

# FEBRUARY 2026

## The Center at Spring Street Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>9:30-11:30 a.m.-Matter of Balance                      *10:30 a.m.-The Great Bear Race with the Residence at Boyertown                      12:00 p.m. Lunch*                      12:45 p.m.-"Inside Outdoor Games" with a variety of fun games in the Classroom                      1:00 p.m. Busy Bees Sewing Group</p>	<p style="text-align: right;">3</p> <p>9:15 a.m. Cardio w/ Natalie                      9:30 a.m.-Shuffleboard Tournament                      12:00 p.m. Lunch*                      12:45 p.m. Canasta                      1:00 p.m.-3:00 p.m. Swim Time at the Y                      1:00 p.m. Knit and Crochet Club</p>	<p style="text-align: right;">4</p> <p>9:00 a.m.-Sit and Get Fit w/Joanne                      9:30 a.m.-Blood Pressure and Weight Checks by Chestnut Knoll                      9:30 a.m.- Mah-Jongg                      10:00 a.m.- Chair Dancing                      10:30 Strength &amp; Balance                      12:00 p.m. Lunch*                      12:45 p.m.-Bean Bag Baseball Practice</p>	<p style="text-align: right;">5</p> <p>9:30 a.m.-Wii Bowling Tournament                      10:30 a.m.-Nutrition Edition with Caroline                      12:00 p.m. Lunch*                      12:45 p.m.-Valentine's Craft with Cindy and Pat                      6:00 p.m. BINGO Nite</p>	<p style="text-align: right;">6</p> <p style="text-align: center;">SOLFERBOWL</p> <p>9:30 a.m. Pool Individual Tournament                      10:00 a.m.-Craft Project with Sheena from Pottstown Skilled Nursing &amp; Rehab                      12:00 p.m. Lunch*                      12:45 p.m.- Friday BINGO-Soup for prizes</p>
<p style="text-align: right;">9</p> <p>9:30-11:30 a.m.-Matter of Balance                      9:30 a.m.-Shuffleboard Bowling                      12:00 p.m. Lunch*                      1:00 p.m.-Balloon Volleyball Practice                      1:00 p.m. Busy Bees Sewing Group</p>	<p style="text-align: right;">10</p> <p>9:15 a.m. Cardio w/ Natalie                      10:00 a.m.-Discovery Event with the Residence at Boyertown                      12:00 p.m. Lunch*                      12:45 p.m.-Pinochle Card Party                      1:00 p.m.-Book Club                      1:00 p.m. Knit and Crochet Club                      5:00 p.m.- Supper Club at Redvo Café</p>	<p style="text-align: right;">11</p> <p>9:00 a.m.- Sit and Get Fit w/Joanne                      9:30 a.m.- Mah-Jongg                      10:00 Chair Dancing                      10:30 a.m.- Strength &amp; Balance                      12:00 p.m. Lunch*                      12:45 p.m. History Revisited                      12:45 p.m. Golden Texas Hold Em</p>	<p style="text-align: right;">12</p> <p>9:30 a.m. Ladies Choice Mixed Doubles Pool Tournament                      10:00 a.m.-Games with Kim                      12:00 p.m. Lunch*                      12:45 a.m.- Mah-Jongg                      12:45 p.m.-Mardi Gras Mask Craft with Cindy &amp; Pat</p>	<p style="text-align: right;">13</p> <p style="text-align: center;">VALENTINE'S DAY</p> <p>10:30 a.m.-So You Think You KnowMe                      12:00 p.m. Lunch*                      12:45 p.m.-Sweet Treat BINGO                      2:00 p.m.-Set-up for the Dance                      6:30 pm.-9:30 p.m. Sweetheart Dance</p>
<p style="text-align: right;">16</p> <div style="text-align: center;">  <p><b>Presidents' Day</b></p> </div> <p style="text-align: center;">CENTER CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</p>	<p style="text-align: right;">17</p> <p style="text-align: center;">MARDI GRAS/FASNACHT</p> <p>9:15 a.m. Cardio w/ Natalie                      10:00 a.m. Fasnachts                      12:00 p.m. Lunch*                      12:45 p.m. Glenn Miller                      1:00 p.m.-3:00 p.m. Swim Time at the YMCA                      1:00 p.m. Knit and Crochet Club</p>	<p style="text-align: right;">18</p> <p style="text-align: center;">MEMBERSHIP MEETING</p> <p>9:00 a.m.- Sit and Get Fit w/Joanne                      9:30 a.m.-Mah-Jongg                      10:00 a.m.- Hearing Aid Cleaning                      10:00 a.m.-Chair Dancing                      10:30 a.m.- Strength &amp; Balance                      11:00 a.m.- Membership Meeting                      12:00 p.m. Lunch*                      12:45 p.m Gift Card BINGO</p>	<p style="text-align: right;">19</p> <p>8:30 a.m.-Breakfast Club at Julie's Café                      10:00 a.m.-"Heart Healthy Program" with Chris Yokum from FMSI &amp; American Heart                      12:00 p.m. Lunch*                      6:00 p.m. BINGO Nite</p>	<p style="text-align: right;">20</p> <p>9:30 a.m.-Pool Team Tournament                      9:30 a.m.-Blood Pressure &amp; Weight Checks with Chestnut Knoll                      12:00 p.m. Lunch*                      12:45 p.m. Friday BINGO</p>
<p style="text-align: right;">23</p> <p style="text-align: center;">BIRTHDAY PARTY</p> <p>9:30-11:30 a.m.-Matter of Balance                      10:00 a.m. Birthday BINGO                      12:00 p.m. Lunch*                      12:45 pm-Chuck Rissmiller, Neil Diamond                      1:00 p.m. Busy Bees Sewing Group</p> <p style="font-size: small;">Birthday Cake provided by Chestnut Knoll</p>	<p style="text-align: right;">24</p> <p>9:15 a.m. Drumming w/ Natalie                      9:30 a.m.-9 Ball Pool Tournament                      12:00 p.m. Lunch*                      12:45 p.m.-Hansenpfeffer Card Party                      1:00 p.m.-3:00 p.m. Swim Time at the YMCA                      1:00 p.m. Knit and Crochet Club</p>	<p style="text-align: right;">25</p> <p>9:00 a.m.- Sit and Get Fit w/Joanne                      9:30 a.m.- Mah-Jongg                      10:00 a.m. Chair Dancing                      10:30 a.m.- Strength &amp; Balance                      12:00 p.m. Lunch*                      12:45 p.m. Golden Texas Hold Em                      1:00 p.m.-Balloon Volleyball Tournament</p>	<p style="text-align: right;">26</p> <p>10:00 a.m.-Bean Bag Baseball Toumey                      12:00 p.m. Lunch*                      12:45 a.m.- Mah-Jongg                      12:45 p.m.-Balloon Table Hockey                      5:00 p.m.- Supper Club at Redvo Café</p>	<p style="text-align: right;">27</p> <p>9:30 a.m.- Shuffleboard Tournament                      12:00 p.m. Lunch*                      12:45 p.m. Friday BINGO</p> <p style="font-size: small;">DAILY ACTIVITIES                      Cards and Games                      Shuffleboard                      Rummikub                      Billiards                      Book Swap                      Puzzles                      Good Coffee &amp; Great Company</p>

Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the following wellness classes: Chair Dancing, Strength & Balance, and Cardio Fusion Drumming.

\*Lunch-please reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center

by 11:15 am. Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are suggested donation of \$2.50 per meal - actual meal cost is 4.25.