

The Center at Spring Street is a program of Boyertown Area Multi-Service, Inc. Boyertown Area Multi-Service, Inc. is a member agency of Boyertown United Way, and the United Way of Berks County, and is also funded by the Pennsylvania Department of Aging through Berks County Area Agency on Aging and Adult Services of Montgomery County.

| MONDAY                                                                                                                                                                                                                                               | TUESDAY                                                                                                                                                                                                                                                                                                                                                   | WEDNESDAY                                                                                                                                                                                                                                                                      | THURSDAY                                                                                                                                                                                                                                                                                                      | FRIDAY                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                      | 9:15 a.m.-Cardio Fusion with Natalie<br>10:00 a.m.-Pictionary<br>12:00 p.m.-Lunch*<br>12:45 p.m.-Canasta Card Game<br>1:00 p.m.- Knit and Crochet Club<br>1:00-3:00 p.m.-Swim Time at the YMCA                                                                                                                                                            | 1<br>9:00 a.m.-Sit and Get Fit<br>9:30 a.m.-Blood Pressure and Weight Checks by Chestnut Knoll<br>9:30 a.m.-Mah-Jongg<br>10:00 a.m.-Chair Dancing<br>10:30 a.m.-Strength and Balance<br>12:00 p.m.-Lunch<br>12:45 p.m.-Wii Bowling Practice                                    | 2<br>9:30 a.m. Chair Yoga w/ Melissa<br>10:00 a.m.-Frauds and Scams with Beth Brehl<br>12:00 p.m. Lunch*<br>1:30 p.m.-Healthy Heart - Happy Heart<br>6:00 p.m.-BINGO Nite                                                                                                                                     | 3<br>9:15 a.m. Sit Strong, Live Long w/ Paul<br>9:30 a.m.-Pool Team Tournament<br>12:00 p.m.-Lunch*<br>12:45 p.m.-Friday BINGO                                                                                                    |
| <br>CENTER CLOSED IN OBSERVANCE OF LABOR DAY                                                                                                                      | 7<br>9:15 a.m.-Cardio Fusion with Natalie<br>12:00 p.m.-Lunch*<br>12:45 p.m.-Pinochle Card Party<br>1:00 p.m.-Knit and Crochet Club<br>1:00 p.m.-Book Club "Home is Where the Bodies Are" by Jeneva Rose<br>1:30 p.m.-Ballroom Volleyball League with Chestnut Knoll at the Center<br>1:00-3:00 p.m.-Swim Time at the YMCA                                | 8<br>9:00 a.m.-Sit and Get Fit<br>9:30 a.m. Mah-Jongg<br>10:00 a.m.-Chair Dancing<br>10:30 a.m.-Strength and Balance<br>12:00 p.m.-Lunch*<br>12:45 p.m.-History Revisited w/ Darius Puff "Tecumseh"<br>12:45 p.m. Festival of Trees Open Craft Time                            | 9<br>*BUS TRIP DAY IN PHILADELPHIA<br>9:30 a.m.-Ladies Choice Mixed Doubles Pool Tournament<br>12:00 p.m.-Lunch*<br>1:00 p.m.-Bean Bag Baseball Practice<br>1:00 p.m.-3:00 p.m. Center Open House<br>1:30 p.m.-Healthy Heart - Happy Heart<br>5:00 p.m.-Supper Club Marco's Pizza                             | 10<br>10:00 a.m.-Vermont Woods in Pictures<br>12:00 p.m.-Lunch*<br>12:45 p.m Friday BINGO                                                                                                                                         |
| 9:30 a.m. Shuffleboard Tournament<br>12:00 p.m.-Lunch*<br>12:45 p.m. Ballroom Table Hockey<br>12:45 p.m. Festival of Trees Open Craft Time<br>1:00 p.m.-Busy Bees Sewing Group                                                                       | 14<br>8:30 a.m.-Breakfast Club at Julie's Country Cafe<br>9:15 a.m.- Cardio Fusion with Natalie<br>10:00 a.m. Puzzle Halloween Craft<br>12:00 p.m.-Lunch*<br>12:45 p.m. Canasta Card Game<br>1:00 p.m.-Knit and Crochet Club<br>1:00-3:00 p.m.-Swim Time at the YMCA                                                                                      | 15<br>9:00 a.m. Sit and Get Fit<br>9:30 a.m. Mah-Jongg<br>10:00 a.m.- Hearing Aid Cleaning<br>10:00 a.m.-Chair Dancing<br>10:00 a.m. Puzzle Halloween Craft<br>10:30 a.m.-Strength and Balance<br>12:00 p.m. Lunch*<br>2:00 p.m. Parking Lot BINGO Sponsored by Chestnut Knoll | 16<br>9:15 a.m.-Senior Walking BINGO at Boyertown Community Park<br>9:30 a.m. Chair Yoga w/ Melissa<br>10:00 a.m.-Crap or Fact? Game with Kim<br>12:00 p.m.-Lunch*<br>1:00 -2:30 p.m. Haircuts by Tina<br>1:30 p.m.-Healthy Heart - Happy Heart<br>2:00-3:30 p.m.-Songsters Rehearsal<br>6:00 p.m. BINGO Nite | 17<br>9:30 a.m.- Pool Individual Tournament<br>12:00 p.m.-Lunch*<br>12:45 p.m. Friday BINGO                                                                                                                                       |
| 9:30 a.m.-9-Ball Pool Tournament<br>10:00 a.m. Snacks with Sheena<br>12:00 p.m. Lunch *<br>12:45 p.m. Ballroom Circles<br>1:00 p.m. Busy Bees Sewing Group<br>12:45 p.m. Festival of Trees Open Craft Time<br>5:00 p.m. Supper Club at Marco's Pizza | 21<br>9 a.m.-1 p.m. AAA Road Wise Driving Course<br>9:15 a.m.-Cardio Fusion with Natalie<br>10:00 a.m. What Can BCAAA Do For You<br>12:00 p.m.-Lunch*<br>12:45 p.m.-Festival of Trees Open Craft Time<br>1:00-3:00 p.m.- Swim Time at the YMCA<br>1:00 p.m.- Knit and Crochet Club<br>1:30 p.m.-Ballroom Volleyball League Championship at Chestnut Knoll | 22<br>9 a.m.-1p.m. AAA Road Wise Driving Course<br>9:00 a.m. Sit and Get Fit w/Joanne<br>9:30 a.m. Mah-Jongg<br>10:00 a.m. Chair Dancing<br>10:30 a.m. Strength and Balance<br>12:00 p.m. Lunch*<br>1:00 p.m. Golden Texas Hold Em                                             | 23<br>*BUS TRIP TROPICANA RESORT<br>10:00 a.m. Ballroom Floor Hockey<br>12:00 p.m. Lunch*<br>12:45 p.m.- Bean Bag Baseball Tournament<br>1:30 p.m.-Healthy Heart - Happy Heart<br>2:00-3:30 p.m.-Songsters Rehearsal                                                                                          | 24<br>9:30 a.m. Shuffleboard Tournament<br>9:30 a.m. Blood Pressure and Weight Checks by Chestnut Knoll<br>12:00 p.m. Lunch<br>12:45 p.m.Friday BINGO<br>6:30 p.m.-9:30 p.m.-Friday Nite Dance with Jeff Knick's Rock & Roll Show |
| BIRTHDAY PARTY<br>10:00 a.m.-Birthday BINGO<br>10:00 a.m. -1:00 p.m. Vaccines w/ Giant Pharm<br>12:00 p.m.-Lunch*<br>1:00 p.m.-Busy Bees Sewing Group<br>12:45 p.m.- Music with Ralph Knoll                                                          | 28<br>9:15 a.m.-Cardio Drumming with Natalie<br>10:00 a.m. Shuffleboard Bowling<br>12:00 p.m.-Lunch*<br>12:45 p.m.-Hassenteffer Card Party<br>1:00 p.m.-Knit and Crochet<br>1:00 p.m.-3:00 p.m.-Swim Time at the YMCA                                                                                                                                     | 29<br>9:00 a.m. Sit & Get Fit<br>9:30 a.m. Mah-Jongg<br>10:00 a.m. Chair Dancing<br>10:30 a.m. Strength and Balance<br>12:00 p.m. Lunch*<br>12:45 p.m. Golden Texas Hold Em<br>12:45 p.m. Festival of Trees Open Craft Time                                                    | 30                                                                                                                                                                                                                                                                                                            | DAILY ACTIVITIES<br>Cards and Games<br>Shuffleboard<br>Rummikub<br>Billiards<br>Book Swap<br>Good Coffee & Great Company!                                                                                                         |

\*Lunch/potatoe reserve or cancel your meal 2 days in advance, and if you have a meal scheduled, please be at The Center by 11:15 am. Thank you to Berks County Area Agency on Aging for sponsoring the meals. All meals are suggested donation of \$2.50 per meal - actual meal cost is 4.29.