

# THE PRIME TIMES

Boyertown Area Senior Center  
A Service of Boyertown Area Multi-Service  
610-367-2313

## JANUARY 2024 DATE SAVER NOTICE

**Monday January 1, 2024**  
CENTER CLOSED  
Happy New Year!

**Thursday, January 4, 2024**  
**Thursday, January 18, 2024**  
6 p.m.- BINGO Nite

**Monday, January 8, 2024**  
1:00 p.m. and 5:30 p.m.- Coloring with  
A Purpose with Julie Longacre

**Friday, January 12, 2024**  
7 p.m.-10 p.m.- Friday Nite Dance  
The Majestics

**Monday, January 15, 2024**  
Center Closed  
Martin Luther King, Jr. Day

**Wednesday, January 17, 2024**  
11 a.m.-Ctr. Membership Mtg.  
1 p.m.- Michael Kropp

**Wednesday, January 24, 2024**  
Wacky Wednesday

**Thursday, January 25, 2024**  
Cake Raffle  
10 a.m.- Thursday BINGO

**Monday, January 29, 2024**  
Birthday Party  
1 p.m.- Ralph Noll



## From Lori & Center Staff....

As we approach 2024, I can't help but reflect on past New Year's celebrations. They've been so lively and full of love—just like this one is. We are excited to ring in 2024 with such joy! Thank you for all the wonderful memories, laughs and fun times you have brought and shared with us all here at The Center at Spring Street in 2023! Looking forward to what 2024 has in store for all of us with new memories to look back on! Sending the warmest of wishes for a Happy and Healthy New Year from us to you!

On Monday, January 8<sup>th</sup> at 10 a.m. join Fitness Director Michelle McKeown from the Boyertown YMCA as she teaches a fun Food for Thought Workshop on "Citrus"! Where you can learn how to create a delicious Winter Citrus Salad with Orange Honey Dressing. This class is FREE, due to being sponsored. Seating is limited and registration is required by calling Stacey Brennan, at 610-367-2313 Ext. 1.

**Thank you to Pennsylvania Department of Aging Berks County Area Agency on Aging for sponsoring the Food for Thought Workshops by Boyertown YMCAs Fitness Director Michelle McKeown!**

Wacky Wednesday will be on Wednesday, January 24<sup>th</sup> where we invite you to create your own wacky style! Some examples include crazy, silly hairdos, mismatched socks, wear clothes on backwards and anything else you might find fun to do! We will be taking a group picture around 10:45 a.m.!

Join Peggy Allen-Gessaman from Heritage Art and Craft Studio to create a Victorian Pressed Flowers and Frame on Tuesday, January 30<sup>th</sup> at 1 p.m. Peggy will return to The Center to teach a class on how to make a Rusty Tin Wall Heart Bucket Craft on Wednesday, January 31<sup>st</sup> at 1 p.m. Both classes are FREE, due to being sponsored. Seating is limited and registration is required by calling Stacey Brennan, at 610-367-2313 Ext. 1.

**Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the craft classes by Peggy Allen-Gessaman!**



**ACTIVITY SIGN UPS**

All January activities and programs that require pre-registration will be available for sign-ups beginning Tuesday, January 2<sup>nd</sup> unless otherwise noted in their description below!

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**BINGO NITE**

The Center is excited to bring BINGO Nite back to The Center for the New Year. Thursday, January 4<sup>th</sup> doors will open at 4 p.m. and food will be available to purchase at 4:30 p.m. Bringing outside food into BINGO night is prohibited. Prizes include Grocery items and Meat items. There will also be 50/50, U Pick-Um, and Either/Or Special Games. BINGO night will be held every other Thursday evening. Admission will be \$6 for four BINGO cards and \$.25 cents for each additional BINGO card. Donations of soup and/or dessert items for food menu are appreciated. We hope to see you at BINGO Nite!!!

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**COLORING WITH A PURPOSE WITH JULIE LONGACRE**

Julie Longacre will have two available Coloring with A Purpose classes on Monday, January 8<sup>th</sup> at 1 p.m. and at 5:30 p.m. Join us for Coloring with a Purpose with accomplished local artist, Julie Longacre as she takes you step by step in coloring one of her drawings created exclusively for The Center at Spring Street. This event is free and open to the public. Pre-registration is required, and you can register at The Center or by calling Stacey Brennan at 610-367-2313 Ext. 1 beginning the week of December 29<sup>th</sup>.

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**FRIDAY NITE DANCE**

The Center is excited to be bringing the Friday Nite Dances back starting on Friday, January 12<sup>th</sup> from 7 to 10 p.m. with the doors opening at 6 p.m. There will be light refreshments for purchase. Admission is \$15 for Center Members and \$20 for Non-Center Members. The Majestics will be providing the dance music! Dust off your dancing shoes and see you at the Friday Nite Dance!!!

**MATTER OF BALANCE WITH BERKS ENCORE**

This program emphasizes practical strategies to manage falls.

**YOU WILL LEARN TO:**

View falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home, exercise to increase strength and balance.

**WHO SHOULD ATTEND?**

Anyone concerned about falls, interested in improving balance, flexibility and strength, anyone who has fallen in the past and anyone who has restricted activities because of falling concerns.

A Matter of Balance will be held at The Center on Mondays beginning January 22<sup>nd</sup> through March 18th from, 9:30am to 11:30 am! This program is FREE but requires Registration. Contact Berks Encore Kate Sweinhart 610-582-1603 Email: [ksweinhart@berksencore.org](mailto:ksweinhart@berksencore.org).

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**CAKE RAFFLE**

Please mark your calendars for Thursday, January 25<sup>th</sup> for The Center's Cake Raffle! Feel free to bring in a homemade or store bought baked good to go to the Cake Raffle. Raffle tickets will be available for purchase up until 11:30 a.m. and winners will be pulled and announced during lunch time announcements. We hope to see you for 10 a.m. Thursday BINGO on this day as well! We will be playing 10 games with FREE Lunch Tickets as prizes! Please include on your donated homemade baked goods if there are nuts in the ingredients.

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**AARP FOUNDATION TAX-AIDE**

Get your taxes done for free at Boyertown Area Multi-Service through AARP Foundation Tax-Aide program. This program is open to all ages and AARP membership is not required. Appointments are available on Thursdays, beginning February 8<sup>th</sup> and continuing through April 11<sup>th</sup>. AARP's tax prep volunteers are trained and IRS-certified every

year. To schedule your appointment, please call 610-367-6957.

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**THANK YOU!**

Thank you to all the Center Members who donated Breakfast Items to make Breakfast Bags for Meals on Wheels Clients! With all your donations we were able to make 100 Breakfast Bags! Thank you to the volunteers who helped put the bags together on Wednesday, December 6<sup>th</sup>, we greatly appreciated your help!



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**THANK YOU!**

Thank you to all Members who helped decorate and donate Angel themed decorations towards the Center's "Angels" themed tree for the 17<sup>th</sup> Annual Festival of Trees Event on Friday, December 1, 2023, and Saturday, December 2, 2023!



**FRIDAY NITE DANCE SCHEDULE FOR 2024  
AT THE CENTER AT SPRING STREET**



Friday, January 12, 2024 – The Majestics

Friday, February 9, 2024 – The Rehrig Brothers

Friday, March 8, 2024 – Steve Ritter & Waitin on Sundown

Friday, April 12, 2024 – The Majestics

Friday, May 10, 2024 – Banned From the Ranch

Friday, June 14, 2024 – The Rehrig Brothers

Friday, July 12, 2024 – The Majestics

Friday, August 9, 2024 – The ChasBand

Friday, September 13, 2024 – By Request

Friday, October 11, 2024 – The Majestics

Friday, November 8, 2024 – The ChasBand

**NO DANCE IN DECEMBER**

**TIME: 7:00-10:00 P.M.**

**FOR ADULTS 55 YEARS AND OLDER**

**LIGHT REFRESHMENTS AVAILABLE!**







## January

The days are short. The sun a spark,  
 Hung thin between the dark and dark.  
 Fat snowy footsteps track the floor.  
 And parkas pile up near the door.  
 The river is a frozen place.  
 Held still beneath the tree's black lace.  
 The sky is low. The wind is gray.  
 The radiator purrs all day.  
 ~John Updike



## HAPPY BIRTHDAY TO OUR JANUARY CELEBRANTS!!

01 Jill Stan	04 Earl Guinther	12 Kathleen Arnold	21 Karen Diliplane	27 Sally Mohr
01 Brian Blasic	05 Lois Oister	12 Melanie Alting	21 Joseph Konoza	28 Judy Bonetz
01 Richard Houck	05 Sharon Muntz	13 Veronica Knepp	22 Phillip Wild	28 Susan Stauffer
01 Gail Tomaszewski	05 Edward Greth	13 Doris Moyer	22 Joseph Kijak	28 Anna Mae Rinehart
01 Elizabeth Howells	05 Nile Selagy	14 Marvin Moyer	22 Marigrace Miele	28 Sandra Seasholtz
02 Mary Ann Reinert	05 Paul Hartman	15 Sharon Johnson	22 James Raudenbush	29 Joan Fidler
02 Paul Grater	07 Donald Nazaryk	15 Patricia Rohrbach	23 Leroy Ackerman	29 Laverne Henry
02 Paul Groff	07 James Denton	15 Kathy Rubert	23 Kenneth Melton	29 Frances Moyer
03 Phyllis Bangs	07 George Knapp Jr	16 Mary Fineran	23 Faith Geiger	29 Gina Marazzi
03 Theresa Fieo	07 Robert Schoch	16 Edwin Rittle	23 Gail Koch	29 Verna Mauer
03 William Lanyon	08 Paul Hartman	16 Suzette I. Rosen	23 Linda Linsey	30 Dorothy Wagner
03 Anne McCanty	08 Eileen Fisher	17 Grace Braun	23 Judith Meyers	30 Howard Reigner
03 Wendy Maquire	09 Judy Hugo	18 Mary Levensgood	24 Concetta Buchle	31 Barbara Browning
03 Marlene Marks	10 Tyler Davis	18 Kenneth Baus	24 Wilda Mathias	31 Earl Geiger
03 Nina Rizzetto	11 Antoinette Mack	19 Joan Albitz	25 Linda Schutt	31 Lillian Hulme
03 Monica Shanley	11 Sharon Hartman	19 Wayne Fabian	26 Sue Spleen	31 Lois Reinert
04 Pamela Vargo	11 Lynn Spohn	20 Vivian Guldin	27 Barbara Hoch	31 James Werner
04 Earl Guinther	11 Christopher Wolff	20 Edward Sullivan	27 Charlyne Campbell	
04 Cathy Fad	12 Joanne Giotti	21 Alton Dengler		

## THE CENTER AT SPRING STREET BULLETIN BOARD

### MEMBERSHIP

Please check your membership card for your renewal date.

### GET WELLS

Diana Schoch  
 Elmer Hilbert  
 Elke Sibalic  
 Fay Swavely  
 Carl Kirschner  
 Barb Norman

### OUR DEEPEST SYMPATHY TO THE FAMILY & FRIENDS OF:

Joseph Melcher  
 James Reidnauer

### "INVITATION"

January celebrants are invited to celebrate their birthday at the Center on Monday, January 29, 2024, from 10 A.M. to 2 P.M.

Musical Entertainment: Ralph Noll at 1 P.M.

R.S.V.P. (610) 367-2313, by Thursday, January 25, 2024.

Please bring your current membership card to receive a complimentary meal.

# WHAT'S COOKIN'?

January 2024

The years seem to pass in the blink of an eye. We all feel it, and yet there is no recourse to make everything go slower. We just learn to deal with the fast passage of time, and hopefully enjoy the moments we have here together without focusing on how quickly it goes by. We hope you will find time to visit the Center to enjoy a tasty hot meal and happy moments of fellowship. Here's to a new year, where we can enjoy who we are or choose to reinvent ourselves into who we'd prefer to be. We wish all of you a happy and healthy new year of family, friendship, good food and fun. Hope to see you soon.

*Best regards,  
Chris and Karen*

## Dishwasher Drama

When the dishwasher stopped working properly in early November, the Kitchen solved the problem by serving meals in trays instead of on plates. The meals were the same, but the delivery was in trays to ensure that what we were serving was safe for consumption.

Our first attempt at correcting the dishwasher problems did not work, so we tried another repair company, waited for the needed parts to arrive, and our dishwasher was finally up and running again.

We now have a fully functional commercial dishwasher that allows us to go back to serving on plates.

Thank you to Boyertown Area Multi-Service Director of HR/Operations/Volunteer Coordinator, Hope Claypoole, who contacted many repairmen until she was able to find someone who could fix our problems!

Thank you also to our volunteers, who always adjust and adapt whenever needed so that our meal service happens every day.

In November, Senator Tracy Pennycuick visited Boyertown Area Multi-Service and assisted Tuesday's Kitchen Crew with packing and serving the Thanksgiving celebration meal. Thank you, Senator Pennycuick. We appreciated your visit and help!



Pictured above from left to right: Barb Bowen, Diane Boysen, Carol Rothermel, Becky Rothenberger, Senator Pennycuick, Kathy Boysen, and Executive Chef Chris Mest.



*"January is the perfect time for new beginnings; turn the page, rewrite your story, and start afresh" - Somya Kedia*