


MAY 2026

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc. Boyertown Area Multi-Service, Inc. is a member agency of Boyertown United Way, and the United Way of Berks County, and is also funded by the Pennsylvania Department of Aging through Berks County Area Agency on Aging and Adult Services of Montgomery County.

The Center at Spring Street Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY ACTIVITIES Cards and Games Shuffleboard Rummikub Billiards Book Swap Good Coffee & Great Company!				KENTUCKY DERBY DAY 1 9:15 a.m. Sit Strong, Live Long w/ Paul 10:00 a.m. Kentucky Derby Trivia 10:30 a.m. Kentucky Derby Paper and Pony Races 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO
POST PRESTON'S PANTRY EVENT CENTER CLOSED	4 9:15 a.m. Cardio Fusion w/Natalie 9:30 a.m. Shuffleboard Tournament 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:30 p.m. Healthy Heart - Happy Heart 1:00-3:00 p.m. - Swim Time at the YMCA 1:00 p.m. Knit and Crochet Club	5 ALLIANCE CHRISTIAN SCHOOL 6 9:00 a.m. Sit and Get Fit w/ Joanne 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 10:00 a.m. Balloon Volleyball w/ACS Students 9:30 a.m. Mah-Jongg 10:00 a.m. Chair Dancing w/ Joanne 10:30 a.m. Strength & Balance w/Joanne 12:00 p.m. Lunch* 12:45 p.m. Ping Pong	7 9:30 a.m. Ladies Choice Mixed Doubles Pool Tournament 12:00 p.m. Lunch* 12:45 p.m. Balloon Floor Hockey 5:00 p.m.-Supper Club at Brookside	8 MOTHER'S DAY CELEBRATION 9:15 a.m. Sit Strong, Live Long w/ Paul 10:00 a.m. Mother's Day Tea 12:00 p.m. Lunch* 12:45 p.m. Spring Street Songsters at the Center at Spring Street
11 9:15 a.m. Healthy Steps in Motion A 9:30 a.m. 9-Ball Pool Tournament 9:30 a.m. Painting w/ Deb Spleen 10:00 a.m. Fabio the Therapy Horse 10:30 a.m. Healthy Steps in Motion B 12:00 p.m. Lunch* 12:45 p.m. Balloon Volleyball 1:00 p.m. Busy Bees Sewing Group	12 9:15 Cardio Fusion w/ Natalie 10:00 a.m. "Price is Right" with Keystone 10:30 a.m. Hershey Kiss-Therapy Dog 12:00 p.m. Lunch* 12:45 p.m. Hasenpfefer Card Party 1:00-3:00 p.m. Swim Time at the YMCA 1:00 p.m. Knit and Crochet Club 1:00 Book Club - The Wedding People by Alison Espac	13 9 a.m.- 1 p.m. AAA Roadwise Driving Course 9:00 a.m. Sit and Get Fit w/Joanne 9:30 a.m. Mah-Jongg 10:00 a.m. Chair Dancing w/Joanne 10:30 a.m. Strength & Balance w/ Joanne 12:00 p.m. Lunch* 12:45 p.m. History Revisited - "Forbes moves against Fort Duquesne" 12:45 p.m. Golden Texas Hold Em	14 9:30 a.m. Senior Walking BINGO 10:00 a.m. Cornhole 12:00 p.m. Lunch* 6:00 p.m. BINGO Nite	15 9:15 a.m. Sit Strong, Live Long w/ Paul 9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll 9:30 a.m. Pool Individual Tournament 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO sponsored by Both Biehl Aging Resources Alliance
BIRTHDAY PARTY 18 9:15 a.m. Healthy Steps in Motion A 10:00 a.m. Snacks with Sheena 10:00 a.m. Birthday Bingo 10:30 a.m. Healthy Steps n Motion B 12:00 p.m. Lunch* 1:00 p.m. Busy Bees Sewing Group 12:45 p.m. Musical Entertainment by Sunset Skyz Music Duo 1:00 p.m. Songsters @ New Hanover Lutheran Birthday Cake provided by Chestnut Knoll	19 8:30 a.m. Breakfast Club at WQ Diner 9:15 a.m. Cardio Fusion w/ Natalie 10:00 a.m. Bean Bag Baseball Tourname 12:00 p.m. Lunch* 12:45 p.m. Canasta Card Game 1:30 p.m. Healthy Heart - Happy Heart 1:00-3:00 p.m. Swim Time at the YMCA 1:00 p.m. Knit and Crochet Club	20 MEMBERSHIP MEETING 9a.m.-1p.m. AAA Road Wise Driving Course 9:00 a.m. Sit and Get Fit w/Joanne 10:00 a.m. Hearing Aid Cleaning 9:30 a.m. Mah-Jongg 11:00 a.m. Chair Dancing 10:30 a.m. Strength & Balance w/Joanne 11:00 a.m. Membership Meeting 12:00 p.m. Lunch* 12:45 p.m. Music by Mr. Mody	21 RED, WHITE AND BLUE DAY 9:30 a.m. Shuffleboard Bowling 12:00 p.m. Lunch* 12:45 p.m. Balloon Circles 1:00 p.m. Haircuts by Tina	22 CENTER CLOSED FOR HEALTH FAIR Health & Wellness Fair 10 a.m. -12 p.m.
 CENTER CLOSED IN OBSERVANCE OF MEMORIAL DAY	25 9:15 a.m. Cardio Drumming w/ Natalie 10:00 a.m. Wii Bowling Tournament 12:00 p.m. Lunch* 12:45 p.m. Pinochle Card Game 1:30 p.m. Healthy Heart - Happy Heart 1:00-3:00 p.m. - Swim Time at the YMCA 1:00 p.m. Knit and Crochet Club	26 9:00 a.m. Sit & Get Fit w/Joanne 10:00 a.m. Chair Dancing w/Joanne 9:30 a.m. Mah-Jongg 10:30 a.m. Strength & Balance w/Joanne 12:00 p.m. Lunch* 12:45 p.m. Golden Texas Hold Em 12:45 p.m. Ping Pong 5:00 p.m. Supper Club at Brookside	27 10:00 a.m. Cornhole Pat 12:00 p.m. Lunch* 12:45 p.m. Lanyard Craft w/ Cindy & Pat 6:00 p.m. BINGO Nite	28 29 9:15 a.m. Sit Strong, Live Long w/ Paul 9:30 a.m. Pool Team Tournament 12:00 p.m. Lunch* 12:45 p.m. Friday BINGO 1:00 p.m. Songsters @ Sanatoga Ridge

Thank you to the Pennsylvania Department of Aging and Berks County Area Agency on Aging for sponsoring the following wellness classes:
 Sit & Get Fit, Chair Dancing, Strength & Balance, and Cardio Fusion/Drumming.

*Lunch-please reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center by 11:15 a.m.

Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are a suggested donation of \$2.50 per meal - actual meal cost if \$4.29.