



# THE PRIME TIMES

Boyertown Area Senior Center  
A Program of Boyertown Area Multi-Service  
610-367-2313 Ext.1

## JANUARY 2026 DATE SAVER NOTICE

**Wednesday, December 31, 2025**

CENTER CLOSED

New Year's Eve

**Thursday, January 1, 2026**

CENTER CLOSED

Happy New Year!

**Friday, January 2, 2026**

CENTER CLOSED

Happy New Year!

**Thursday, January 8, &**

**January 22, 2026**

6 p.m.- BINGO Nite

**Friday, January 9, 2026**

10:00 a.m. Hot Cocoa & Cookie Social, Sponsored by Pottstown

Nursing and Rehab

**Monday, January 19, 2026**

CENTER CLOSED

Martin Luther King, Jr. Day

**Wednesday January 21, 2026**

11:00 a.m. Membership Meeting

12:45 p.m. Boombox Bingo

**Monday January 26, 2026**

Birthday Celebration

10:00 a.m. Birthday Bingo

12:45 Musical Entertainment by  
Ralph Noll

## From Kim & Center Staff....

As we approach 2026, I would like to share with you that I am looking forward to starting and sharing a New Year together with all of you here at The Center at Spring Street, it will be going into my 3<sup>rd</sup> month since taking on the position as the Center Director and it has been a true pleasure getting to know and spend time with each one of you, the Members and the Staff everyone is so nice and has made me feel so welcome, it truly is heartwarming! Also, I am looking forward to what 2026 has in store for all of us, new programming, new adventures, and making new memories for us to look back on for many years to come...

We also are very excited about going into 2026 with having our New Executive Director: Robert Varga and our New Finance Director: Lauren Fairheller in place here at The Center!

At the December Center Membership Meeting, it was officially announced that the 2025 Center Membership Officers listed below are going to continue serving for the New Year 2026

President: William Blatt

Vice President: Tracy Lacy

Secretary: Concetta Buchle

Assistant Secretary: Pamela Vargo

Thank you to all of you that helped purchase items, made a monetary donation to make Breakfast Bags for Meals on Wheels recipients! With all your donations we were able to make 120 Breakfast Bags! Thank you to the volunteers who helped put the bags together, we greatly appreciated your help!

Thank you to all Members who helped decorate and donate items for the Center's Christmas tree themed "A Pinch of Joy, A Dash of Cheer" for the 19<sup>th</sup> Annual Festival of Trees Event on Friday, December 5th, and Saturday, December 6th, 2025! Our Sincere Thanks to The Festival of Trees' Title Sponsor: The Residence of Boyertown. Also, thank you to all that came out to our event and enjoyed the beautifully decorated Christmas Trees.

The Center at Spring  
Street is a program of  
Boyertown Area Multi-  
Service, Inc.

\* \* \* \* \*

Center Hours  
9 a.m. to 4 p.m.  
Monday thru Friday

## ACTIVITY SIGN UPS

All January activities and programs that require pre-registration will be available for sign-ups beginning Monday, January 5<sup>th</sup> unless otherwise noted in their description below!

### Bingo Nite

The Center is excited to bring BINGO Nite back to The Center for the New Year. Thursday, January 8<sup>th</sup> doors will open at 4 p.m. The Program has changed, we Added an Extra Money Game and two Extra new meats. Food will be available to purchase at 4:30 p.m. Bringing outside food into BINGO night is prohibited. Prizes include grocery items and meat items. There will also be 50/50, U Pick-Um, and Either/Or Special Games, including the new money game Bonanza! BINGO night will be held every other Thursday evening and will start PROMPTLY at 6:00 p.m. Admission will be \$6 for four BINGO cards and \$.50 cents for each additional BINGO card. Volunteers along with Donations of soup and/or dessert items for food menu are appreciated. We hope to see you at BINGO Nite!!!

### Boyertown Bear Races Return Monthly

The Boyertown Bear Races with The Residence at Boyertown will be returning Monday January 5<sup>th</sup> at 10 a.m. for some more fun race time! So come roll the dice and see if your bear can take 1<sup>st</sup> place to the finish line! Vicki and Nicole will return on January 14<sup>th</sup> at 10:30 a.m. for a Discovery Event!

### New Member Welcome Week

Monday January 5<sup>th</sup> – Friday January 9<sup>th</sup> welcoming all new members! Those who are new to the Center as of December 1<sup>st</sup> 2025 - thru-January 9<sup>th</sup> 2026 you will receive a ticket to fill out for a drawing on Friday January 9<sup>th</sup> at 11 a.m. and will have the chance to introduce themselves and any member who has brought in a new member/membership during the same time frame, December 1<sup>st</sup> 2025 – January 9<sup>th</sup> 2026 will get a thank you gift!

### Coffee and Conversation

On Friday, January 16<sup>th</sup> at 11:00 a.m. we will be having Coffee and Conversation with our New Executive Director: Robert Varga!

\* \* \* \* \*

### Dietetic Internship- Cedar Crest College

We are looking forward to meeting Caroline Giovinazzo a student from Cedar Crest College, on Tuesday January 13<sup>th</sup>. Caroline will be here at The Center for her Dietetic Internship with us. She will focus on nutrition and wellness and will implement a wellness project for us. The dates Caroline will be with us are January 13<sup>th</sup> – February 13<sup>th</sup> and returning March 23<sup>rd</sup> – May 1<sup>st</sup> we are happy to have her internship here at The Center!

\* \* \* \* \*

### Winter Safety Presentation

Eric Parrish, with the Integrated Medical Group in Fleetwood, is a physical therapist and good friend of the Center. He will be coming here to present "A Wintertime Perspective of the Well-being of our Knees and Backs" on Tuesday, January 27<sup>th</sup>, at 10:00 a.m. Plan to be here for his easy-to-understand program on a topic that is so important in the winter months.

\* \* \* \* \*

A Special Thank You goes out to the following, Our State Representative Donna Scheuren for providing The Center at Spring Street the U.S. Pennsylvania State Flag and Thanks goes out to Flag Zone in Gilbertsville for donating to us the indoor flag set and the mounting of the Pennsylvania State Flag, it has made a nice addition in the Center and is displayed next to the American Flag.

Just a reminder in the event of inclement weather check 69 News Storm Center (WFMZ-TV) for Center closings and Meals on Wheels cancellations. The Center's Main answering machine will also give you the correct information, the number to call is (610) 367-6957. Public updates will be posted on the organization's website and Facebook page promptly.

Sending the warmest of wishes for a Happy and Healthy New Year from us to you!

Kim, Stacey, and Russ. 😊



**When Winter's Here**

I think the months of winter are  
The finest of the year.  
Snowy days, blowy days-  
Aren't you glad they're here?  
Sleds go coasting down the hills.  
Snowmen stand and stare.  
The pond is fine for skating,  
And snow is everywhere.  
Snowy days, snowy days,  
Come when winter's here.  
Whitest days are brightest days,  
Of the whole long year.



## HAPPY BIRTHDAY TO OUR JANUARY CELEBRANTS!!

01 Brian Blasic	06 David Schaeffer	13 Doris Moyer	21 Karen Dilliplane	27 Sally Mohr
01 Richard Houck	07 James Denton	13 Joseph Powers	21 Joanne Miller	28 Susan Stauffer
01 Gail Tomaszewski	07 George Knapp Jr	14 Barbara Robbins	22 Joseph Kijak	28 Anna Mae Rinehart
01 Elizabeth Howells	07 Robert Schoch	14 Natalie Corliss	22 Marigrace Miele	28 Sandra Seasholtz
01 Robert Lare01	07 Dawn Noll	15 Sharon Johnson	22 Starlu Gunn	28 Sharon Koehlr
Donna Whittaker	08 Paul Hartman	15 Patricia Rohrbach	22 Adam Kellerman Jr	28 Judy Bonetz
02 Mary Ann Reinert	08 Eileen Fisher	15 John Henschel	23 Leroy Ackerman	28 Phyllis Kehm
02 Paul Groff	09 Judy Hugo	15 Susan Snyder	23 Faith Geiger	29 Joan Fidler
03 Phyllis Bangs	09 Tracy Lacy	15 Robin Umstead	23 Gail Koch	29 Karen Parke
03 William Lanyon	10 Sandra Griesemer	16 Mary Fineran	23 Linda Linsey	29 Ronald Peck
03 Anne McCarty	10 M.Charlotte Henschel	16 Edwin Rittle	23 Joseph Barnyock	30 Dorothy Wagner
03 Marlene Marks	10 Deborah Moore	16 Suzette I. Rosen	23 Kenneth Melton	30 David Bala
03 Nina Rizzetto	11 Antoinette Mack	17 Henry Rush	23 Judith Meyers	31 Barbara Browning
03 Melissa Deery	11 Sharon Hartman	17 Ruth Weaver	24 Concetta Buchle	31 Earl Geiger
04 Pamela Vargo	11 Christopher Wolff	18 Kenneth Baus	24 Ruth Carnes	31 Lois Reinert
04 Cathy Fad	11 Edythe Gable	18 Marvin Fick	24 Lenore Gates	31 James Werner
05 Lois Oister	11 Lynn Spohn	18 Dana Smith	25 Linda Schutt	31 Randolph Ravel
05 Nile Selagy	11 Christopher Wolff	19 Joan Albitz	25 Sheila Berghold	31 Allan Schroeder
05 Paul Hartman	12 Melanie Alting	19 Jamie Holt	26 Sue Spleen	31 Kim Sterling
05 Cheryl D'Aiello	12 Joanne Giotti	19 Grace Stull	26 Virginia Angstadt	
05 Lorraine Haney	12 Susan Leomporra	20 Berdine Freese	26 Ann McLain	
06 William Harrison	13 Veronica Knepp	20 Helen Thomas	26 Norma Smith	

## THE CENTER AT SPRING STREET BULLETIN BOARD

### MEMBERSHIP

Please check your membership card for your renewal date.

### GET WELLS

Elmer Hilbert  
Betty Schuler  
Dot Ashworth  
Rose Bolognese  
Cheryl Summerfelt

### OUR DEEPEST SYMPATHY TO THE FAMILY & FRIENDS OF:

Susan Haines

### “INVITATION”

January celebrants are invited to celebrate their birthday at the Center on

Monday, January 26, 2024, from 10 A.M. to 2 P.M.

Musical Entertainment: Ralph Noll at 12:45 P.M.

R.S.V.P. (610) 367-2313, by Thursday, January 22, 2024.

Please bring your current membership card to receive a complimentary meal.

# WHAT'S COOKIN'?

January 2026

As we embark on a new year, we often look to the change as a chance to improve, start fresh, and make our lives better. Here at Multi-Service we are starting 2026 with Kim Haas, our new Center Director and Bob Varga, our new Executive Director. We are looking forward to a great 2026 under their leadership. We are also hoping that our lunch program will keep you coming back to enjoy the meals, fellowship, and all the activities the Center has to offer. Happy new year!

*Best regards,  
Chefs Chris and Karen*

## Menu Update

As mentioned in a previous newsletter, our new menu was given to a nutritionist to ensure that we are meeting daily and weekly nutritional guidelines.

The nutritionist recently sent back a revised menu with some of the vegetables changed, ingredients in the entrees tweaked, and some of the desserts taken out. Most of her changes are fine with us, however, we are now working with her to see about other potential options for desserts, since we are one of the few active adult centers that offer appetizers and desserts. We expect to have the menu completed within the next few weeks – too late to start in January, but hopefully by February we will have everything in place to start serving.

Also of note, starting in 2026 we will have one menu for half of the year, and then change to another menu for the other half. We hope this will be an added benefit to our lunch program that will keep everyone interested in coming back for a variety of delicious, house made meals.

## Did You Know?

Vinson Hall, a retirement community in Virginia, offers the following suggestions for seniors to ensure proper nutrition during the winter months:

**Stay Strong** – Chances of falls increase during the winter, so they recommend eating foods with protein like meats, vegetables, eggs, and almonds to help maintain strength.

**Shorter Days** – Since the days are shorter and there is less opportunity for sun exposure and natural Vitamin D, eat foods like salmon, egg yolks, red meat, and oranges to help.

**Higher Calories Needed** – Since your body works harder to stay warm in winter you tend to burn more calories, so eating foods like olive oil, granola, nuts, and peanut butter can help meet calorie requirements.

**Include Seasonal Foods** – Generally some of the seasonal foods that are healthy to incorporate into a winter diet are Brussels sprouts, beets, cauliflower, kale, parsnips, pumpkins, apples, cranberries, grapefruit, squash, cabbage, carrots, onions, leeks, fennel, and radicchio.



*“January, the first month of the year. A perfect time to start all over again. Changing energies and deserting old moods. New beginnings, new attitudes.”*

*– Charmaine J. Forde*

# WHAT'S COOKIN'?

January 2026

## Kitchen "Jumble"- aya

Unscramble the words below, then use the circled letters to solve the message.

1.	R	E	W	Y	N	I		
	○				○			
2.	D	O	G	R	U	N		
	○			○				
3.	O	A	V	C	O	D	A	
	○			○				
4.	D	A	B	K	E			
			○	○				
5.	S	E	M	E	A	S		
	○				○			

Chef Chris planned to eat corn on the cob on January 1<sup>st</sup> in celebration of

— — — — — " — — — — — "

Answers to December "Jumble"-aya:

1. SNACK
2. YOGURT
3. HOMINY
4. WHIPPED
5. POWER WE "WHISK" YOU A

## THANK YOU, BUSY BEES!

The Center's Busy Bees Sewing Group received a donation of holiday themed fabric, and they graciously decided to make aprons for the Kitchen Crew to use during the Christmas season. Thank you so much for thinking of us and helping to make the season festive in the Kitchen!

## New Year Word Search

A	N	E	W	Y	E	A	R	Y	T
I	Y	W	B	G	D	N	A	T	H
V	Q	U	O	L	B	D	Z	R	G
T	B	A	X	D	I	C	Y	A	I
P	L	K	P	L	T	U	W	P	N
S	C	Z	O	A	R	N	T	V	D
A	O	H	Y	C	Q	F	U	B	I
U	N	L	E	K	W	K	L	O	M
E	F	T	N	E	P	I	T	U	C
R	E	A	G	F	R	S	O	M	T
K	T	N	A	B	N	S	A	Z	K
R	T	Z	P	N	W	X	S	Y	R
A	I	S	M	V	A	B	T	F	O
U	M	B	A	L	L	D	R	O	P
T	Y	P	H	E	R	R	I	N	G
B	W	Z	C	D	M	Q	A	T	X

The following words can be found in the puzzle above: ball drop, champagne, cheers, confetti, countdown, goals, herring, holiday, kiss, midnight, new year, party, pork, sauerkraut, toast. Words can be forward, backward, up, down, or diagonal.



Pictured above from left to right are Tuesday Kitchen Crew volunteers Carol R., Kathy B., Barb B., and Diane B. wearing our new Christmas aprons.

You can reach us at (610) 367-2313 ext. 3 or by email at [cmest@boyertownareamulti-service.org](mailto:cmest@boyertownareamulti-service.org) or [kparks@boyertownareamulti-service.org](mailto:kparks@boyertownareamulti-service.org)