


MAY 2025

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc. Boyertown Area Multi-Service, Inc. is a member agency of Boyertown United Way, and the United Way of Berks County, and is also funded by the Pennsylvania Department of Aging through Berks County Area Agency on Aging and Adult Services of Montgomery County.

The Center at Spring Street Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY ACTIVITIES Cards and Games Shuffleboard Rummikub Billiards Book Swap Good Coffee & Great Company!			9:00 a.m.-Living Well with Diabetes 10:00 a.m.-Balloon Table Hockey 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite	1 KENTUCKY DERBY DAY 2 10:30 a.m.-Kentucky Derby Table Air Races 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO
5 POST PRESTON'S PANTRY EVENT CENTER CLOSED	6 9:15 a.m. Cardio Fusion w/Natalie 10:00 a.m.-Food for Thought w/Natalie "How to Read a Nutrition Label" 9:30 a.m.-Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:00-3:00 p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club 1:30 p.m. Songsters at Frederick Living	7 ALLIANCE CHRISTIAN SCHOOL 9:00 a.m. Sit and Get Fit w/ Joanne 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 10:00 a.m.- Balloon Volleyball 10:00 a.m.- Mah-Jongg 10:00 a.m. Chair Dancing w/ Joanne 10:30 a.m. Strength & Balance w/Joanne 12:00 p.m. Lunch* 12:45 p.m.-Brain Food-Dianne Beck K/W Realty-Property Transition	8 9:00 a.m. Living Well with Diabetes 9:30 a.m. Ladies Choice Mixed Doubles Pool Tournament 12:00 p.m. Lunch* 12:45 p.m.- Mah-Jongg 5:00 p.m.-Supper Club at Redvo	9 MOTHER'S DAY CELEBRATION 9 10:00 a.m.-Mother's Day Family Feud 12:00 p.m. Lunch* 12:45 p.m.-Music w/Ralph Noll 7 to 10 p.m.-Friday Nite Dance
12 9:15 a.m. Healthy Steps in Motion 1 9:30 a.m.-Scotch Double Pool Tourn. 10:30 a.m. Healthy Steps in Motion 2 11:30 a.m.-Pickleball at the YMCA 12:00 p.m. Lunch* 1:00 p.m.-Gift Card Bingo 1:00 p.m. Busy Bees Sewing Group	13 9:15 Cardio Fusion w/ Natalie 10:00 a.m.-Balloon Table Hockey 12:00 p.m. Lunch* 12:45 p.m. Hasenpfeffer Card Party 1:00-3:00 p.m.- Swim Time at theYMCA 1:00 p.m.- Knit and Crochet Club 1:00 Book Club	14 BUS TRIP - PENNS PEAK 9:00 a.m.- Sit and Get Fit w/Joanne 10:00 a.m.- Mah-Jongg 10:00 a.m. Chair Dancing w/Joanne 10:30 a.m. Strength & Balance w/ Joanne 12:00 p.m. Lunch* 12:45 p.m. History Revisited - Tecumseh 1:00 p.m. Golden Texas Hold Em	15 9:00 a.m. Living Well with Diabetes 9:30 a.m.-Shuffleboard Tournament 12:00 p.m. Lunch* 2:30 p.m. Songsters at Sanatoga Ridge 6:00 p.m. BINGO Nite	16 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 9:30 a.m.-Pool Individual Tournament 12:00 p.m. Lunch* 12:45 p.m.Movie BINGO - Boyertown Historic State Theater
19 BIRTHDAY PARTY 9:15 a.m. Healthy Steps in Motion 1 10:00 a.m.-Birthday Bingo 10:30 a.m. Healthy Steps n Motion 2 12:00 p.m. Lunch* 1:00 p.m. Busy Bees Sewing Group 12:45 p.m.- Music w/Michael Kropp Birthday Cake provided by Chestnut Knoll	20 8:30 a.m.-Breakfast Club at Bally Diner NO CARDIO FUSION 10:00 a.m.-Bean Bag Baseball Tournam 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:00-3:00 p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club	21 MEMBERSHIP MEETING 9:00 a.m.-AAA Road Wise Driving Course 9:00 a.m.- Sit and Get Fit w/Joanne 10:00 a.m.- Hearing Aid Cleaning 10:00 a.m.- Mah-Jongg 10:30 a.m.-Hershey the Therapy Dog 11:00 a.m. Chair Dancing 10:30 a.m. Strength & Balance w/Joanne 11:00 a.m. Membership Meeting 12:00 p.m. Lunch* 12:45 p.m.-Music by Keith Brintzenhoff	22 CENTER CLOSED FOR HEALTH FAIR 10:00 A.M. -12:00 P.M. Health Fair	23 RED, WHITE & BLUE DAY 9:00 a.m. Living Well with Diabetes 9:30 a.m. Shuffleboard Bowling 12:00 p.m. Lunch* 12:45 p.m.-The Spring Street Songsters
26  CENTER CLOSED IN OBSERVANCE OF MEMORIAL DAY	27 9:15 a.m. Cardio Drumming w/ Natalie 10:00 a.m.-Wii Bowling Tournament 12:00 p.m. Lunch* 12:45 p.m. Pinochle Card Game 1:00-3:00 p.m.- Swim Time at theYMCA 1:00 p.m.- Knit and Crochet Club	28 9:00 a.m. Sit & Get Fit w/Joanne 10:00 a.m. Chair Dancing w/Joanne 10:00 a.m.- Mah-Jongg 10:30 a.m. Strength & Balance w/Joanne 12:00 p.m. Lunch* 12:45 p.m.-Brain Food: Black & White Television Trivia w/Crazy Trivia 1 p.m. Golden Texas Hold Em	29 9:00 a.m. Living Well with Diabetes 10:00 a.m.-Balloon Volleyball 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite	30 9:30 a.m.-Pool Team Tournament 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO

Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the following wellness classes: Sit & Get Fit, Chair Dancing, Strength & Balance, and Cardio Fusion/Drumming, and educational program History Revisited. Also entertainment by Ralph Noll, Michael Kropp, and Keith Britzenhoff.

*Lunch-please reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center by 11:15 a.m.

Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are a suggested donation of \$2.50 per meal - actual meal cost if \$4.29.