

MARCH 2026

The Center at Spring Street Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>A BIG, BEAUTIFUL BIRTHDAY PARTY JANUARY AND FEBRUARY BIRTHDAYS 9:30-11:30 a.m.-Matter of Balance 10:00 a.m.-Birthday Bingo 12:00 p.m. Lunch* 12:45 p.m.-Chuck Rissmiller-Neil Diamond 1:00 p.m. Busy Bees Sewing Group</p>	<p>3</p> <p>9 a.m.-1 p.m.-Staff CPR-First Aid Training in Quilting Room 9:15 a.m. Cardio Fusion w/ Natalie 9:30 a.m. Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:00-3:00 p.m. Swim Time at the YMCA 1:00 p.m. Knit & Crochet Club</p>	<p>4</p> <p>9 a.m.-1 p.m.-Staff CPR-First Aid Training 9:00 a.m.-Sit & Get Fit w/ Joanne 9:30 a.m.-Blood Pressure and Weight Checks by Chestnut Knoll 10:00 a.m.- Chair Dancing w/Joanne 10:30 a.m.- Mah-Jongg 10:30 a.m. Strength & Balance w/ Joanne 12:00 p.m. Lunch* 12:45 p.m.-Wji Bowling Practice</p>	<p>5</p> <p>10:00 a.m.-Balloon Volleyball Practice 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite</p>	<p>6</p> <p>9:30 a.m.- Individual Pool Tournament 10:00 a.m. Games w/ Friends 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO</p>
<p>9</p> <p>9:30-11:30 a.m.-Matter of Balance 10:00 a.m. Balloon Table Hockey 12:00 p.m. Lunch* 1:00 p.m. Busy Bees Sewing Group 12:45 p.m. Pinochle Card Party 5:00 p.m.-Supper Club - Marco's Pizza</p>	<p>10</p> <p>9:15 a.m.-Cardio Fusion with Natalie 10:00 a.m. Catch Phrase 12:00 p.m.-Lunch* 1:00-3:00 p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club 1:00 p.m.-Book Club- <i>Snow Flower & the Secret Fan</i></p>	<p>11</p> <p>9:00 a.m.-Sit & Get Fit w/ Joanne 10:00 a.m.- Chair Dancing w/Joanne 10:00 a.m.- Mah-Jongg 10:30 a.m. Strength & Balance w/ Joanne 12:00 p.m.Lunch* 12:45 p.m.- History Revisited-Darius Puff " The Capture of Quebec" 1:00 p.m.- Golden Texas Hold Em</p>	<p>12</p> <p>9:30 a.m. Ladies Choice Mixed Doubles 10:00 a.m.-St. Patty's Day Craft with C & P \$2.00/crafter 12:00 p.m. Lunch* 12:45 p.m.- Balloon Floor Hockey</p>	<p>13</p> <p>10:00 a.m.-Bean Bag Baseball Practice 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO</p>
<p>16</p> <p>9:30-11:30 a.m.-Matter of Balance 10:00 a.m.-Balloon Volleyball Tournament 12:00 p.m. Lunch* 12:45 p.m.- "Irish Jig Musical Chairs" 1:00 p.m. Busy Bees Sewing Group</p>	<p>17</p> <p>ST. PATRICK'S DAY 9:15 a.m.-Cardio Fusion with Natalie 10:00 a.m. St. Patrick's Day Shenanigans 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:00-3:00 p.m.- Swim Time at the YMCA 1:00 p.m.- Knit and Crochet Club</p>	<p>18</p> <p>MEMBERSHIP MEETING 9:00 a.m.- Sit and Get Fit w/Joanne 10:00 a.m.- Mah-Jongg 10:30 a.m. Chair Dancing w/ Joanne 11:00 a.m.- Strength & Balance w/ Joanne 12:00 p.m. Membership Meeting 12:45 p.m.- Ralph Noll</p>	<p>19</p> <p>8:30 a.m.Breakfast Club @ Shorty's Sunflower Café 9:30 a.m.-9 Ball Pool Tournament 10 a.m. - 2 p.m.-Spring Cleaning Swap 12:00 p.m. Lunch* 1 p.m.-2:30 p.m. Haircuts by Tina 6:00 p.m. BINGO Nite</p>	<p>20</p> <p>SPRING SPRINGS @ SPRING STREET 10:00 a.m. Rachel Nazaruk - "Out of Hibernation" 12:00 p.m. Lunch* 12:45 p.m.-Springtime Gift Card Bingo 1:00 p.m.-Giant Supermarket Tour with Giant's Nutrifit in Gilbertsville store</p>
<p>23</p> <p>9:30 a.m. -11:30 a.m. Matter of Balance 12:00 p.m. Lunch* 12:45 p.m.-Corn Hole Tournament 1:00 p.m. Busy Bees Sewing Group</p>	<p>24</p> <p>9:15 a.m.-Cardio Drumming with Natalie 10:00 a.m.-Family Feud 12:00 p.m. Lunch* 12:45 p.m.-Hasenpfeffer Card Party 1:00 -3:00 p.m. Swim Time at the YMCA 1:00 p.m. Knit & Crochet Club</p>	<p>25</p> <p>BUS TRIP-MOUNT HOPE ESTATES 9:00 a.m.- Sit and Get Fit w/Joanne 10:00 a.m. Mah-Jongg 10:00 a.m. Chair Dancing w/ Joanne 10:30 a.m.-Strength & Balance w/ Joanne 12:00 p.m. Lunch* 12:45 p.m.- Golden Texas Hold Em</p>	<p>26</p> <p>9:30 a.m.-Team Pool Tournament 10:00 a.m.-Easter Craft with C & P 12:00 p.m. Lunch* 12:45 p.m.-Wii Bowling Tournament 5:00 p.m.-Supper Club - Marco's Pizza</p>	<p>27</p> <p>9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 9:30 a.m. Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO</p>
<p>30</p> <p>BIRTHDAY PARTY 9:00 a.m. -1:00 p.m. AAA Driver Safety 9:15 a.m.-Healthy Steps in Motion Class A 10:30 a.m.-Healthy Steps in Motion Class B 12:00 p.m. Lunch* 12:00 p.m. Lunch* 12:45 p.m.- Music by Dave & Brenda 1:00 p.m. Busy Bees Sewing Group</p>	<p>31</p> <p>9:15 a.m. Cardio Fusion w/ Natalie 9:30 a.m. Shuffleboard Bowling 12:00 p.m. Lunch* 12:45 p.m.- Ping Pong</p>	<p>DAILY ACTIVITIES Cards and Games Shuffleboard & Pool Puzzle Building "Inside Outdoor Games - Free Style" any afternoon in the Exercise Room Book Swap Good Coffee and Great Company</p>		

Birthday Cake provided by Chestnut Knoll

Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the following wellness classes: Chair Dancing, Strength & Balance, and Cardio Fusion/Drumming.

*Lunch-please reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center

by 11:15 am. Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are suggested donation of \$2.50 per meal - actual meal cost is 4.29.