JANUARY 2026

The Center at Spring Street Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cards and Games Shuffleboard Rummikub Billiards Book Swap Good Coffee & Great Company!			1 CENTER CLOSED IN OBSERVANCE OF NEW YEAR'S DAY	2 CENTER CLOSED IN OBSERVANCE OF NEW YEAR'S DAY
5 10:00 a.m. Boyertown Bear Races w/ The Residence at Boyertown 12:00 p.m. Lunch* 12:45 p.m. Wii Bowling Tournament 1:00 p.m. Busy Bees Sewing Group	6 9:15 a.m. Cardio w/ Natalie 9:30 a.m. Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. Canasta 1p.m.- 3p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club 5:00 p.m.-Supper Club @ Sicilian Delite	7 9:00 a.m.- Sit and Get Fit w/Joanne 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 9:30 a.m.- Mah-Jongg 10:00 a.m. Chair Dancing 10:30 a.m. Strength and Balance 12:00 p.m. Lunch* 12:45 p.m. Bean Bag Baseball Practice NEW MEMBER WELCOME WEEK	8 9:30 a.m. Ladies Choice Mixed Doubles Pool Tournament 11 a.m. Build a Snowman Game w/ Kim 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite	9 10:00 a.m. Hot Cocoa Bar & Cookies w/ Pottstown Skilled Nursing &Rehab 11:00 a.m. Meet & Greet with New Members 12:00 p.m. Lunch* 12:45 p.m.- BINGO
12 8:30 a.m.-Breakfast Club: Douglassville Café (1554 Ben Frkl. Hwy) 9:30 a.m.-9 Ball Pool Tournament 12:00 p.m. Lunch* 12:45 p.m. Open Activity Room Practice 1:00 p.m. Busy Bees Sewing Group	13 9:15 a.m. Cardio w/ Natalie 10:00 a.m. Nutrition:Food for Thought 12:00 p.m. Lunch* 1p.m.- 3 p.m.- Swim Time at the YMCA 12:45 p.m.-Hasenpffefer Card Game 1:00 p.m.- Knit and Crochet Club 1:00 p.m. Book Club - "The Mirror" by Nora Roberts	14 9:00 a.m.- Sit and Get Fit w/Joanne 9:30 a.m.- Mah-Jongg 10:00 a.m. Chair Dancing with Joanne 10:30 a.m. Discovery Event w/ Residence at Boyertown 10:30 a.m. Strength and Balance 12:00 p.m. Lunch* 12:45 p.m.- History Revisited 12:45 p.m.- Golden Texas Hold Em	15 9:30 a.m.- Shuffleboard Bowling 10:00 a.m. Winter Craft w/ Cindy & Pat 12:00 p.m. Lunch* 12:45 a.m.- Mah-Jongg 1:00 p.m. Balloon Volleyball Practice	16 9:30 Pool Team Tournament 11:00 a.m. Coffee and Conversation / Executive Director Bob Varga 12:00 p.m. Lunch* 12:45 p.m. BINGO
19 CENTER CLOSED IN OBSERVANCE OF MARTIN LUTHER KING, JR. DAY	20 9:15 a.m. Cardio w/ Natalie 10:00 a.m. Balloon Table Hockey 12:00 p.m. Lunch* 12:45 p.m. Canasta 1 p.m.- 3 p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club	MEMBERSHIP MEETING 21 9:00 a.m.- Sit and Get Fit w/Joanne 9:30 a.m.-Mah-Jongg 10:00 a.m.-Hearing Aid Cleaning 10:00 a.m. Chair Dancing 10:30 a.m. Strength and Balance 11:00 a.m. Membership Meeting 12:00 p.m. Lunch* 12:45 p.m.-Boom Box Bingo	22 10:00 a.m. Bean Bag Baseball Tournament 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite	23 9:30 a.m. Individual Pool Tournament 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 12:00 p.m. Lunch* 12:45 p.m.- BINGO
BIRTHDAY PARTY 26 9:30-11:30 a.m.-Matter of Balance 10:30 a.m.-Birithday Bingo 12:00 p.m. Lunch* 12:45 p.m.-Music w/ Ralph Noll 1:00 p.m. Busy Bees Sewing Group Birthday Cake provided by Chestnut Knoll	27 9:15 a.m. Cardio Drumming w/ Natalie 10:00 a.m.-Winter Safety /Eric Parrish, PT "Backs and Knees" 12:00 p.m. Lunch* 12:45 p.m.-Pinochle Card Party 1 p.m. - 3 p.m. Swim Time at the YMCA 1:00 p.m. Knit and Crochet Club	28 9:00 a.m.- Sit and Get Fit w/Joanne 9:30 a.m.-Mah-Jongg 10:00 a.m. Pictionary 10:00 a.m. Chair Dancing 10:30 a.m. Strength and Balance 12:00 p.m. Lunch* 1:00 p.m. Golden Texas Hold Em	29 10:00 a.m. Balloon Volleyball Tourny 12:00 p.m. Lunch* 12:45 p.m.- Mah-Jongg 12:45 p.m. Gift Card BINGO 5:00 p.m.-Supper Club @ Sicilian Delite	30 9:30 a.m.-Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. BINGO

Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the following wellness classes: Chair Dancing, Strength & Balance, and Cardio Fusion/Drumming,

*Lunch-please reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center by 11:15 am. Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are suggested donation of $2.50 per meal - actual meal cost is 4.29.