909 hours

of service for our Center!

Total for 2015: 22,321 hours

THANK YOU, VOLUNTEERS!

* * * * *

“Success is not built on what we accomplish
for ourselves. Its foundation lies in what we
do for others.”

Danny Thomas

MULTI-SERVICE STAFF

Executive Director: Karen Youse
Bookkeeper/Administrative Asst: Jill Howard
Over 60 Case Manager: Ginny Cox
Under 60 Case Manager: Amy Davies
Meals on Wheels Case Manager: Diane Joyce
Food Program Manager: Nancy Kremm
Receptionist/Transportation Coordinator:
Karen Trout
Energy Case Manager: Barbara Bernier
Development and Public Relations:
Tanna Wagner
Center Director: Lori Bernhard
Assistant Center Director: Patricia Petrauskas
Center Receptionist: Fran Doaty
Program Coordinator/ PR: Debra Brauner
Bus Drivers: Joy Harner/Bob Eichert
Executive Chef: Christopher Mest
Prep Chef: Ursula Wieland
Facility Manager: Greg Rothenberger
Custodian: Russell Bouchat
Rental Staff Person: Gayle Perera
Editor: Lori Bernhard
Typist: Jill Howard